

**SASKATCHEWAN SENIORS
MECHANISM**

17th Annual General Meeting

May 31, 2007



Delta Hotel
1919 Saskatchewan Drive
Regina, SK

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AGENDA

SASKATCHEWAN SENIORS MECHANISM

2007 ANNUAL GENERAL MEETING

THURSDAY, MAY 31, 2007

10:45 A.M.

1. Adoption of the Agenda
2. Approval of the Minutes of the Annual General Meeting: May 18, 2006
3. Nomination of President
Nominating Committee Report – Bill McLean
4. Committee Reports:
 - 6.1 President's Report – Fern Haight
 - 6.2 Executive Director's Report – Bev MacLeod
 - 6.3
 - a. Finance Report – Les Lye
 - b. Auditor's Report: Mintz & Wallace, Chartered Accountants
 - c. Motion to Appoint the Auditor
 - 6.4 Issue Report – Al Morrison
 - 6.5
 - a. Public Relations/Membership Report – Bev MacLeod
 - b. Introduction of New Member
5. Other Reports
6. Receiving Resolutions – Al Morrison
7. Closing Remarks

SASKATCHEWAN SENIORS MECHANISM

MINUTES OF THE AGM - May 18, 2006

SASKATCHEWAN SENIORS MECHANISM

ANNUAL GENERAL MEETING

TRAVELODGE(Albert South), REGINA, SASK.

MAY 18, 2006

Present:

Fern Haight, SSM, President
Les Lye, Federal Superannuates National Association (FSNA)
Peter Kaweski, FSNA
Kathy Lye, FSNA
Joanne McDonald, Saskatchewan Seniors Education Corporation (SSEC)
Bev Hildebrandt, SSEC
Carol Porter, SSEC
Tom Brown, SSEC
Bill McLean, Regina Civic Pensioners Association (RCPA)
Al Morrison, Saskatchewan Seniors Association Inc. (SSAI)
Joan Morrison, SSAI
Peter Wiebe, Superannuated Teachers of Saskatchewan (STS)
Al Schell, STS
Wes Norheim, Saskatchewan Federation of Union Retirees (SFUR)
Bob Walker, SFUR
Duane Klippenstine, SFUR
Margaret Gailing, Saskatchewan Seniors Fitness Association (SSFA)
Myrtle Bell, SSFA
Mary Weber, SSFA
Lloyd Jones, Regina Senior Citizens Centre Inc. (RSCCI)
Frank Bellamy, RSCCI
Maxine Boyle, RSCCI
Rita Ledingham, Saskatoon Council on Aging
Jean Burkholder, Senior Power
Melvin McKinnon, Senior Power
Bev MacLeod, SSM, Executive Director
Twenty-six present.

Absent: Federation des Aines Fransaskois, Saskatchewan Gov't Superannuates Assoc. Inc. and HAD Allen Life Member Club (SaskTel Pioneers)

The annual meeting commenced at 10:00 a.m. with introductions.

1. Adoption of the Agenda. Motion: Bob Walker/Kathy Lye that the agenda be accepted with the addition of 6.7 - Grant Report - Bill McLean. Carried.
2. Approval of the Minutes of the Annual General Meeting, May 12, 2005.

Motion: Margaret Gailing/Les Lye that the minutes be accepted as corrected. Carried.

3. Auditors Report - Mintz & Wallace, Chartered Accountants. Les Lye advised that the Auditors Report is addendum to the Financial Report.

Motion: Les Lye/Joan Morrison that the Auditors Report be accepted as an addendum to the Financial Report as circulated. Carried.

4. Motion to appoint the Auditor. Motion: Les Lye/ Bill McLean that SSM appoint Mintz & Wallace, Chartered Accountants as auditors for the year 2006/2007. Carried.

5. Nomination of President. Joanne McDonald called for nominations from the floor. Fern Haight, President by acclamation. Carried.

6. Committee Reports:

6.1 President's Report - Fern Haight. Motion: Peter Wiebe/Lloyd Jones that the President's report be accepted as circulated. Carried.

6.2 Director's Report - Bev MacLeod. Motion: Bill McLean/Joan Morrison that the Director's Report be accepted as circulated. Carried.

6.3 Bylaws Report - Joanne McDonald.

Proposed amendments to the Bylaws:

DELETE article 11(2)

REPLACE with the following new article 17

Official signing authority

17. (1) Official cheque signing authorities shall be any two of the Executive Director, President, Treasurer, First Vice-President, and Secretary of the Organization.

(2) As designated officers of the Board, bylaw 17(1) shall apply to the signing of any deeds, mortgages, loans, contracts or other instruments which are authorized by the Board to be executed.

Motion: Joanne McDonald/Al Morrison that the Bylaws Report be accepted as circulated. Carried.

6.4 Finance Report - Les Lye. Motion: Les Lye/Robert Walker that the Finance Report be accepted as circulated. Carried.

6.5 Issues Report - Bill McLean. Motion: Bill McLean/Mary Weber that the Issues Report be accepted as circulated. Carried.

6.6 Public Relations/Membership Report - Bev MacLeod. Motion: Bill McLean/Al Schell that the report be accepted as circulated. Carried.

6.7 Grant Report - Bill McLean. Motion: Bill McLean/Les Lye that the Grant Report be accepted as circulated. Carried.

A presentation of a gift was made to Fern Haight, President for her contribution to the SSM and seniors of Saskatchewan during the past year.

Guest Speaker: Minister to Seniors, Honourable Graham Addley, thanked the seniors of Saskatchewan for their valuable contribution. He announced the Senior's Gold Plan for seniors over 65 years of age.

a) Free provincial park entry for seniors beginning May 18, 2006 and is effective the 2006/2007 year. SK seniors will be provided a free park entry permit when they enter a provincial park upon providing identification verifying their age. Seniors will be required to pay other park fees such as camping fees and swimming pool fees. All people travelling in a passenger vehicle with a senior will be provided free entry to provincial parks. Seniors from out of province will be required to pay regular park entry fee.

b) SK seniors will be able to get free angling license. To qualify for free license, a senior must produce proof of age and Saskatchewan residency. Seniors will be required to meet all regular fishing regulations such as catch limits. Seniors who have obtained their angling license for 2006/2007, may obtain a refund after the regulatory changes have been completed by visiting an Sask. Environment Office.

c) 30% discount on fare from STC. As of June 1, 2006, any SK resident 65 years of age and older, can go to any STC Depot and with proof of age, request a "Way to Go Gold" card. There is no cost for this card. There are no time limits associated with this benefit.

d) Free non-driver photo ID from SGI. Seniors that do not drive can obtain photo ID from SGI effective June 1, 2006. An ID card can be obtained voluntarily, not mandatory for non-drivers.

Dave Peters, Manager of Charitable Gaming of Saskatchewan Liquor and Gaming agency, spoke to the audience about the legal requirements for a gaming license for 50/50 draws. There are times when it is appropriate to obtain just one license for the entire year (i.e. always a 50/50 every Friday at 5:00 drawn at the same location). It is suggested that organizations take a look at their yearly planning, and if there are options where there is going to be the same type of draw on a regular basis (i.e. weekly, monthly, etc) then SLGA may be able to issue one license for these draws. However, generally there has to be one license per draw.

The Annual General Meeting resumed at 1:25 p.m.

7. Reference was made to the Lifeline Report, that Lifeline still operates from the SSM Office, and the Mechanism supports this endeavour.

8. Resolutions - Fern Haight asked Al Morrison to take the chair to read the Resolutions.

Resolution #1 (Page 32)

Governments investigate and remedy the situation where seniors forced to live on

\$12,000. - \$15,000. per year (C.P.P., O.A.S.P., Supplement) are being forced to make priorities among housing, food, and medicines and other essential needs.

Motion: Peter Wiebe/Wes Norheim that the resolution be amended to read as follows:

“that all Saskatchewan citizens over the age of 65 have their health insurance benefits, including the cost of all prescription drug costs, paid for by the Saskatchewan government”.

Motion: Al Morrison/Frank Bellamy that the resolution be accepted as amended. Carried.

Resolution #2 (Page 32)

The Saskatchewan Seniors Mechanism oppose the federal Conservative government's plans to remove the income tax benefits announced by the previous government: i.e. Basic personal amount increase by \$500.00 from \$8148. to \$8648. . Spouse or common-law partner from \$6169. to \$7344. Lowest personal tax rate to be reduced from 16% to 15% and replaced with a reduction of GST from 7% to 6% which is a consumption tax because low income earners and many seniors cannot take advantage of this GST reduction due to very little spending power.

Motion: Wes Norheim/Peter Wiebe that this tax motion be communicated to the National Pensioners Association and/or the Senior Citizens Federation so they can carry our message to the federal government. Motion removed from the floor.

Motion: Les Lye/Al Schell that this issue be taken back to the Issues Committee to be reworked. Carried.

Resolution #3 (page 32-33) Health

The Saskatchewan Seniors Mechanism should communicate with the appropriate agencies to ensure that the commercial farming emphasis be more natural, healthful organic agriculture and furthermore that serious public research be encouraged to determine the total nutritive value of commercially produced and processed food versus fresh organically produced food consumed with a minimum of processing.

Motion: Al Morrison/Frank Bellamy that this resolution be accepted. Carried.

Resolution #4 (page 33) Law of Changes

The Saskatchewan Seniors Mechanism encourages both the provincial and federal governments to change laws to protect the innocent. Those breaking the laws should have stiffer penalties and start paying for their misdemeanors and crimes.

Motion: Al Morrison/Mel McKinnon that this resolution be accepted. Carried.

Resolution #5 Our Resource of Water

The Saskatchewan Seniors Mechanism requests that all governments resist any and all requests to sell water, and under the Free Trade Agreements it is possible that a

foreign country or company could control our water supply. We must resist this possibility.

Motion: Al Morrison/Peter Wiebe that this resolution be accepted. Carried.

Resolution #6

The Saskatchewan Seniors Mechanism explore the concept of a Seniors' Advocate, and if such is considered to be justifiable, that the Mechanism proceed to lobby the Government of Saskatchewan for the establishment of such a service provided by the government with the appropriate parameters for such an office.

Motion: Lloyd Jones/Peter Wiebe that the motion be amended to read as follows:

"...explore the concept of a Seniors" Ombudsman" (replace the word "Advocate" with the word "Ombudsman").

Motion: Al Morrison/Bob Walker that this resolution be accepted as amended. Carried.

Resolution #7

The Mechanism will lobby the appropriate government agencies to seek to provide a method of audits to ensure that information about Saskatchewan persons are used only for the use it was intended; and to ensure that the Freedom of Information Act continues to be real, effective and enforceable in the face of our changing technology and mores.

Motion: Al Morrison/Bob Walker that this resolution be accepted. Carried.

Resolution #8

The Mechanism request that the Saskatchewan Government implement a Provincial Home Owner Grant similar to the one that British Columbia has that provides up to maximum of \$745. for those over the age of 65 to help seniors live in their own homes longer.

Motion: Lloyd Jones/Peter Wiebe that the resolution be amended to read as follows:

"The Mechanism request that the Saskatchewan Government implement a Provincial Home Owner Grant for those over the age of 65 to help seniors live in their own homes longer". Defeated. Original resolution removed from the floor.

Resolution #9

The Mechanism will lobby the SK Minister of Health, and others as found necessary, for inclusion in the Health Quality Council, identifiable representation of consumers of health care services.

Motion: Al Morrison/Bob Walker that the resolution be accepted. Carried.

Resolution #10

The Saskatchewan Seniors Mechanism requests the Government of Saskatchewan to amend the (Health Quality Council) Act in the following way: As terms of the current members of the Board expire they be replaced with citizens representing the general public until half of the members are not physicians, that at least one of these members is a senior citizen, one a front-line health care worker, and one other is a person with a physical disability.

Motion: Wes Norheim/Al Schell that the resolution be returned to Issues Committee with the instruction that the wording around the proportioning be softened (i.e. those in attendance did not like that half of the Board would be constituted by the general public. They liked that health professionals were the majority on the Board). Carried.

Being there no further business, the meeting was adjourned by Joanne McDonald.

Submitted by: Margaret Gailing, Secretary _____

Partial recording by Bev MacLeod, Executive Director _____

Fern Haight, SSM President: _____

**SASKATCHEWAN SENIORS MECHANISM
NOMINATION REPORT**

Nominating Committee Report
Saskatchewan Seniors Mechanism
2007 Annual General Meeting

Members of the Committee

Verda Petry, Past President and Chairperson
Wally Coates
Lise Lundlie
Bill McLean

Report to the Annual General Meeting

-Nominee for President---Joanne McDonald

Joanne is the immediate past 1st Vice President. Joanne has been the representative of the Saskatchewan Seniors' Education Corporation and presently the President of the Seniors University Group of the University of Regina Seniors' Education Centre.

Note: Nominations will be called for at the AGM. In the event there are members nominated from the meeting and the nominee agrees to stand, there will be a secret ballot vote.

Report to the Board Meeting immediately following the AGM

-Nominees for the Executive Committee of the Board

Fern Haight
Allen Morrison
Allan Stamler
Les Lye
Margaret Gailing

Respectfully submitted by the Nominating Committee.

**SASKATCHEWAN SENIORS MECHANISM
BYLAWS**

SASKATCHEWAN SENIORS MECHANISM INC.

BYLAWS

May 2006

Preamble

WHEREAS Saskatchewan Seniors Mechanism was founded on January 11, 1990 and incorporated under *The Non-profit Corporations Act*, Saskatchewan; and

WHEREAS Saskatchewan Seniors Mechanism is empowered under the said **Act** to make bylaws:

THEREFORE Saskatchewan Seniors Mechanism makes bylaws as follows:

TITLE

Title

1. These bylaws may be cited as the *Bylaws of Saskatchewan Seniors Mechanism, Inc.*

INTERPRETATION

Definitions

2. In these bylaws:
 - (1) "Mechanism" and "SSM" mean Saskatchewan Seniors Mechanism, Inc.
 - (2) "senior" and "seniors" mean any person or persons of age fifty-five (55) or more.
 - (3) "member organization" means an association of seniors which is non-discriminatory in relation to race, religion, sex, physical or mental abilities and which has been incorporated for at least two (2) years for the purpose of supporting and advancing the common interests of seniors.

OBJECTS

Aims and Purposes

3. The objects of the Mechanism are:
 - (1) To provide a united voice for seniors;

- (2) To research and take action on issues affecting seniors; and
- (3) To create an awareness of, and coordinate, resources and services for seniors.

MEMBER ORGANIZATIONS

- Categories** 4. Member organizations which may be represented on the Mechanism shall consist of those falling into one of the following categories:
- (1) Province-wide in terms of:
 - (a) membership
 - (b) goals and objectives; and
 - (c) providing a network of programs or services throughout the province.
 - (2) City-wide in terms of:
 - (a) membership
 - (b) goals and objectives; and
 - (c) providing a network of programs or services throughout a city in the province.

MEMBERSHIP

- Membership** 5. (1) Any organization that meets the definition of a member organization, pursuant to clause 2 (c), and which has not been represented by any other existing member organization of SSM, may apply for membership in the Mechanism.
- (2) (a) Notwithstanding the provisions of section 4 or subsection 5 (1), there shall be a special category known as "Associate Membership" which is open to any group or organization whose membership is composed primarily of persons who support and advance the interests of seniors.
 - (b) An associate member has neither a position on the Board of Directors nor a vote in the operations of the Mechanism.
- (3) Every application for membership shall be subject to the approval of the Board of Directors of the Mechanism.
- (4) Any member organization may withdraw from membership in the Mechanism by providing written notice to the Board of Directors of SSM.

DIRECTORS

- Composition of Board**
6. (1) The Board of Directors of Saskatchewan Seniors Mechanism shall be composed of no less than seven (7) or more than twenty (20) members.
- (2) Except for the category of associate membership, each member organization, approved pursuant to section 5, shall annually appoint a delegate and an alternate to serve on the Board. Delegates and alternates shall be appointed by June 30th of each year.
- (3) In principle, delegates shall serve for no more than two (2) consecutive two year terms of office.
- (4) Unless otherwise requested by a member organization, the appointment of new delegates to serve on the Board shall take effect at the first meeting of the Board held after the Annual General Meeting of the Mechanism.
- Duties and Responsibilities**
7. (1) Directors of the Mechanism shall:
- (a) Act honestly and in good faith, consistent with the best interests of SSM;
- (b) Exercise due care, diligence and skill that a reasonably prudent person would exercise in comparable circumstances, to work and provide sound stewardship of the SSM resources entrusted to them; and
- (c) Protect confidentiality on matters and information provided to them in confidence at all board and committee meetings.
- (2) (a) Any director or alternate who acts in a manner inconsistent with the interests and reputation of the Mechanism shall be deemed in conflict of interest and shall be removed from the Board of Directors in accordance with the provisions of ***The Non-profit Corporations Act***, Saskatchewan.
- (b) Except in the case of the President, where a director or alternate is removed from the Board of Directors pursuant to clause (a), SSM may request in writing that the member organization which the removed director or alternate represented, to appoint a replacement director or alternate, as the case may be.

OFFICERS AND THEIR DUTIES

- Officers**
8. The officers of the Mechanism shall consist of the following:
- (a) President;
- (b) First Vice-President;
- (c) Second Vice-President;
- (d) Secretary;
- (e) Treasurer; and
- (f) Past President.

- Vacancies**
9. (1) Except for the President and Past President, all officers of the Mechanism shall be elected by and from the Board of Directors at a meeting of the board within ten (10) days following the Annual General Meeting of the Mechanism.
- (2) The Past President shall chair the nominating committee for the election of officers.
- (3) Where an officer vacancy occurs between Annual General Meetings of the Mechanism, such vacancy shall be filled by and from the Board of Directors.
- (4) Where the vacancy is the office of the President and the First Vice-President assumes the office, pursuant to subsection 12 (2), this shall be deemed as the completion of the term of the vacant office of President, and the provisions of subsection 11 (3) shall apply.
- Removals & Expulsions**
10. (1) The Board Directors of the Mechanism may remove any officer, by a two-thirds (2/3) majority vote of the directors whenever, in the judgment of the Board, the best interests of SSM would be served.
- (2) Where an officer is removed from an office by the Board, pursuant to subsection (1), that officer shall be replaced by another delegate or alternate of the Board, as the case may require.
- (3) Where the Board of Directors contemplates the removal of an officer from the Board, the provisions of subsection 7 (2) apply.
- President**
11. (1) The President shall:
- (a) Assume his/her office immediately upon election at the Annual General Meeting.
- (b) Be the principal executive officer of the Mechanism and it shall be his/her duty to be vigilant and active in promoting the objects of SSM;
- (c) Generally supervise and control the business and affairs of the Mechanism;
- (d) Keep the Executive Committee and the Executive Director aware of all undertakings carried out on behalf of the Board of Directors;
- (e) Preside at all meetings of the Board of Directors;
- (f) Be an **ex officio** member of all committees; and
- (g) Perform such other duties which may, from time to time, be prescribed by the Board of Directors.
- (2) (a) Subject to the other provisions of this subsection, any senior, (a person fifty-five years of age or more), upon the prior approval of nomination by the member organization he/she represents, shall be eligible to stand for election to the office of President at the Annual General Meeting, and upon a subsequent prior approval of nomination by the member organization he/she represents, be eligible to stand for re-election as President at a subsequent Annual General Meeting.

- (b) The President shall serve for no more than two (2) one-year consecutively elected terms.
- (c) The completion of office of President, pursuant to subsection 12(2), shall not be considered as an elected term of office for the purposes of clause (b).
- (d) Each member organization shall have a representative on the Saskatchewan Seniors Mechanism Board of Directors. The President of the Mechanism shall not represent his/her organization while holding the office of President. Therefore, provision for representation of that organization shall be made through the appointment of an additional delegate to the Board of Directors.

**First
Vice-President**

12. (1) The First Vice-President shall:
- (a) Assist the President in the performance of presidential duties and shall act as President *pro tempore* in the absence or inability of the President; and
 - (b) Perform such other duties which may, from time to time, be prescribed by the Board of Directors.
- (2) (a) The First Vice-President shall automatically assume the office of President when the present incumbent is permanently unable to carry out his/her duties.
- (b) The completion of the term of office referred to in clause (a) shall not be considered as a term of office of President for the purposes of subsection 11 (3) (b).

**Second
Vice-President**

13. The Second Vice-President shall assume the duties of the President or First Vice-President in their absences or inability to carry out their duties.

Treasurer

14. The Treasurer shall:
- (a) If required by the Board of Directors, be bonded for the faithful discharge of his/ her duties in such sums and sureties as the board may determine;
 - (b) Be responsible for ascertaining the correctness of the financial status of the Mechanism;
 - (c) Report the financial status of the Mechanism at all board meetings;
 - (d) Perform all other duties incident to the Office of Treasurer; and
 - (e) Carry out such other duties as may be assigned, from time to time, by the board.

Secretary

15. The Secretary shall attend all meetings of the Board of Directors and maintain an accurate record of the proceedings.

Assistants

16. The Board of Directors may, as the need arises, appoint an Assistant Treasurer and an Assistant

Secretary, and such appointees when acting in their respective capacities as appointed, shall have the full authority and responsibility of the Treasurer or Secretary, as the case may be.

CONDUCT OF BUSINESS

- Management** 17. (1) Official Cheque signing authorities shall be any two of the executive director, president, treasurer, first vice-president, and secretary of the organization.
- (2) As designated officers of the Board, Bylaw 17(1) shall apply to the signing of any deeds, mortgages, loans, contracts or other instruments which are authorized by the Board be executed.
- Voting Authority** 18. (1) The President shall be a non-voting member of the Board.
- (2) Each director or alternate present at a meeting of the Board of Directors shall have one vote.
- (3) Where both a director and an alternate who represent the same member organization attend a meeting of the Board, the alternate may participate in all discussions, studies and proceedings of the Board, but shall not be entitled to vote on any question submitted to a vote of the Board.
- (4) Where a director who was appointed by a member organization to serve on the Board of Directors is absent from a meeting of the Board, the alternate appointed by that member organization shall have all the power and authority, including the full voting rights accorded to the absent director for that meeting.
- (5) A motion shall be deemed defeated in the event of a tie vote.
- Meetings** 19. There shall be at least six (6) meetings of the Board of Directors in each fiscal year.
- Fiscal Year** 20. The fiscal year of the Mechanism shall commence on April 1 of a year and end on March 31 of the following calendar year.
- Quorum** 21. A majority of voting members personally present at the opening of a meeting of the Board of Directors shall constitute a quorum.
- Conduct of Meetings** 22. Where not otherwise expressly provided for in ***The Non-profit Corporations Act***, or elsewhere in these bylaws, the conduct of meetings of the Board of Directors shall be governed by the latest revised edition of ***Roberts Rules of Order***.

COMMITTEES

- Committees** 23. (1) The following standing committees shall be struck at the first meeting of the Board after the Annual General Meeting of the Mechanism:

- (a) Bylaws Committee;
 - (b) Finance Committee;
 - (c) Issues Committee; and
 - (d) Public Relations and Membership Committee.
- (2) The chair of each standing committee shall be a director of the Mechanism.
- (3) The Board of Directors may appoint committee members from the members of the Board or may appoint participants from the general membership of any member organization(s).
- (4) (a) There shall be a committee known as the Executive Committee which shall consist of the:
- (i) President;
 - (ii) First Vice-President;
 - (iii) Second Vice-President;
 - (iv) Secretary;
 - (v) Treasurer; and
 - (vi) Past President.
- (b) The Executive Committee shall have the authority of the Board of Directors of the Mechanism as circumstances may dictate, but all actions of this committee shall be subject to the approval of the Board at the next Board meeting.
- (5) The Board of Directors may establish *ad hoc* committees as may be required, and appointments of members to these committees shall be in accordance with the provisions of subsection (3).

STAFF OF THE MECHANISM

- Chief Executive Officer/Program Co-ordinator** 24. The staff position of Chief Executive Officer / Program Co-ordinator of the Mechanism shall be an *ex officio*, non-voting member of the Board of Directors and of each committee.
- Support Staff** 25. The Board of Directors may engage such other support staff as may be deemed necessary to carry out the day-to-day functions and operations of the Mechanism

office.

ANNUAL GENERAL MEETINGS

- Annual General Meeting** 26. The Annual General Meeting of the Mechanism shall be held within three (3) months of the end of the fiscal year, and in no case shall it be held later than June 30.
27. The President shall be elected at the Annual General Meeting by a simple majority of voting delegates.
- Voting Delegates** 28. Except as provided in section 29, each member organization shall appoint in writing, the names of three (3) voting delegates for the Annual General Meeting.
- Rotated Voting** 29. Where a member organization considers it desirable to rotate its three allowable votes among several of its participants at the Annual General Meeting, it shall complete a declaration of this intent on a form prescribed by the Mechanism for this purpose, but in no case shall the total number of votes cast by any member organization on any question exceed three (3) in number.
- Proxy Voting** 30. Where a voting delegate representing a member organization expects to be absent during proxy, transfer his/her voting rights to another member representing that member organization.
- Quorum** 31. A simple majority of voting members personally present, including proxy holders, at the opening of the Annual General Meeting of the Mechanism shall constitute a quorum.
- Membership Fees** 32. Membership fees, if any, shall be approved by the voting members of the Annual General Meeting on the recommendation of the Board of Directors.

BYLAWS AND AMENDMENTS THERETO

- Directors May Make, Amend Or Repeal Bylaws** 33. (1) Voting Delegates of member organizations may, by a two-thirds (2/3) majority at the Annual General Meeting by resolution make, amend or repeal any bylaws that regulate the activities and affairs of the Mechanism **as per terms of the Non-Profit Corp Act**".
- the (2) The Board of Directors or any Voting Delegate may submit any proposed bylaws or any amendments or repeal thereof to the voting delegates at the Annual General Meeting, and delegates may, by resolution confirm, reject or amend the proposed bylaws, amendments or repeals in accordance with 33(1).
- (3) A bylaw, an amendment to a bylaw or a repeal of a bylaw shall be effective from the day of approval at the Annual General Meeting.

WIND-UP AND DISSOLUTION

**SASKATCHEWAN SENIORS MECHANISM
COMMITTEE REPORTS**

President's Report
Saskatchewan Seniors Mechanism
2007 Annual General Meeting

The Saskatchewan Senior Mechanism holds seven or eight monthly meetings each year. These are usually held the 3rd Tuesday of the month. Each meeting commences at 10:00 a.m. and is 4 to 5 hours long. I, as the President, chair each of these meetings.

In the fall of 2006, I attended the Gala Luncheon sponsored by SSM. This luncheon is held annually at the beginning of Seniors' Week. This year, the Hon. Lt. Governor, Dr. Gordon Barnhart, was the keynote speaker. The Minister Responsible for Seniors, Hon. Graham Addley, also addressed this well attended luncheon.

Late in the fall, member organizations applied through the SSM to the Saskatchewan Parks and Recreation for 2007/2008 funding. Previously, the SSM organized a workshop to give opportunity to learn the new ten step process implemented by SPRA. I might add at this time, that it is imperative that all organizations follow the ten step system explicitly in the fall of 2007. Very stringent measures will be taken when reviewing the submitted applications in the coming year.

SSM held their Christmas open house in December. Numerous invitations were sent out. A good afternoon of friendship and food was enjoyed by all!

In February, I attended a Resolution Committee meeting held in Davidson, which I attended. A new resolution form was devised and other pertinent questions discussed. I also attended a special Grants' Committee meeting in April in Regina. This meeting was held to address issues regarding member organization's applications for the SPRA grant. Immediate attention was required.

SSM organized a conference this year around the theme 'Limited Income Restricts Seniors Access to Services'. I was privileged to attend this conference at the Delta Hotel in Regina.

On May 3rd and 4th I attended the Tommy Douglas 'Vision of Medicare Conference SOS Medicare 2: Looking Forward'. This was held at the Queensbury Downs Convention Centre in Regina. Six hundred people registered from across Canada. This was a very intense conference with excellent planning, right down to the minute! You could feel the energy in the room! It was a momentous event! Medicare must be saved! One approach suggested more emphasis should be put on preventative measures and wellness programs.

One of the SSM projects this year was to publish a book of stories commemorating the lives and sacrifice of Saskatchewan and Alberta WWII veterans. I spent endless

hours throughout the year compiling the Saskatchewan veterans' stories. These stories, along with the Alberta veterans' stories, will be published in a book called, 'Precious Memories of Prairie War Heroes'. I will be very proud and pleased to see this task completed and the publication in circulation.

My two years, as your president of SSM, is complete. Thank you for the support and co-operation I received during my term of office. The experience at times was overwhelming but the end results have been very gratifying. To my successor may I say "SMOOTH SAILING, MY FRIEND"

Respectfully submitted,
Fern Haight

Executive Director's Report

Saskatchewan Seniors Mechanism 2007 Annual General Meeting

My first full year at Saskatchewan Seniors Mechanism has been interesting and challenging. There has been a lot to absorb, and the deeper I dig, the more I realize there is still so much more to learn and do.

The 2006-2007 year has definitely been a year of transition. Many processes and procedures were visited and re-vamped. I have spent a great amount of time learning about the Mechanism's past and present programs, its contracts, partners and stakeholders, fund development opportunities, administrative processes, and all the wonderful people that do good work on behalf of seniors in this province.

There were several commitments in place prior to my arrival at the Mechanism that needed to be honoured before moving forward with new initiatives. The majority of effort expended this year has been to bring these commitments to a successful conclusion.

Specific "one-time" projects delivered in 2006-2007:

1. Wired for Wisdom

From April to December, 2006, the Saskatchewan Seniors Mechanism partnered with Neil Squire Society to offer free internet and e-mail classes on Saturdays to those who were 50+ in the Regina area. Neil Squire provided equipment and the facilities, and the Mechanism provided and coordinated the scheduling of peer mentors and the program participants, in addition to promoting the program in the community. Many of the participants signed up in the spring and chose to attend regularly until the end of the program. We spoke to many seniors groups in the spring, summer, and fall in an attempt to acquire peer mentors. Neil Squire's staff supplemented the gaps when volunteer mentors were not available. Feedback from seniors who learned about the internet and e-mail through this format was very positive. This project was funded through the New Horizons program.

2. Veterans Book

The Mechanism undertook writing a book about Veterans of Saskatchewan and Alberta. Fern Haight located Saskatchewan World War II veterans' stories. SSM staff researched stories about Alberta World War II veterans. Countless hours were spent writing and editing each story. Significant time was spent ferreting out photos from many sources, including from the internet and from those who are responsible for historical archives. Extensive lists of both Saskatchewan and Alberta veterans' names were included, as well as photos of provincial memorials. However, the finished book was well worth the effort because the stories it contains are invaluable. This project was funded by the Canadian Heritage Department.

3. Aboriginal Awareness Outreach

This project's intent was to educate leaders of seniors groups in the province about how Aboriginal Elders contribute to their communities. Two workshops were held,

one in Regina and one in Saskatoon. Participants were divided into Talking Circles to explore not only how Elders contribute to the community, but also on how the greater community can show its appreciation for Elders. The Talking Circles brought together influential Elders who we understand will be forming their own association. This project was funded by the New Horizons Program.

4. Gala Luncheon

This year I had the pleasure of organizing a Gala Luncheon, the launch event for Seniors Week in Regina. The Honourable Gordon Barnhardt, Lieutenant Governor of Saskatchewan, was our keynote speaker. The luncheon was well attended by many representatives of our member organizations. The Kiwanis Club of Regina also partnered with us. We would like to thank the many corporate and community sponsors of this event.

On-going projects in 2006-2007:

1. **ABCs of Fraud**

The program continued to operate under the guidance of new coordinator, Kathy Lye. This innovative program is designed to help seniors recognize frauds and scams, and to prevent victimization. Presentations were completed throughout the province, and requests for more presentations continue to be made. Volunteers are being fostered outside of Regina to facilitate the delivery of the program province-wide.

2. **Gray Matters Newsletter**

This newsletter is published four times per year and includes issues and human interest topics of interest to older adults. While only 10,000 copies are printed, readership is well over 100,000 because of its far-reaching circulation to such places as senior centres, hospitals, businesses, health districts, nursing homes and individuals.

3. **Century Club**

This club was formed to honour seniors who have reached the age of 90 and who want to continue to have a full and active lifestyle as possible to the age of 100 and beyond. This year the Mechanism hosted a summer tea at the Regina Senior Citizens Centre, bringing in a guest speaker and fostering an opportunity for the start of a Regina chapter. Each edition of Gray Matters continues to showcase our "super-seniors".

4. **Seniors Hotline**

The Hotline (1-800-823-2211) acts as the Seniors Services Directory of the Saskatchewan Seniors Mechanism. The Mechanism acts as a referral source wherever possible. We continue to receive calls from individuals throughout the province about a number of matters concerning older adults, including physical and mental health services, elder abuse (including physical, mental, financial, and social), independent living opportunities, home renovation options for seniors, home contractors for seniors, seniors health benefits, consumer protection, subsidized housing, drug reactions, income tax issues, information about remaining independent, and power of attorney issues.

Additionally, many programs and activities were examined with a view to whether they

still offered value, or whether reintroducing them in a new form might be more beneficial. For instance, we have been examining how we can offer the **Fit for Your Life Program** in a slightly different format to ensure fitness leadership compliance.

Many administrative processes and procedures were examined, some being discontinued while other new ones were adopted. For example, the presentation of financial statements has been expanded to include more detail. We will continue using an outside bookkeeper to ensure all entries are made, and financial statements are produced, in a timely manner. This allows me, as E.D., to still have hands-on involvement with all financial aspects of the organization, yet frees my time to focus on programs and fund development. Also improving such small processes, as better preparing Board members in advance of monthly meetings, has hopefully contributed to improved operational efficiency. There are more process improvements I would like to incorporate, and hopefully will be able to with the support of the Board and the membership.

I have had the pleasure of representing the Mechanism on many advisory and working committees, including: the Regina Retirees Retention Working Group, Safe Saskatchewan's Fall Prevention Strategy and the local Red Cross Falls Prevention Program, and the Regina *in motion* Older Adult Working Group. I have also supported the attendance of many of our Board members to such important meetings as those held by STOPS to Violence and by the SGI Older Adult Driving Strategy.

Finally, we as a group have focused on creating a strategic plan that will give us direction in the future. Our 2006 Strategic Plan identified several goals and action items that will carry us into the next year. Our efforts are currently centering on our conference theme: "Limited Income Restricts Seniors Access to Services". Issues identified included health, home care, housing, income, elder abuse, active living, life-long learning, social isolation, employment and transportation.

I would like to take this opportunity to thank Lynne Couzens who first introduced me to the administrative processes at the Mechanism, and then has continued to efficiently support the Mechanism in providing office management, and program and service delivery. I would also like to thank Debbie Giesinger, our bookkeeper, who has addressed my many questions with thoughtful intelligence and professionalism. Additionally, I would like to thank Kathy Lye for taking on the ABCs of Fraud coordinator position just when I started at the Mechanism. She and I learned together, and I am grateful that she is a "go-getter" and therefore she has been able to work independently. And I would like to thank Terri Berglund of Philips Lifeline, a partner of the Mechanism, who works in our offices. Her knowledge of the seniors landscape in Saskatchewan has been invaluable in assisting me learn how to better assist seniors in this province.

Respectfully submitted,
Beverly MacLeod

Finance Committee Report
Saskatchewan Seniors Mechanism
2007 Annual General Meeting

Committee Members: Les Lye, Treasurer
Bill McLean
Joanne McDonald
Margaret Gailing
Fern Haight, ex-officio
Bev McLeod, ex-officio

Treasurer's Report:

A concerted effort has been made to comply with the recommendations noted in the auditor's 2006 report. Examples are:

- I. **The finance committee reviewing financial statements prior to board meetings and deliberating issues, thus recommending responsible motions to the board;**
- II. **Ensuring financial statements are presented to the board in a format to which the board members can relate; and**
- III. **Frequent communication between the treasurer and the executive director.**

Other Actions Implemented:

- IV. **The office accounting system has been changed from Simply Accounting to Quick Books.**
- V. **Ninety-five thousand dollars (\$95,000) of the money realized from the sale of centennial licence plates has been invested in a flexible GIC.**
- VI. **For transparency and simplification of review, the financial accounts were segregated into three separate accounts: general, SPRA, and the ABCs of Fraud®.**
- VII. **For efficiency, a decision was made to implement computer generated cheques. To accomplish this it was necessary to transfer our account to the Conexus Credit Union**

I would like to express my appreciation to JoAnne McDonald, Bill McLean, Beverly MacLeod (Executive Director), and Debbie Giesinger (Bookkeeper).

Respectfully submitted by:
Les Lye, Treasurer

Appointment of Auditor
Saskatchewan Seniors Mechanism
2007 Annual General Meeting

Motion: Mintz and Wallace be reappointed as auditor for 2007-2008.

Moved by : Les Lye

Seconded by: Joanne McDonald

Issues Committee Report **Saskatchewan Seniors Mechanism** **2007 Annual General Meeting**

Committee Members: Al Morrison, Chairperson
Peter Wiebe
Lloyd Jones
Wally Coates

Committee Activities:

- As a result of the strategic planning session, the committee held a planning meeting at Davidson to discuss the SSM's theme. The following topics regarding seniors issues were discussed; income, housing, home care, social activities, abuse of the aging, active living, transportation and learning.
- A letter was sent to each member organization and the member representing them on the SSM Board asking what problems they are aware of regarding the theme topics listed.
- Chose and wrote about topics for a series of articles being printed in Gray matters elaborating on SSM's theme of "Limited Income Restricts Seniors Access to Services"
- The committee developed a format for the submission of resolutions and it was submitted to the board.
- The committee felt that for the AGM emphasis should be on home care, older persons living below the poverty level and access to personal development opportunities.

Resolutions:

The resolutions that were passed at the 2006 SSM Annual General Meeting were submitted to the appropriate Federal and Provincial departments or agencies by the SSM administration. The responses were very general in content and non-committal. We should not be deterred from sending resolutions outlining our concerns for the seniors of Saskatchewan to the various levels of government even though some may be similar to those sent previously.

If the role of SSM is to be the "Voice of Seniors in Saskatchewan", we as a committee have to promote a real partnership between our member organizations. We, as Board Members, need to share information with each other through the umbrella organization Saskatchewan Seniors Mechanism.

Respectfully submitted by
Al Morrison, Issues Committee Chairperson

Public Relations/Membership Committee

Saskatchewan Seniors Mechanism 2007 Annual General Meeting

Public Relations:

The mandate of the Public Relations Committee is to strengthen communication with and amongst member organizations and to promote the role and services of the Saskatchewan Seniors Mechanism (SSM).

The Mechanism worked on several fronts to raise the profile of the organization this year:

- The SSM Executive Director and members of the Board were active on many community and provincial committees and working groups to share information and remain informed about activities, policies, and issues that impact seniors. This included such initiatives as the Regina Retiree Retention Working Group, Safe Saskatchewan's Seniors Falls Prevention Strategy, and SGI's Older Adult Driving Strategy.
- The SSM brochure's look was updated, and was re-written to reflect the organization's new vision statement, mission statement, and goals.
- SSM participated in the Regina Lifestyles Showcase to raise awareness of the services and programs of the Mechanism.
- The Executive Director spoke to many seniors' organizations, including PACOP, to raise awareness of SSM's programs and services.

One of the Key Action Items from the 2006 Strategic Planning Session was to improve internal communication in SSM. We have started this process through each member organization sharing its history and current mandate. The next step is to improve our members' capacity to exchange information. The goal is to share this information with all member organizations so that all will have up-to-date information regarding current and future programs and services, plus any outside commitment to community, provincial, or federal initiatives.

Membership:

The mandate of the Membership Committee is to broaden the network of seniors' organizations that make up the Saskatchewan Seniors Mechanism.

No new members have been added to our organization this year. However, one of our current members will change from regional to provincial representation. We are also anticipating a membership application from a newly formed organization that was created as a result of one of our projects.

We continue to explore partnership opportunities in Saskatchewan, and we expect that

the 2007-2008 year will garner new relationships with our umbrella.

The current membership of the Saskatchewan Seniors Mechanism consists of the following organizations:

- Saskatchewan Seniors Association Incorporated (SSAI)
- Saskatchewan Seniors Fitness Association (SSFA)
- Saskatchewan Seniors Education Corporation (SSEC)
- Saskatoon Council on Aging (SCA)
- Saskatchewan Retirees Association (SRA)
- Fédération des Aînés Fransaskois
- Senior Power
- Regina Seniors Citizens Centre (RSCC)
- Superannuated Teachers of Saskatchewan (STS)
- Federal Superannuated National Association (FSNA)
- Saskatchewan Federation of Union Retirees (SFUR)
- HAD Allen Life Member Club (SaskTel Pioneers)

If anyone knows of an organization that would be interested in joining SSM, please have them contact me.

Respectfully submitted,
Beverly MacLeod
Executive Director

Grants Committee
Saskatchewan Seniors Mechanism
2007 Annual General Meeting

Committee: Bill McLean, Chairperson
Joanne McDonald
Les Lye
Wally Coates
Fern Haight, ex-officio
Bev MacLeod, ex-officio

Formation of the Grants Committee

The Board considered the funding of the SSM and concluded that since funding grants constitute most of the revenue for SSM, the Board should be more involved in the application, approval and monitoring of such grants. It was further concluded that it would be advisable to establish a Standing Committee that would work in conjunction with the Executive Director in reviewing and approving of grants along with monitoring the work, revenues and expenditures related to such programs. Subsequently, the Grant Committee was established and members appointed at the January, 2006, meeting of the Board of Directors.

Committee Responsibilities

-The Committee will provide a grant review and evaluation function with the Executive Director taking the lead role in assessing grant applications on the basis of the benefits to the seniors of the province as well as the financial contribution to the operation of SSM.

-The process will involve the Executive Director reviewing an application and developing a strategy and program and submitting a brief to the Committee for input and direction. The Committee will make recommendations to the Board regarding the applications. In the event the time lines are tight the Executive Committee would react to the recommendation and submit their direction to the Executive Director. The Executive Committee would submit their decision to the next Board meeting for ratification.

-The Executive Director will be required to submit interim reports to the Grants Committee to ensure the grant program is proceeding in the manner set out and approved in the application in regard to the program and financial aspects.

Committee Activities April 1st 2006 to March 31st, 2007

The Executive Director and the Committee Chairperson held informal discussions from time to time regarding the status of grant applications the Executive Director had received and reviewed. Many were rejected as not being relevant to SSM programs and goals. However, there were several worthy of consideration and were submitted on behalf of the Mechanism, including:

- Saskatchewan Parks and Recreation Association/SK Lotteries
- SPRA Member Initiatives
- SK Health
- SGI
- New Horizons
- Muttart Foundation
- Community Initiatives Fund – Regina
- Nissan Foundation
- Allstate Foundation

As of this writing, we are still waiting for decisions on several of these applications, but we should have the majority of responses in by the end of June, 2007, at which time the cycle will repeat itself and new applications will be submitted on behalf of SSM.

One of the main considerations of the Committee was the review of the SSM and Member grant applications to the Saskatchewan Parks and Recreation Association for Saskatchewan Lotteries funding. A sub-committee of evaluators, consisting of member organizations not submitting grant proposals for SPRA funding, was formed to review fellow member submissions and score them. The Committee subsequently submitted recommendations to the SSM Board regarding approval of submission of the grant applications to SPRA.

Event Sponsorship

This committee also oversaw staff's search for sponsorship funding for events hosted by SSM including the Seniors Week Gala Luncheon and the Annual Conference. Several organizations purchased display booths for the Luncheon and as of this writing there is significant support for our Conference.

ABCs of Fraud Program

Given the change of priorities of the Volunteer Centre Toronto, who coordinated funding for the ABCs of Fraud for several years, the Saskatchewan Seniors Mechanism has been forced to seek out alternate funding in order to continue this program. Corporate sponsorship is being sought, with decisions still pending.

On behalf of the Committee, I commend our Executive Director Bev MacLeod for her experience and competence in reviewing, evaluating and applying for grants from various agencies. As you are aware, successful approvals of funding grants for appropriate programs is the lifeline of SSM and our primary financial option to improve the life of older adults in Saskatchewan.

SASKATCHEWAN SENIORS MECHANISM

OTHER REPORTS

Philips Lifeline in Saskatchewan
Saskatchewan Seniors Mechanism
2007 Annual General Meeting

BUSINESS REVIEW

Subscriber Growth:

2006: 523 activations representing 105.9% to quota

YTD March 2007: 119 activations to quota 90 representing 132.2% to quota

Terminations:

YTD March 2007: Actual: 79 Quota: 72 representing 109.7% to quota

Total Active Subscribers:

YTD March 2007: 839 to a quota of 818 representing 102.6.7% to quota

In 2006, Lifeline merged with Philips Electronics of Amsterdam under Philips Consumer Healthcare Solutions and became known as Philips Lifeline.

At the June West Regional Meeting a more focused approach to achieve the sales goal called for the evaluation of the customer data base based on potential. The SK territory was re-prioritized to reflect customer potential, zone and call frequencies through the data base management system. This, in turn, has allowed for the proper management of call frequencies on target customers.

Since joining Lifeline Systems Canada in Nov/99, 2006 has been my most productive year for activations to quota. In 2006, I have been over quota for monthly activations with the exception of February and July where I was at 94.9% and 83.3% to quota. In August, I achieved my highest number of activations in my 7 years with the company- 55 activations, 137.5% to quota.

Stronger rapport has been established with our partner of eight years, Saskatchewan Seniors Mechanism, and has resulted in an increase in referrals since March/06.

A long time, strong competitor, primarily in the northern half of SK, Insta Link, based out of Saskatoon, was bought out by Lifeline Systems Canada in November resulting in the addition of 368 subscribers to my program.

2006/2007 Achievements

- Worked effectively with Red Cross Falls Prevention Committee for 6 years; as a member of the advisory board committee, coordinated by the Red Cross, for the last 2 years
- In Nov, I was invited to represent Lifeline (the only PERS) at the first Provincial Seniors' Falls Prevention Strategies Workshop. I am presently a member of the steering committee for the Saskatchewan Falls Injury Prevention Strategy (SFPIS)

- Home Service Representatives (HSR) are installers for Lifeline. Recruited HSR prospects, collected resumes and completed partial training for 9 HSRs in 2006 to present
- Assisted National Trainer with Subscriber Sales training, “Understanding Medical Conditions” in Toronto
- Overachieved goal for new referral sources each month
- Presented Lifeline services via satellite TV at Saskatoon University to Continuing Care Assistants (CCA) in colleges over the province
- Presentation to Continuing Care Assistants at Saskatchewan Institute of Applied Arts and Sciences (SIAST) in Regina as part of the curriculum module, “Safe Environment”
- Met with Brent Burns, the Provincial Executive Director of the Royal Legion Saskatchewan Command, in Regina, in Nov and presented services to him. He asked me to deliver 200 brochures and letters to him and they mailed out to the 200 legions in the province with their newsletter in Jan/07. I have Brent’s permission to drop off or replenish any and all Lifeline brochures and information and give presentations to all legions in SK as required
- Marketing efforts to healthcare professionals (HCP) in the 5 provincial hospitals in Regina and Saskatoon have supported site monitored Lifeline programs in Melville, Estevan, and Weyburn located in the health regions of Sunrise and Sun Country resulting in referrals and installations. Site monitored programs do the same for me if the situation is reversed.
- Developing and maintaining provincial and community relationships
- Sales calls and inservices/presentations to:
 - All hospitals and health centres
 - Provincial Home Care
 - Community Health Nursing Services in First Nations Communities
 - Private Home Health Services
 - Private Duty nurses-primarily Regina and Saskatoon
 - Community Clinics
 - Day Programs/ Extenciares/Transitional and Quick Response Units
 - Allan Blair Cancer Centre
 - Veteran Affairs Canada (VAC) Regina and Saskatoon offices
 - Saskatchewan Safety Council
 - EMS and HealthLine RQHR
 - Schools of Nursing
 - Physiotherapy and Rehabilitation Clinics

- o Other health-related organizations: Parkinson's Foundation, Canadian Diabetes Association, Alheimers Society, Arthritis Society, ALS Society, Osteoporosis Society, Saskatoon Balance and Dizziness Centre, Post Polio Regina, Gerontology Association, CNIB, Stroke/Caregiver Education Program, Saskatchewan Voice of People with Disabilities, SAIL
- o Other groups- SSM member organizations, Beta Sigma Phi senior group, and various seniors centres and groups in seniors complexes and churches, funeral homes, flu clinics
- o Networking with any other health related organizations-home health aid stores

Terri Berglund
Program Manager

**SASKATCHEWAN SENIORS MECHANISM
RESOLUTIONS**

SUBMISSION OF RESOLUTION

#1

To: SSM Resolutions Committee

Date: March 30, 2007

Sponsored by SSM Executive

Moved by _____

Seconded by _____

BE IT RESOLVED that

The Saskatchewan Seniors Mechanism (SSM), lobby SGI, to make available to everyone over the age of 55, the information concerning the **55 Alive Driver Awareness Course** and that SGI provide the **55 Alive Driver Awareness Course** free of charge to anyone over the age of 55.

Saskatchewan Seniors Mechanism
Resolutions Committee
112-2001 Cornwall St. Regina, SK S4P 3X9

Background Information:

The intent of this resolution is two fold:

- that SGI take responsibility for informing drivers turning age 55 about the 55 Alive Course through including the information about the 55 Alive Course when drivers license renewal notices are mailed out for those turning 55, and
- SGI should take responsibility for paying or subsidizing the cost of individuals registering for the 55 Alive course that is currently offered by the Saskatchewan Safety Council, thereby making this course, in essence, free to the registrant.

SUBMISSION OF RESOLUTION

#2

To: SSM Resolutions Committee

Date: March 30, 2007

Sponsored by Saskatchewan Seniors Education Corporation

Moved by _____

Seconded by _____

BE IT RESOLVED that

The Saskatchewan Seniors Mechanism urge the Federal Government to insist that the marketing of any new drug be accompanied by clear and truthful information, stated in layman’s terms, detailing precisely how much more effective it is than the drug it is supposed to replace, and what the increased risks are, if any.

Saskatchewan Seniors Mechanism
Resolutions Committee
112-2001 Cornwall St. Regina, SK S4P 3X9

Background Information:

The Pharmaceutical industry strongly promotes new drugs, as preferable to medications that have stood the test of long term use. These new drugs may be marketed without sufficient testing time to identify all side affects. New drugs may also offer no significant improvement in the patient’s condition over the effect of older drugs (eg. “improved” results may mean that it helps 4 more people out of 10,000 than the ancestor drug did). These practices can result in steeply increased cost to the consumer with either increased risk from side affects or with no noticeable health benefit.

SUBMISSION OF RESOLUTION

#3

To: SSM Resolutions Committee

Date: March 30, 2007

Sponsored by Saskatchewan Federation of Union Retirees (SFUR/CURC)

Moved by _____

Seconded by _____

BE IT RESOLVED that

The Saskatchewan Seniors Mechanism (SSM), lobby the federal and provincial governments (separately or in partnership) to; Phase in a national prescription drug strategy which would begin with coverage for key catastrophic drug costs with gradual expansion of coverage as finances permit, until the plan is universal in application; Phase out the “evergreening” of patent drugs so cheaper generics are available sooner, saving money for the health care system, patients, hospitals and provinces; ban the direct-to-consumer advertising of pharmaceuticals so there is less unnecessary prescribing of drug therapies.

Saskatchewan Seniors Mechanism
Resolutions Committee
112-2001 Cornwall St. Regina, SK S4P 3X9

Background Information:

Prescription drug costs continue to increase at a rate of approximately 12-15% per year and in 2002, 7.8 million Canadian households spent \$3 billion out-of-pocket on prescription drugs – an average of \$378 per household; and the industry currently engages in a practice called “evergreening”, which means that with minor changes to a drug, companies can apply for and gain access to additional patent protection, thus preventing the manufacture of cheaper generic forms of the drug; the pharmaceutical industry enjoys monopoly patent on certain products ranging from 17 to 20 years, and also with many other forms of government protection, subsidies, significant tax breaks and the ability to advertise directly to consumers; the costs of needed medication for seniors and retirees on fixed incomes, as well as the families and the general public has become a financial burden and could be resolved through action by the provincial governments, separately or in partnership.

SUBMISSION OF RESOLUTION

#4

To: SSM Resolutions Committee

Date: March 30, 2007

Sponsored by SSM Executive

Moved by _____

Seconded by _____

BE IT RESOLVED that

The Saskatchewan Seniors Mechanism urge the Saskatchewan School Trustees Assn. (SSTA), the School Boards and the Saskatchewan Provincial Government to exempt Senior Centres from paying school taxes.

Saskatchewan Seniors Mechanism
Resolutions Committee
112-2001 Cornwall St. Regina, SK S4P 3X9

Background Information:

Senior centers used to be exempt from the school taxes in the old school district arrangement. Since the larger School Divisions have been formed Senior Centres are now being charged school taxes. This is imposing a huge burden on these centers and may force many to close. Losing these meeting and activity centres would be a very sad and unacceptable result to those seniors affected.

SUBMISSION OF RESOLUTION

#5

To: SSM Resolutions Committee

Date: March 30, 2007

Sponsored by SSM Executive

Moved by _____

Seconded by _____

BE IT RESOLVED that

The Saskatchewan Seniors Mechanism (SSM), lobby SGI, SUMA, and the Government of Saskatchewan/Highway Traffic Board to effect changes in the current traffic regulations in urban municipalities to affect a consistent approach regarding the location, size, and style of street signage used at intersections.

Saskatchewan Seniors Mechanism
Resolutions Committee
112-2001 Cornwall St. Regina, SK S4P 3X9

Background Information:

SUBMISSION OF RESOLUTION

#6

To: SSM Resolutions Committee

Date: March 30, 2007

Sponsored by SSM Executive

Moved by _____

Seconded by _____

BE IT RESOLVED that

The Saskatchewan Seniors Mechanism (SSM), lobby SGI, SUMA, and the Government of Saskatchewan/Highway Traffic Board to effect changes in the current traffic regulations in urban municipalities to effect a longer “amber light” time at controlled intersections to provide sufficient time for drivers to make safer driving decisions.

Saskatchewan Seniors Mechanism
Resolutions Committee
112-2001 Cornwall St. Regina, SK S4P 3X9

Background Information:

SUBMISSION OF RESOLUTION

#7

To: SSM Resolutions Committee

Date: March 30, 2007

Sponsored by Saskatchewan Seniors' Assn. Inc. Board of Directors

Moved by _____

Seconded by _____

BE IT RESOLVED that

The Saskatchewan Provincial Government adopt a Home Owner Grant Program similar to the one in the province of British Columbia that entitles 'senior' home owners a maximum reduction in property taxes based on a system of graduated assessed property value.

Saskatchewan Seniors Mechanism
Resolutions Committee
112-2001 Cornwall St. Regina, SK S4P 3X9

Background Information:

There are home owner grants available for seniors in other provinces such as British Columbia and as taxes are becoming higher each year, many seniors are being forced to sell their homes and move to smaller and cheaper low income rental accommodations.

SUBMISSION OF RESOLUTION

#8

To: SSM Resolutions Committee

Date: March 30, 2007

Sponsored by Saskatchewan Federation of Union Retirees (SFUR/CURC)

Moved by _____

Seconded by _____

BE IT RESOLVED that

The Saskatchewan Senior Mechanism (SSM), lobby the federal and provincial governments to enact rock solid consumer protection laws (similar to VISA and MasterCard) that limits liability from stolen, lost or forgotten credit cards, debit cards, petroleum pump key locks, telecommunication calling cards, online computer access and any other such methods of goods, services and cash access liability to a maximum limit of fifty dollars (\$50) and zero liability from the moment of reporting such loss or theft.

Saskatchewan Seniors Mechanism
Resolutions Committee
112-2001 Cornwall St. Regina, SK S4P 3X9

Background Information:

Corporate retail, financial, petroleum, communication and on line computer organizations in a variety of formats now use credit cards, debit cards, calling cards, petroleum key lock gas pump access and computer access to financial (bank/credit union) bill payment/cash withdrawal/transfers in a wide ranging variety of systems. Seniors are particularly vulnerable and at risk for illegal unauthorized use of said access, and/or for fraudulent misuse of lost, forgotten or stolen access cards and/or keys.

SUBMISSION OF RESOLUTION

#9

To: SSM Resolutions Committee

Date: March 30, 2007

Sponsored by Saskatchewan Federation of Union Retirees (SFUR/CURC)

Moved by _____

Seconded by _____

BE IT RESOLVED that

The Saskatchewan Seniors Mechanism (SSM), lobby the federal and provincial governments to make such card key and computer system industries be fully responsible for providing reliable consumer friendly security control including hard drive memory security cameras with time recorded photo image protection to limit theft and unlawful use of all such card keys and computer system access.

Saskatchewan Seniors Mechanism
Resolutions Committee
112-2001 Cornwall St. Regina, SK S4P 3X9

Background Information:

Most companies and retail outlets, attempt to hold the consumers responsible for the full amount incurred through the fraudulent misuse of lost, forgotten or stolen access cards and/or keys. Seniors are particularly vulnerable and at risk to these actions.

SUBMISSION OF RESOLUTION

#10

To: SSM Resolutions Committee

Date: April 12, 2007

Sponsored by Saskatoon Council on Aging

Moved by _____

Seconded by _____

BE IT RESOLVED that

The Government of Saskatchewan should set aside a week to recognize caregivers.

Saskatchewan Seniors Mechanism
Resolutions Committee
112-2001 Cornwall St. Regina, SK S4P 3X9

Background Information:

Many caregivers are spouses and children caring for a senior relative. It is out of love and concern that they endure the challenges of long hours of giving care. It would be nice and proper to give these people recognition and to draw attention to the caregivers situation and the needs of their charges. The government is the beneficiary of savings because private citizens are providing care to their charges. Money should be budgeted to hold events throughout the province recognizing the important contribution of caregivers.

SUBMISSION OF RESOLUTION

#11

To: SSM Resolutions Committee

Date: April 12, 2007

Sponsored by Saskatoon Council on Aging

Moved by _____

Seconded by _____

BE IT RESOLVED that

The Government of Saskatchewan moves to more standardization, accreditation, regulation and supervision of care in long-term care facilities.

Saskatchewan Seniors Mechanism
Resolutions Committee
112-2001 Cornwall St. Regina, SK S4P 3X9

Background Information:

We are going to see a rapid increase in personal and long-term care facilities in the next decade. An accreditation body, including licensing will be necessary to ensure basic standards of care and conditions exist. The body should be able to investigate and obtain remedies following complaints.

SUBMISSION OF RESOLUTION

#12

To: SSM Resolutions Committee

Date: April 12, 2007

Sponsored by Saskatoon Council on Aging

Moved by _____

Seconded by _____

BE IT RESOLVED that

The Government of Saskatchewan institute training initiatives on the needs and care of older adults.

Saskatchewan Seniors Mechanism
Resolutions Committee
112-2001 Cornwall St. Regina, SK S4P 3X9

Background Information:

Community based training classes which are given for free or for a nominal fee should be held around the province. The purpose is to help equip and enable individual/non-professional personal care givers with skills to help them better care for their charge. Life does not prepare us to be good care givers and they need help to do their job more effectively. This is not intended to take away from trained care givers but to give non-paid personal care givers more confidence.

SUBMISSION OF RESOLUTION

#13

To: SSM Resolutions Committee

Date: April 12, 2007

Sponsored by Saskatoon Council on Aging

Moved by _____

Seconded by _____

BE IT RESOLVED that

The Government of Saskatchewan give further emphasis on wellness and health promotion amongst seniors.

Saskatchewan Seniors Mechanism
Resolutions Committee
112-2001 Cornwall St. Regina, SK S4P 3X9

Background Information:

It is proven that an active mind and body extends life expectancy and reduces the strain on health care delivery. Special emphasis should be made to encourage seniors to get out and stay active. Activity programs should be set up in communities especially outside major population centers to maintain an active life style amongst seniors.

SUBMISSION OF RESOLUTION

#14

To: SSM Resolutions Committee

Date: April 12,2007

Sponsored by Saskatoon Council on Aging

Moved by _____

Seconded by _____

BE IT RESOLVED that

The Government of Saskatchewan move quickly to provide high speed internet access to rural Saskatchewan.

Saskatchewan Seniors Mechanism
Resolutions Committee
112-2001 Cornwall St. Regina, SK S4P 3X9

Background Information:

The internet is valuable information tool. It will also provide valuable mental stimulation. Technology has arrived that it is possible to provide internet service to rural communities. The expectation is that it will not be a free service but a purchased service competitive with urban service. SaskTel needs to be encouraged with public funding to provide this infrastructure. This is only one of the many benefits access to high speed internet would provide.

SASKATCHEWAN SENIORS MECHANISM

OTHER

SASKATCHEWAN SENIORS MECHANISM

VOTING DELEGATES

SSM ANNUAL GENERAL MEETING – 2005

1. Les Lye	Federal Superannuates National Association
2. Andre Nogue	
3.	
1. Laurent Desrosiers	Fédération des Aînés Fransakois
2.	
3.	
1. Lloyd Jones	Regina Senior Citizen Centre Inc.
2. Bill McLean	
3. Maxine Boyle	
1. Alf Zimmerman	Saskatchewan Retirees Association
2. Frank May	
3.	
1. Al Morrison	Saskatchewan Seniors Association Inc.
2. Bob Nolan	
3. Joan Morrison	
1. Joanne McDonald	Saskatchewan Seniors Education Corporation
2. Kerrie Strathy	
3. Bev Hildebrandt	
1. Margaret Gailing	Saskatchewan Seniors Fitness Association Inc.
2. Joan Vogel	
3. Mary Weber	
1. Allan Stamler	Saskatoon Council on Aging
2. Christopher Dean	
3. Jeanette Dean	
1. Wally Coates	Senior Power
2. Mel McKinnon	
3. Doug McCall	

1. Peter Wiebe
2. Jim Slough
3. Al Schell

Superannuated Teachers of Saskatchewan

1. Duane Klippenstine
2. Lynn McCaslin
3. Rick Light

Saskatchewan Federation of Union Retirees

1. Norm Lorenz
2. Wayne Rutten
3. Mike Artemchuk

HAD Allen Life Member Club (SaskTel Pioneers)