

Saskatchewan Seniors Mechanism



23rd Annual General Meeting

June 12, 2013

**McKenna Hall
Weyburn, SK**

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AGENDA

2012 ANNUAL GENERAL MEETING

Wednesday June 12, 2013

1:00 p.m.

1. Call the Meeting to Order—Betty Pickering, President
2. Adoption of the Agenda
3. Approval of the Minutes of the May 17, 2012 Annual General Meeting
4. President's Report—Betty Pickering
5. Executive Director's Report—Holly Schick
6. Program Reports
 - a. Century Club
 - b. Celebrating Seniors
 - c. Century of Memories
 - d. Housing Task Group
 - e. Elder Abuse Prevention Network
 - f. SMART (Seniors Maintaining Active Roles Together)
 - g. Creating Age Friendly/Elder Abuse Free Communities
7. Committee Reports:
 - 7.1 Audit & Finance Committee Report—Andre Nogue
 - a. Auditor's Report: Mintz & Wallace, Chartered Accountants
 - b. Motion to Appoint the Auditor
 - 7.2 Governance Committee Report—Charles Keple
8. Other Reports
 - 8.1 Grants Report
 - 8.2 Philips Lifeline Saskatchewan
 - 8.3 ALCOA Representative Report
9. Nominations
10. Resolutions
11. Closing Remarks

SASKATCHEWAN SENIORS MECHANISM
MINUTES OF PREVIOUS AGM - May 17, 2012

AGM Minutes

Hotel Saskatchewan
Regina, SK
May 17, 2012
1 p.m.

Present:

President : Les Lye

Past President: Al Morrison

Voting Delegates

Kathy Lye, National Association of Federal Retirees

Charles Keple, National Association of Federal Retirees

Maureen Eckstein, Saskatchewan Federation of Union Retirees

Betty Pickering, Saskatchewan Federation of Union Retirees

George Britton, Saskatchewan Federation of Union Retirees

Margaret Gailing, Saskatchewan Senior Fitness Association Inc.

Gordon Garratt, Saskatchewan Senior Fitness Association Inc.

Myrtle Bell, Saskatchewan Senior Fitness Association Inc.

Fern Haight, Saskatchewan Seniors Assoc. Inc.

Isobel Fowler, Saskatchewan Seniors Assoc. Inc.

Lorna Weldon, Saskatchewan Seniors Assoc. Inc.

Kerrie Strathy, Lifelong Learning Centre

Marj Thiessen, Lifelong Learning Centre

Wayne Rutten, SaskTel Pioneers Chapter 59

Marilyn Lorence, SaskTel Pioneers Chapter 59

Judi Livingston, Sasktel Pioneers Chapter 59

Robert Wuschenny, Superannuated Teachers of Saskatchewan

Mike Kaminsky, Superannuated Teachers of Saskatchewan

Maxine Stinka, Superannuated Teachers of Saskatchewan

Kurt Holstein, Canada Post Heritage Club – Golden Sheaf Chapter

Conway Crozier-Smith, Canada Post Heritage Club – Golden Sheaf Chapter

William Belick, Canada Post Heritage Club – Golden Sheaf Chapter

Jennifer Tallentire, (proxy to Gerri Wood) Catholic Family Services

Gerri Wood, Catholic Family Services

Louis Wood, Catholic Family Services

Pierre Schweda (proxy to Bill McLean), Regina Senior Citizens Centre

Cathy Theriault (proxy to Bill McLean), Regina Senior Citizens Centre

Bill McLean, Regina Senior Citizens Centre

Marcia Holtby, Senior Power

Doris Dietrich, Senior Power

Ray Zelowsky, Senior Power

Staff

Holly Schick

Vivian Lutzko

Lynne Couzens

1. Call to Order
President Les Lye
2. Adoption of Agenda
Motion: Betty Pickering/Kathy Lye that the agenda be adopted as presented. Carried.
3. Approval of the minutes
Motion: Robert Wuschenny/Louis Wood moved minutes be adopted as circulated. Carried.
4. President's Report - presented by Les Lye
Motion: Betty Pickering/Wayne Rutten that the President's Report be accepted as read. Carried.
5. Executive Director's Report
Motion: George Britton/Kathy Lye that the Executive Director's Report be accepted as circulated. Carried.
6. Program Reports
 - a) Century Club – presented by Holly Schick
 - b) Celebrating Seniors – presented by Wayne Rutten
 - c) Century of Memories – presented by Holly Schick
 - d) Housing Task Group – presented by Kurt Holstein
 - e) Elder Abuse Prevention Network – presented by Charles Keple
 - f) Fraud Awareness Toolkit – presented by Holly Schick

Motion: Margaret Gailing/Wayne Rutten that Program Reports be accepted as circulated. Carried.

7. Committee Reports
 - 7.1 Finance Committee – presented by Les Lye
Les explained Financial Controls that are in place. Auditor commented favorably on all things but had one concern – Global Payment Card re: method of transferring money into the account – This will be addressed. Auditor recommended that the Finance Committee should meet with bookkeeper to explain what is required by SSM and what is expected from the bookkeeper.

Auditors Report prepared by Mintz & Wallace, Chartered Accountants

Motion: Charles Keple/Betty Pickering that Auditor's Report be accepted. Carried.

Motion: Charles Keple/Betty Pickering that Mintz & Wallace be reappointed as auditor for 2012/2013. Carried.

- 7.2 Policy Committee Report- presented by Les Lye
Motion: Les Lye/Isobel Fowler that the Policy Committee Report be accept as circulated. Carried.

8. Other Reports - presented by Holly Schick
- 8.1 Grants Report
 - 8.2 Philips Lifeline Saskatchewan
 - 8.3 SSM Housing Brief to the Provincial Government
 - 8.4 SSAI Position Brief to the Government of Saskatchewan
 - 8.5 ALCOA Report

Motion: Betty Pickering/Wayne Ruten that Other Reports be accepted as circulated. Carried.

Nominations Committee Report presented by Betty Pickering

Motion: Betty Pickering/Kathy Lye that the Nomination Committee Report be accepted as circulated. Carried

Elections:

Each nominee has the option of appointing a scrutineer.

Each nominee gets to speak for 2 min.

Les Lye presided over elections.

Holly Schick, Robert Wuschenny and Al Morrison distributing and collecting ballots with Fern Haight as scrutineer.

Nominee for President: (2 year term)

Betty Pickering

Les Lye declared Betty Pickering elected as president by acclamation.

Nominees for Vice President; (2 year term)

Mike Kaminski

Charles Keple

Charles Keple elected as Vice President.

Nominees for Treasurer: (1 year term)

Andre Nogue – Holly read his speech as he was unable to attend.

Les Lye declared Andre Nogue as Treasurer by acclamation.

Nominees for Secretary: (1 year term)

Isobel Fowler

Margaret Gailing

Charles Keple – no longer on ballot as elected as Vice President

Isobel Fowler is elected as Secretary.

Members at Large:

Jeanne Alexander

Isobel Fowler – off ballot as elected as secretary

Margaret Gailing
Kurt Holstein
Mike Kaminski
Charles Keple – off ballot as elected as Vice President
Judy Livingstone
Betty Nippi-Albright
Kathy Roth
Maxine Stinka
Kerrie Strathy
Marj Thiessen
Tracy Thompson
Don Veitch

First Ballot:

Elected for 2 years:

Betty Nippi-Albright
Marj Thiessen
Jeanne Alexander
Maxine Stinka

Elected for 1 year:

Mike Kaminski
Kerrie Strathy
Tracy Thompson

Second Ballot:

Margaret Gailing

Kurt Holstein

Elected for 1 year

Kurt Holstein

Motion: Robert Wuschenny/Al Morrison that the ballots be destroyed.

Carried

Resolutions - Presented by Les Lye

10. Resolutions - presented by Les Lye

Bylaw Resolution:

Background Information

At the January 10, 2012 meeting of the Board of Directors of the Saskatchewan Seniors Mechanism, the following bylaw changes were approved for recommendation to the AGM. These changes are in response to requirements of the Canada Revenue Agency.

BE IT RESOLVED That the Bylaws of the Saskatchewan Seniors Mechanism be amended as follows:

1) Article number 3, Objectives, be replaced with the following:

Objectives:

3. To promote the well-being and independence of seniors in Saskatchewan by:

- 3.1 Providing access to information and support services for seniors;
- 3.2 Educating and training seniors regarding issues affecting them;
- 3.3 Encouraging interaction, activity and support for seniors;
- 3.4 Conducting research to identify issues affecting seniors, and solutions to address them.

2) That the article on Wind-up and Dissolution be replaced with the following:

Wind –up

In the event of the wind-up and dissolution of the Saskatchewan Seniors Mechanism, all the property and assets shall, after the payment of all liabilities, be distributed to one or more qualified donees, and in accordance with the provisions of *The Non-profit Corporations Act, Saskatchewan*.

Motion: Kerrie Strathy/Betty Pickering that the Resolution be accepted.
Carried

STS Resolution - Robert Wuschenny spoke to the resolution.

Background information:

At the STS Annual General Meeting held in May, 2011 a motion was passed that ACER-CART (Canadian Association of Retired Teachers – Association canadienne des enseignantes et des enseignants retraités) lobby the Federal Government to allow a tax deduction for seniors’ fitness programs similar to that already in place for such programs for youth. At the ACER-CART Annual Meeting in July, 2011 the resolution was amalgamated with a similar Alberta Retired Teachers resolution and passed by the ACER-CART AGM.

BE IT RESOLVED that Saskatchewan Seniors Mechanism lobby the Federal Government to extend any tax credit for registration costs for wellness and/or recreation programs to seniors similar to that provided to youth.

Motion: Robert Wuschenny/Margaret Gailing that the Resolution be accepted. Carried.

Kerrie Strathy spoke in support of resolution and pointed out that Tax benefits for youth are more than physical and include art & music. Kerrie asked for a Friendly amendment to include arts etc. Robert Wuschenny spoke to the fact the resolution already covers this. Charles Keple concurred this is included and would be the broadest definition of wellness & recreation for older adults.

11. Closing Remarks - Les Lye invited Betty Pickering to the podium and congratulated her as new president. Betty Pickering thanked all past Board members for their work and especially Les Lye for his excellent leadership.

Les was honored with a short PowerPoint of photos of him taken over the last few years.

First board meeting – June 12, 2012

Motion: Fern Haight moved the meeting be adjourned @ 2:10 p.m.

Les Lye, President
Assistant

Lynne Couzens, Admin

SASKATCHEWAN SENIORS MECHANISM

CURRENT BYLAWS

SASKATCHEWAN SENIORS MECHANISM INC.
BYLAWS
May 2012

Preamble

WHEREAS Saskatchewan Seniors Mechanism (incorporated on July 24, 1989 under ***The Non-profit Corporations Act***, Saskatchewan) and the Saskatchewan Seniors Mechanism Charitable Trust (incorporated August 16, 1995 under ***The Non-profit Corporations Act***, Saskatchewan) amalgamated to form the Saskatchewan Seniors Mechanism incorporated as of June 20, 2011 under ***The Non-profit Corporations Act***, Saskatchewan; and

WHEREAS Saskatchewan Seniors Mechanism is empowered under the said **Act** to make bylaws;

THEREFORE Saskatchewan Seniors Mechanism makes bylaws as follows:

TITLE

Title

1. These bylaws may be cited as the ***Bylaws of Saskatchewan Seniors Mechanism, Inc.***

INTERPRETATION

Definitions

2. In these bylaws:
 - 2.1 “Mechanism” and “SSM” mean Saskatchewan Seniors Mechanism, Inc.
 - 2.2 “member organization” means an association of seniors which is non-discriminatory in relation to race, religion, sex, physical or mental abilities and which has been incorporated for at least two (2) years for the purpose of supporting and advancing the common interests of seniors.

OBJECTIVES

Aims and Purposes

3. **To promote the well-being and independence of seniors in Saskatchewan by:**
 - 3.1 Providing access to information and support services for seniors;
 - 3.2 Educating and training seniors regarding issues affecting them;
 - 3.3 Conducting research to identify issues affecting seniors, and solutions to address them.

MEMBER ORGANIZATIONS

- Categories* 4. Member organizations which may be represented on SSM may be province-wide, city-wide or area-wide in terms of membership, goals and objectives, and they will collectively provide a network of programs or services throughout the province.

MEMBERSHIP

- Membership* 5.1 Any organization that meets the definition of a member organization, pursuant to clause 2.2, and which has not been represented by any other existing member organization of SSM may apply for membership in SSM.
- 5.2 Every application for membership shall be subject to the approval of the Board of Directors of the SSM.
- 5.3 Any member organization may withdraw from membership in SSM by providing written notice to the Board of Directors of SSM.
- 5.4 After consultation with the member organization the Board has the right to revoke membership for just cause.

SUPPORTERS

- Supporters* 6.1
- 6.1.1 Notwithstanding the provisions of section 4 and subsection 5.1, there shall be a category known as “Supporters of SSM” which is open to any group or organization whose membership is composed primarily of persons who support and advance the interests of seniors.
- 6.1.2 Supporters of SSM may participate in activities of SSM but have no vote.
- 6.2 Every application to become a supporter shall be subject to the approval of the Board of Directors of SSM.
- 6.3 Any organization may withdraw from being a supporter of SSM by providing written notice to the Board of Directors of SSM.
- 6.4 After consultation with the supporter the Board has the right to revoke supporter designation for just cause.

DIRECTORS

- Composition of the Board* 7.1 The Board of Directors of Saskatchewan Seniors Mechanism shall be composed of twelve (12) members plus the Past President.

**Duties &
Responsibilities**

- 7.2 In principle, Directors shall serve for no more than two (2) consecutive two year terms of office.
- 7.3 The term of office of newly elected Directors shall take effect at the first meeting of the Board held after the Annual General Meeting of SSM.
- 8.1 Directors of SSM shall:
 - 8.1.1 Act honestly and in good faith, consistent with the best interests of SSM;
 - 8.1.2 Exercise due care, diligence and skill that a reasonably prudent person would exercise in comparable circumstances, to work and provide sound stewardship of the SSM resources entrusted to them; and
 - 8.1.3 Protect confidentiality on matters and information provided to them in confidence at all board and committee meetings.
- 8.2 Any director who acts in a manner inconsistent with the interests and reputation of SSM shall be deemed in conflict of interest and shall be removed from the Board of Directors in accordance with the provisions of ***The Non-profit Corporations Act***, Saskatchewan.

NOMINATIONS AND ELECTIONS

Officers

- 9. The officers of SSM shall consist of the following:
 - (a) President;
 - (b) Vice-President;
 - (c) Secretary;
 - (d) Treasurer; and
 - (e) Past President.

Vacancies

- 10.1 Except for the Past President, all officers and members-at-large shall be elected for a 2-year term at the AGM.
 - 10.2.1 Upon the prior approval of nomination by a member organization an individual shall be eligible to stand for election as an officer or member-at-large at the Annual General Meeting.
 - 10.2.2 All nominations must be received by the Nominations Committee at least 30 days prior to the AGM.

- 10.3 The Past President shall chair the AGM during the election of officers and members-at-large.
- 10.4 Election of officers shall be conducted beginning with the position of President and then continue through Vice-President, Secretary and Treasurer. The person who receives the majority of votes cast (50% + 1) shall be declared elected. If there is no clear majority then a second and subsequent ballot(s) will be held until a clear majority is achieved. In subsequent ballots, the person with the least votes will be removed from the ballot. Individuals who are not elected to one position are eligible to run for other positions.
- 10.5 Elections for members-at-large shall occur following election of officers. Members-at-large will be elected on a single ballot. Those receiving the highest number of ballots will be deemed elected (up to the required number of members-at-large). In the event that any terms are only 1 year in duration the elected member(s)-at-large with the lowest number of votes will serve out the remainder of those terms.
- 10.6 Where an officer vacancy occurs, such vacancy shall be filled by and from the Board of Directors to complete the term.
- 10.7 Where a member-at-large vacancy occurs the Board of Directors may fill such vacancy to complete the term.
- Removals
& Expulsions**
- 11.1 The Board of Directors of SSM may remove any officer by a two-thirds (2/3) majority vote of the directors whenever, in the judgement of the Board, the best interests of SSM would be served.

OFFICERS AND THEIR DUTIES

President

- 12.1 The President shall:
- 12.1.1 Assume his/her office immediately upon election.
- 12.1.2 Be the principal executive officer of SSM and it shall be his/her duty to be vigilant and active in promoting the objectives of SSM;
- 12.1.3 Generally supervise and control the business and affairs of SSM;
- 12.1.4 Keep the Executive Committee and the Executive Director aware of all undertakings carried out on behalf of the Board of Directors;
- 12.1.5 Preside at all meetings of the Board of Directors and the Executive Committee;
- 12.1.6 Be an **ex officio** member of all committees; and

12.1.7 Perform such other duties which may, from time to time, be prescribed by the Board of Directors.

Vice-President

13.1 The Vice-President shall:

13.1.1 Assist the President in the performance of presidential duties and shall act as President *pro tempore* in the absence or inability of the President; and

13.1.2 Perform such other duties which may, from time to time, be prescribed by the Board of directors.

13.2.1 The Vice-President shall automatically assume the office of President when the present incumbent is permanently unable to carry out his/her duties.

13.2.2 The completion of the term of office referred to in clause 13.2.1 shall not be considered as a term of office of President.

Treasurer

14. The Treasurer shall:

14.1 If required by the Board of Directors, be bonded for the faithful discharge of his/her duties in such sums and sureties as the board may determine;

14.2 Be responsible for ascertaining the correctness of the financial status of SSM;

14.3 Report the financial status of SSM at all board meetings;

14.4 Perform all other duties incident to the office of Treasurer; and

14.5 Carry out such other duties as may be assigned, from time to time, by the Board.

Secretary

15. The Secretary shall attend all meetings of the Board of Directors and shall ensure that minutes are kept.

CONDUCT OF BUSINESS

Management

16.1 Official cheque signing authorities shall be any two of the executive director, president, treasurer, vice-president, and secretary of SSM.

16.2 As designated officers of the Board, Bylaw 16.1 shall apply to the signing of any deeds, mortgages, loans, contracts or other instruments which are authorized by the Board to be executed.

- Voting Authority** 17. Each director present at a meeting of the Board of Directors shall have one vote.
- Meetings** 18. There shall be at least four (4) meetings of the Board of Directors in each fiscal year.
- Fiscal Year** 19. The fiscal year of SSM shall commence on April 1 of a year and end on March 31 of the following calendar year.
- Quorum** 20. A majority of voting Directors personally present at a meeting of the Board of Directors shall constitute a quorum.
- Conduct of Meetings** 21. Where not otherwise expressly provided for in ***The Non-profit Corporations Act***, or elsewhere in these bylaws, the conduct of meetings of the Board of Directors shall be governed by the latest revised edition of ***Roberts Rules of Order***.

COMMITTEES

- Committees** 22.1 The following standing committees shall be struck at the first meeting of the Board after the Annual General Meeting of SSM:
- 22.1.1 Governance Committee chaired by the Vice President;
- 22.1.2 Finance Committee chaired by the Treasurer;
- 22.1.3 Membership Committee chaired by the Secretary;
- 22.1.4 Nominations Committee chaired by the Past President; and
- 22.1.5 Other Task Groups as needed to carry out the work of SSM.
- 22.2 The Board of Directors may appoint committee members from the members of the Board or may appoint participants from the general membership of any member organization(s).
- 22.3.1 There shall be a committee known as the Executive Committee which shall consist of the:
- (i) President;
 - (ii) Vice-President;
 - (iii) Secretary;
 - (iv) Treasurer; and
 - (v) Past President.

22.3.2 The Executive Committee shall have the authority of the Board of Directors of SSM as circumstances may dictate, but all actions of this committee shall be subject to the approval of the Board at the next Board meeting.

22.4 The Board of Directors may establish *ad hoc* task groups as may be required, and appointments of members to these task groups shall be ratified by the Board.

STAFF OF SSM

- Executive* 23. The staff position of Executive Director of SSM shall be **Director** an **ex officio**, non-voting member of the Board of Directors and of each committee.
- Support Staff* 24. The Board of Directors may engage such other support staff as may be deemed necessary to carry out the day-to-day functions and operations of the SSM office.

ANNUAL GENERAL MEETINGS

- Annual General Meeting* 25. The Annual General Meeting of SSM shall be held within three (3) months of the end of the fiscal year, and in no case shall it be held later than June 30.
- Voting Delegates* 26. Except as provided in section 29, each member organization shall appoint in writing, the names of three (3) voting delegates for the Annual General Meeting.
- Proxy Voting* 27. Where a voting delegate representing a member organization expects to be absent during voting called at the Annual General Meeting, each such absent member may, through proxy in writing, transfer his/her voting rights to another member representing a quorum.
- Quorum* 28. A simple majority of voting members personally present, including proxy holders, at the opening of the Annual General Meeting of SSM shall constitute a quorum.

BYLAWS AND AMENDMENTS THERETO

- Directors may make, Amend or Repeal Bylaws* 29.1 Voting Delegates of member organizations may, by a two-thirds (2/3) majority at the Annual General Meeting by resolution make, amend or repeal any bylaws that regulate the activities and affairs of SSM **as per terms of “The Non-Profit Corporations Act”**.

29.2 The Board of Directors or any Voting Delegate may submit any Proposed bylaws or any amendments or repeal thereof to the voting delegates at the Annual General Meeting by giving 45 days notice in writing. The delegates may, by resolution confirm, reject or amend the proposed bylaws, amendments or repeals in accordance with 29.1

29.3 A bylaw, an amendment to a bylaw or a repeal of a bylaw shall be effective from the day of approval at the Annual General Meeting.

WIND-UP AND DISSOLUTION

Wind-up & Dissolution In the event of the wind-up and dissolution of the Saskatchewan Seniors Mechanism, all the property and assets shall, after the payment of all liabilities, be distributed to one or more qualified donees, and in accordance with the provisions of ***The Non-profit Corporations Act***, Saskatchewan.

SASKATCHEWAN SENIORS MECHANISM

PRESIDENT'S REPORT

President's Report
Saskatchewan Seniors Mechanism
2013 Annual General Meeting

Having completed the first year as President of the SSM has been very exciting and fulfilling. This has also meant that I have now become a full time volunteer.

The SSM over the past year has been extremely busy. We have been advocating with governments and agencies about timely seniors issues. These issues affect seniors today and for years to come. We need to be vigilant that our issues are not "swept under the carpet". We may be retired but we certainly are not going away!

Our programming continues to grow and expand. We are working diligently at becoming a truly provincial organization. We have been doing outreach and programming across the province. The events that have been held have been successful and word about the SSM as an organization is being spread across the province. Again we are working with Government and Seniors Organizations throughout the province in this effort.

The SSM is ever mindful of our member organizations. We are working very hard to meet the needs of these organizations and to do so in a timely manner. We are very pleased with the input and collaboration that we are receiving from the organizations as we move forward in defining the role of the SSM. I use the term defining as there are many changes that are occurring. We are in the process of transition. So while we deal with all the changes we also want to ensure that the organization is doing it's very best as stewards of seniors' issues at the same time being cognizant of our fiduciary responsibilities.

I have spent a lot of time over the last year working very hands on with our staff. I want to comment today on my experience. Our Executive Director does an excellent job. She is always mindful of the role of the SSM. She is respectful of the Board and the Member Organizations. All in all she is a wonderful ambassador for the SSM. Lynne brings with her a wealth of experience working at the SSM. Her knowledge of the organization is totally appreciated. She handles the front office with dedication and fervour. I also want to thank Vivian for her contribution to the SSM.

I would like to take this opportunity to thank our member organizations and our new supporter organization the Saskatchewan Association of Nurse Practitioners. I want to thank each and everyone one of you for your support. I want to thank you for your participation, guidance and dedication to seniors and our Province.

I would also like to thank all the funding organizations for their continuing support of the SSM.

I look forward to 2013-14 with anticipation. We will continue to grow and have new experiences within the SSM and with your continuing support and guidance the SSM will become only stronger and unified.

Thank you so much for this opportunity and have an excellent Annual Meeting.

Respectfully Submitted
Betty Pickering
President

**SASKATCHEWAN SENIORS MECHANISM
EXECUTIVE DIRECTOR'S REPORT**

Executive Director's Report

Saskatchewan Seniors Mechanism 2013 Annual General Meeting

Life at SSM continues to be very busy and exciting. We have been involved in some new projects while continuing some ongoing projects.

I want to share with you some of the work of the past year. More detailed reports from our committees and task groups and on some of our programs and partnerships – Housing Task Group, Century Club, Century of Memories, Elder Abuse Prevention and Response Network, Celebrating Seniors, SMART, Creating Age Friendly/Elder Abuse Free Communities, ALCOA, and Philips Lifeline – are included later in this book.

This has been the first year operating with our new elected board structure. We are still getting used to this new structure but it does seem to be working very well overall. We have tried to maintain connections with our member organizations by inviting them to submit brief reports prior to each Board Meeting and through regular communications following each Board Meeting. We have also held a member organization consultation and will be holding a meeting of the presidents and senior staff of each member organization this June. All of these communication opportunities are likely to become regular features of how we operate.

Strategic Planning – In November, we held a consultation with representatives from our member organizations to discuss what priorities SSM should be focusing on in the coming 1-3 years. In January, our Board reviewed the information from that consultation along with a work plan that outlined the current work SSM is committed to for the next 2-3 years. Out of that discussion, it was decided that the main priorities at this time will be health, housing, elder abuse, and communication with member organizations & with all three levels of government.

We held our **Annual Conference** with the theme of ‘Remembering the Future: Can Medicare and Pensions Survive?’ It was held in Regina on May 16-17, 2012. Speakers included Louise Simard on the History of Medicare, Lynn Digney Davis on the Present and Future of Medicare, Alison Hayford on Pensions, and Glen Diecs and Leanne Rein from Sask Health talking about Home Care and Longterm Care. Overall, it was a very good event.

At our AGM last year, we passed a **resolution** that “Saskatchewan Seniors Mechanism lobby the Federal Government to extend any tax credit for registration costs for wellness and/or recreation programs to seniors similar to that provided to youth.” We have had an opportunity to communicate this in a number of ways and plan to raise it through SPRA at their annual meeting and at a consultation with groups similar to SSM in the four western provinces.

Following up on our conference, we decided to hold several **Forums on Home Care, Long Term Care and Pensions**. These were held in Saskatoon, Rosetown, Melfort, Humboldt, Swift Current, Yorkton, Weyburn, Prince Albert, North Battleford and Moose Jaw. We involved people from the local health regions in the presentations. These were very well received, with people in attendance expressing appreciation of an opportunity to hear from the local health regions and to make comments on what was of concern to them. We are planning to hold several more forums next year focusing on Home Care, Long Term Care and Housing.

Government Connections – Advocacy is an important part of our mandate and it involves maintaining lines of communication with government wherever possible. In the past year we have had a number of opportunities to meet with government officials on a variety of topics and to be present at a variety of government events:

- Board Member on Stewardship Committee on Primary Health Care for the Ministry of Health
- Board Member on Community Engagement Framework for Primary Health Services Branch
- Stakeholder member continuing to work with RQHR with Regina Rural North Primary Health Care Regina Beach/Southey/Cupar
- Participated in the reference group for Medication Management in Long Term Care
- Met with Minister of Health, Dustin Duncan to introduce who we are and begin discussions on seniors' issues; he indicated willingness to meet with us on a regular basis
- Met regularly with Linda Restau and Andrew Dunn from the Community Care Branch of Saskatchewan Health about our ongoing work
- Attended budget presentation at the Legislature and after budget gathering at Minister Duncan's office
- Attended Seniors Safety First at RSCC, including government announcement regarding the Seniors Home Security Program
- Participated in meeting with federal Seniors Minister Alice Wong in Saskatoon to discuss seniors' awareness of federal programs and services available to them
- Met with Sandra McLeod, Senior Policy Analyst, Seniors and Pensions Policy Secretariat, HRSDC to discuss seniors issues (met at her request); we invited the federal Minister for Seniors Alice Wong to meet with us
- Executive Director a member of the Public Health Agency of Canada's Age Friendly Communities Reference Group and participated in 4 meetings
- We were pleased to have a number of government representatives attend our Christmas Open House and our Annual Conference

Workshops, displays and other events – Throughout the year, SSM has had the opportunity to participate in various workshops, events, meetings and tradeshow, some sponsored by member organizations and some by other groups. Some of these were:

- Spotlight on Seniors (Saskatoon Council on Aging)
- Gerontology Institute (Lifelong Learning Centre)

- Member of STOPS to Violence and attended their meetings
- Distinguished Canadian Awards Dinner (Seniors Education Centre)
- Celebrate 50+ Showcase (Regina Senior Citizens Centre)
- Two meetings of SSAI Board
- SSAI Annual Convention
- Fraud Awareness Presentations to various groups throughout the province including Maple Creek, Swift Current, Disabled Women's Network, Silver Threads (Al Ritchie Centre), Paradise Hill, North Battleford, Lloydminster
- Radio, television and newspaper promotions on various topics including Celebrating Seniors, our Annual Conference, Narrowing the Gap and SMART
- Attended Senior Power Christmas gathering
- Attended Lifelong Learning Centre Christmas gathering
- Met with SCOA Executive Director and Co-chairs regarding how we can collaborate on age friendly communities work
- Met with Women of the Dawn regarding ongoing connections
- Attended SPRA Annual Conference and Meeting
- Participated in meetings planning for Sask 211 phone line
- Participated in CMHC Housing Outlook Conference
- Tested a new online application procedure for SPRA grants
- Attended Regina Senior Falls Prevention Committee meetings
- Corresponding participant with Saskatoon Falls Consortium
- Attended meetings as part of the Saskatchewan Mental Health Coalition
- Attended meetings of Seniors Healthy Living Program
- Participated in Saskatchewan Association of Non-Profit Organizations Summit
- Display at Tornado Tea
- Attended Trusted Regina Launch
- Had supper and annual meeting with supervisor of Philips Lifeline, who we partner with
- Participated in Canadian Institutes of Health Research 'Team Grants in Community-Based Primary Healthcare' webinar
- Participated in Health Council of Canada 'Canadian Home Care Priorities for Seniors: What Can We Learn From Australia?' webinar
- Attended Regina Beach Primary Care official opening
- Attended celebration of 50th anniversary of Medicare at Community Clinic
- Display and presentation at Yorkton Seniors Expo
- Attended SPRA focus group on new processes and forms for grant applications and reporting
- Attended announcement regarding increase to Seniors Income Plan
- Attended Advance Practice Nursing (Nurse Practitioners) meeting in Saskatoon put on by the U of S College of Nursing
- Wrote article about SSM for Canadian Pensioners Concerned
- Wrote article about the Century Club for SPRA's *Directions* magazine
- Presentations on Elder Abuse at STS annual convention

- Display at FSNA Provincial Conference
- Attended SPRA Consultation Session regarding how SPRA relates to the National Recreation Agenda
- Attended two days of workshops on Sponsorship
- Presentation on Elder Abuse for STOPS to Violence

In mid November we held our event on fitness for older adults, **Narrowing the Gap**, particularly for those with chronic health concerns. The first day focused on introducing the **Forever...in motion** program and on a variety of options on fitness and chronic disease management for older adults. This was followed by a two day “Train the Trainer” event for the **Forever...in motion** program. Overall, the event should result in more fitness opportunities for older adults throughout the province.

We have continued our quarterly publication of **Gray Matters**. We are presently printing 28 pages each issue. This year we were able to again include four pages of colour in one edition to showcase the Celebrating Seniors Award recipients. We have also increased the number of copies we print to allow for increased distribution at events and an increase in our regular mailing list. The use of *In Design* software is allowing us to produce *Gray Matters* more easily and allows for some new options in how the publication looks. Advertising space is being snapped up very quickly these days. Perhaps an indication that both *Gray Matters* and SSM are better known in the community. *Gray Matters* is becoming more of a magazine and less like a newsletter, a shift that is reflected in the increasing size and the new look of the front cover.

We continue to receive requests to purchase our book ***Precious Memories of Prairie War Heroes***.

Publicity – We have been doing more advertising about our organization and events including a ½ page ad in the TV Times every 4 weeks in both the Leader Post and Star Phoenix. We are trying to do more advertising in some of the smaller newspapers and in some special topical inserts in newspapers. We have also included information in Tourism Regina which is distributed through the Leader Post and Star Phoenix and in a special anniversary edition of the LeaderPost.

We held our annual **Christmas Party** in December. We had an excellent turn out with greetings from provincial government, opposition, and the mayor of Regina.

Pension contributions for staff – The SSM Board has been aware for some time that we are an organization that supports provision of adequate pensions and yet SSM has had no pension plan of any sort. This year we began to address this by providing a contribution towards pension funds for each staff member.

We continue to operate a **Seniors Information Line** to provide information and/or assistance on a variety of issues, including financial abuse, mental or physical abuse, scams, health, recreation, etc. All calls are answered by an individual who is able to

access information and refer the individual to the proper channels.

We continue to update and expand our **Website**.

Supporter of SSM – We are promoting SSM to groups that may be interested in establishing an ongoing connection with us but would not qualify as member organizations. We are very pleased to welcome our first organization as a Supporter of SSM, the Saskatchewan Association of Nurse Practitioners.

Amalgamation – We are still awaiting the final piece to complete the amalgamation of Saskatchewan Seniors Mechanism Inc. and Saskatchewan Seniors Mechanism Charitable Trust Inc. The amalgamation is complete with the Corporations Branch and we are waiting on The Charities Branch to make the shift in our name as it relates to our charitable number.

SSM's work and presence in the province continue to increase. We are continuing to strengthen relationships with our member organizations and to build partnerships with a variety of other groups. Working together gives us greater impact as we work on addressing issues of concern to seniors.

In closing I want to thank everyone connected with SSM for their commitment and hard work. Lynne Couzens, our Office Administrator, continues to be a dedicated member of our team and does excellent work in a variety of areas. Our Program Coordinator, Vivian Lutzko, put effort into a variety of programs and tasks this year. Our Board Members and all the people on various committees and task groups have given their time and wisdom to make our programs and projects possible. I want to thank them for their ongoing diligence and commitment to the work of SSM.

Respectfully submitted,
Holly L. Schick

**SASKATCHEWAN SENIORS MECHANISM
PROGRAM REPORTS**

Century Club

Committee Members: Ken Mitchell
Trevor Quinn
Marilyn Lorence
Jack Boan

The Century Club was formed to honour seniors who have reached the age of 90 and are determined to continue living in as full and active a style as possible to the age of 100 and beyond. The Club provides a network for nonagenarians who wish to establish new friendships and provide mutual support. Approximately 250 people are members of the Century Club. The Saskatoon Council on Aging facilitates the operation of the Saskatoon Chapter of the Century Club. Thanks to SaskTel Pioneers Chapter 59 who have hosted several Century Club Gatherings for Regina and area this year. In January 2013, a Robbie Burns Day gathering was held at Wintergreene Estates in Regina.

We dedicate two pages in *Gray Matters* to the Century Club. This year we have been printing biographies & 'memories' that have been submitted by Century Club members. This is in conjunction with our project 'A Century of Memories'. Every club member receives a copy of *Gray Matters* on a quarterly basis. Each of them also receives a birthday card each year.

We continue to send out greetings at various times of the year in order to promote more interaction with Century Club Members. This year we mailed out greetings to each Century Club Member in the Summer and in the Fall. In these letters we are inviting them to share memories about that particular time of year or a memory of their choice. Sharing memories is very meaningful to this age group.

We continue to receive notes and phone calls of appreciation for the opportunities the Century Club affords those who are participating as well as those who come as their guests.

Thanks to the SSM Century Club Committee members Ken Mitchell, Trevor Quinn, Jack Boan, and Marilyn Lorence for all the time and energy they devote to this piece of our work.

Respectfully submitted,
Holly Schick
Executive Director

Celebrating Seniors

Committee Members: Wayne Rutten (Chair)
Chuck Ames
Fern Haight
Lynn McCaslin
Dale Williams
Kathy Lye

The third annual SSM Celebrating Seniors Awards was held at the Delta Regina Hotel on September 30th, 2012. These awards pay tribute to the volunteer work that seniors do and provide opportunities to help people become aware of the contributions made to many aspects of life in the province.

Guest speaker, Senator Raynell Andreychuk, highlighted the many reasons to celebrate Saskatchewan and the important role volunteers, particularly older adults, have played in the formation of the province and continue to play in maintaining vibrant communities.

The MC for the award ceremonies was Ruth Smillie, artistic director of Globe Theatre. Written greeting from SSM's Celebrating Seniors Awards honorary patron, Lieutenant Governor Vaughn Solomon Schofield were read. Other guests presented greetings: MLA Gene Makowsky, on behalf of provincial government, councilor Fred Clipsham on behalf of City of Regina, Lela Arnold, area director for Region 4, on behalf of Métis Nation of Saskatchewan and Betty Pickering president of SSM.

The following is a list of all the Nominees and the Award Recipients for the 2012 Awards Ceremony:

Education

Award Recipient: **Jeanette Dean**
Dr. Vesper Adams
Barb Thompson

Advocacy

Award Recipient: **Wes Norheim**

Contribution to a First Nations or Métis Community

Award Recipients: **Evelyn Linklater & Florence Highway**

Community Leadership (Rural)

Award Recipient: **Gerald Garner**

Community Leadership (Urban)

Award Recipient: **Douglas Barss**

Fitness

Award Recipient: **Dorothy Fitzer**
Audrey Atchison

Teamwork

Award Recipient: **SaskTel Pioneers Infant Hearing Assessment Program Volunteers**

Fine Arts

Award Recipient: **Smile A While Bonnie Barnes & Larry Lawryk**
Joan Boyko

Heritage & Culture

Award Recipient: **Louis Stringer**
Dennis & Jean Fisher
Clemence (Bunty) Manz
Marion Mutala
April E.B. Sampson

Centenarian

Award Recipient: **Antoinette Simard**
Mabel McTavish
Jean Elspeth Thomas

Lifetime Achievement

Award Recipient: **Marie Mathers-Ross**
Lee Beck

Senior Friendly Business

Award Recipient: **The Medicine Shoppe Pharmacy (Rochdale, Regina)**
The Safeway Store, 13th Ave, Regina

A special thank you is extended to all of the sponsors who provide support to the awards program.

To the staff at SSM and awards committee: Thank you for your input, commitment and dedication to ensure another successful Celebrating Seniors Awards function.

Respectfully submitted
Wayne Ruten
Chair

Century of Memories

We continue to work towards producing a book called ***A Century of Memories*** which will include stories and recollections of Saskatchewan residents 90 years of age and older. We are also inviting the submission of stories or memories written by people who have passed away but who would be 90+ if they were alive today. Original funding for the collecting of the stories is through New Horizons for Seniors, Human Resources and Skills Development Canada.

We have had many wonderful stories submitted and we have used a number of them in Gray Matters and in presentations to groups and on radio. In this way we are able to acknowledge the wisdom, history, joys and sorrows contained in those stories. We are inputting all the stories into the computer (almost all of them come to us as hard copies) in preparation for the book. We will continue to collect stories as we prepare for the book.

The biggest promotion of the project has been by distribution of brochures, newspaper advertising, and promotion at trade shows and conferences. We get many phone calls and letters in response to people having seen the information. A variety of people have become volunteer story collectors – friends, family, and others in the community. There have been many phone calls from people asking about collecting stories from others. There have also been many phone calls from seniors who are themselves 90+ and want to know if their story is worthy of submitting. This usually involves them telling us at least some of their story over the phone, wondering if it is significant enough to submit. We are able to assure them that it is indeed a great story and something they should send in. All the stories are wonderful bits of our heritage and worthy of inclusion in the book.

This project has resulted in further interest in our Century Club as people who send in stories want to remain connected.

Respectfully submitted,
Holly Schick
Executive Director

Housing Task Group

Committee Members: Kurt Holstein, (chair)
Chuck Ames
Jackie Sutyla
Andre Nogue
Brian Huggins
Betty Pickering (ex officio)

During the last year the committee met on 5 occasions.

The last 3 meetings concerned the organization of the SSM Annual Conference at Weyburn, SK. (*Finding the Keys, A Summit on Seniors' Housing*). Brian Huggins submitted information for an overview of the topic and K.A. Holstein on personal stories.

We had a representative at the 2013 Saskatchewan Housing Outlook Conference in February.

We did not attend the Regina Mayors' Housing Summit due to the significant cost involved. However, Brian Huggins did attend the alternate summit on our behalf.

The committee acknowledges with sincere appreciation Holly Schick, Executive Director, and Betty Pickering, SSM President, for their advice and guidance.

Respectfully submitted
K.A. Holstein
Chair

Elder Abuse Prevention Network

Committee Members: Charles Keple, (chair)
Al Schell
Joan Lidington
Debra Harris
Betty Pickering

BACKGROUND

The SSM has been concerned with Elder Abuse for over a decade. SSM promoted greater awareness in general, and conducted focused research with respect to community resources. SSM created an EA Steering Committee in 2010, and built on partnership with several member organizations and others agencies (*Saskatoon Council on Aging (SCOA); Prince Albert and Area Community Against Family Violence; the South West Council on Aging; the U of R Lifelong Learning Centre; N.I.C.E. (National Initiative for Care of the Elderly) and the B.C. Community Response Networks*). Since 2010 SSM has sponsored public awareness Round Tables or Workshops in Saskatoon, Yorkton, Swift Current, North Battleford, Nipawin and Regina.

SSM member organizations continue to promote awareness in a number of ways, which is particularly gratifying because for over a decade, research has shown that “awareness promotion” is the most effective role for laypersons in general and “seniors” groups in particular. These programmes benefited from the federal government’s well-funded “It’s Time to Face Reality” campaign.

The EA Steering Committee formulated a matrix in an attempt to provide an overall structure to the many components of Elder Abuse. The PREAM (Prevention and Response to Elder Abuse Matrix) itself reflected some of the perplexing characteristics of the entire Elder Abuse subject, which remains a complex and too often confusing label for an extensive array of attitudes and behaviours deleterious to most seniors. The PREAM’s complexity was reduced by 85% and still found to be too complicated; a reality shared by the subject of Elder Abuse too. There’s some evidence that public interest has waned, whether by boredom or apathy, to the extent that the quality of many awareness-raising sessions have slipped noticeably.

2012/2013 DEVELOPMENTS

At the initiative of the SSM Executive Director, a multi-disciplinary partnership was created to identify a general Elder Abuse response or intervention capability, with some relatively simple referral mechanism. The results of that initiative have been spectacular, with Mobile Crisis forming the nucleus of the response resources. There is a very promising potential for a 24/7 senior abuse and neglect victims telephone line within the near future.

Respectfully submitted,
Charles Keple
Chair

SMART

(Seniors Maintaining Active Roles Together)

Steering Committee Members: Gerri Wood
Mike Kaminski
Marj Thiessen
Tracy Thompson
Kathy Lye

In 2012-2013, SSM received a grant for \$25,000 from the Community Based Projects: New Horizons for Seniors Funding Program. Projects must be led or inspired by seniors and our objective fell within promoting volunteerism, mentoring and social participation with Seniors Maintaining Active Roles Together. This funding enabled our committee to share their knowledge, skills and experiences with seniors from around the province.

On September 11, 2012 our committee met and we began our project which involved creating volunteer workshops for older adults. Our workshops involved seniors who want to volunteer, seniors who volunteer and local non-profit organizations. Topics addressed during the workshops were Senior Population Trends; Recruitment, Retention and Recognition; What do I have to give? How to be a Stronger Volunteer; Networking and Information; and Self Care.

We had our first workshop in Regina, and then took the workshops to Swift Current, Yorkton and Prince Albert. In Regina we had a full house. The weather played havoc with us preventing participation from the seniors in the rural areas of Swift Current. On April 10, 2013 in Yorkton, we had a beautiful day with participants from Theodore, Invermay, Canora, Kamsack, Insinger, Atwater, Preeceville and Yorkton for this workshop. Prince Albert had a smaller turnout with some of the participants driving in from Warman and Shellbrook.

Overall, the response was tremendous. Participants wanted us to come back next year! The non-profit organizations were excited with the Networking and Information session where they were asked to give a 3-5 minute talk about volunteer opportunities within their organizations. Who knew there was a volunteer opportunity at the SPCA to read aloud to dogs to get them used to a calm voice? Or the "Messy Hands" program with the Newcomer Welcome Centre for children and volunteers? A program Coordinator from one of the organizations said, "The workshop was refreshing and informational because it was presented from a senior volunteer's perspective!" A participant commented, "Love that the facilitators were seniors who are volunteers and were speaking and presenting on behalf of seniors who volunteer." Thank You!

Respectfully Submitted,
Vivian Lutzko
Program Coordinator

Age Friendly/Elder Abuse Free Communities

Committee Members: Robert Wuschenny (chair)
Ron Monk
Linda Anderson
Marj hiessen
Kerrie Strathy
Betty Nippi-Albright
Betty Pickering

On September 7, 2012, we began the three year project *Creating Age Friendly/Elder Abuse Free Communities (CAF-EAF)*. This project is funded through a federal government grant from New Horizons for Seniors. Our project focuses on rural, small urban and aboriginal communities.

The Public Health Agency of Canada (PHAC) leads the Age Friendly Communities initiative nationally. This initiative “seeks to engage older Canadians and their communities in making their communities better, healthier and safer places for seniors to live and thrive”. Creating age friendly communities overlaps with addressing the risk factors for elder abuse. Many of the same things that build communities which are safer, healthier places for all people will also reduce the risk of elder abuse. Helping communities assess their current situation, plan to take action, and access resources to assist them in creating age friendly communities are key components in the prevention of elder abuse. Age friendly communities are places where everyone is respected and valued and therefore are places where elder abuse is less likely to happen. The two concepts – prevention of elder abuse and creation of age friendly communities – are symbiotic ideas.

The initial communities we are working with are Buena Vista and Regina Beach. The two mayors and town councillors, Leisure Time Club, Lions Club, Lioness Club and the Seniors' Village all agreed to participate.

We prepared and distributed 1000 surveys in the communities. 79 were returned. The results were shared at a Roundtable Discussion held in the communities.

At the end of the discussion, the Buena Vista and Regina Beach residents felt that their communities were mostly age friendly. They did identify some areas where there could be changes to make their communities even more age friendly.

SSM will continue to support these communities as they form a committee to take the next steps forward to attain an age friendly designation for Buena Vista and Regina Beach. There are currently no provincially designated Age Friendly Communities in Saskatchewan. The survey results and information collected will be used in creating resource handbooks that will be distributed to communities working towards being age friendly and elder abuse free.

SSM is planning to host a discussion with SARM, SUMA, Saskatchewan Ministry of Health and some of our member organizations to discuss ways in which we can recognize and support communities in Saskatchewan as they move towards becoming Age Friendly.

Together, we'll identify ways to effectively respond to our aging population, and to address accessibility, safety and inclusion for people of all ages.

Respectfully submitted,
Vivian Lutzko
Program Coordinator

**SASKATCHEWAN SENIORS MECHANISM
COMMITTEE REPORTS**

Finance Committee Report

Saskatchewan Seniors Mechanism 2013 Annual General Meeting

Committee Members: André Nogue, Chair
Betty Pickering
Les Lye
Maxine Stinka

The committee has continued the practice of meeting to review the monthly financial reports prior to each Board Meeting. This allows the opportunity to obtain clarifications and, on occasion, make recommendations which are then presented to the Board for consideration.

One such recommendation made to the Board dealt with the review and adjustment to the travel rates. Another recommendation led to the decision of modestly contributing towards permanent staff pensions. Finally, the committee reviewed and made recommendations for the adjustment of the staff salary grid in the context of expanding program and project responsibilities.

I want to thank the members of the committee for their continued cooperation and good advice. My thanks to Holly and Lynne for the support they provide to the committee, and to our bookkeeper for the timely and accurate preparation of the financial reports.

Respectfully submitted

André Nogue
Treasurer

Note: Auditor's Report 2012-2013—See Appendix A

Appointment of Auditor
Saskatchewan Seniors Mechanism
2013 Annual General Meeting

Motion: Mintz and Wallace be reappointed as auditor for 2013-2014

Moved by : Andre Nogue

Seconded by:

Governance Committee Report

Saskatchewan Seniors Mechanism 2013 Annual General Meeting

Committee Members: Charles Keple, Chair
Kerrie Strathy
Robert Wuschenny
Betty Pickering
Maxine Stinka
Les Lye

BACKGROUND

The Governance Committee has a broad mandate to research subjects referred to the committee by the Board. The 2012-2013 year was the implementation year of new SSM bylaws, election protocols and governance procedures, which are the topics that would normally be the principal focus of the Governance Committee. It is not practical or necessary to examine such aspects concurrent with trying to adapt to the new system.

GRANT CRITERIA

The subject of Grant Criteria had been raised by the former Board in late Winter 2012, and was referred to the incoming Governance Committee. The committee struggled to find time for informed discussion, and on the fourth attempt reached a draft iteration which was presented to the Board. The Board agreed that it needed further work on the wording but it would form the basis for drafting a new application form. The criteria will be reviewed at the President's and Staff gathering in June.

Respectfully submitted,
Charles Keple
Chair

SASKATCHEWAN SENIORS MECHANISM

OTHER REPORTS

Grants Report
Saskatchewan Seniors Mechanism
2013 Annual General Meeting

Core Funding:

Core Funding:

Saskatchewan Seniors Mechanism receives its core funding from:
Saskatchewan Parks and Recreation Association
Saskatchewan Health

Funding from these sources provides money for day-to-day operations and the delivery of certain core programs for seniors. Core SSM programming includes such things as: the quarterly publication of our newsletter *Gray Matters*, a Seniors Information Line, research on seniors issues, advocacy, an annual conference to raise awareness about seniors concerns, bringing seniors groups together to facilitate opportunities to work together, the Century Club, events, retreats, and many others.

CORE FUNDING for 2012-2013:

Saskatchewan Health	\$48,091
Saskatchewan Parks and Recreation Association (Sask. Lotteries)	\$188,400

Member Organizations' Program Funding:

A portion of the funding from Saskatchewan Parks and Recreation supports member organizations' programs that focus on active living.

In 2012-2013 those grants were distributed as follows:

Saskatchewan Senior Fitness Association: 55 Plus Games / Workshops, Clinics & Meetings / Walking Program	\$15,585
Lifelong Learning Centre: Live and Learn to Age Well & Aboriginal Grandmothers Caring for Grandchildren	\$30,100
Saskatchewan Seniors Association Inc.: Member Newsletter	\$9,000
Saskatoon Council on Aging: Saskatoon Century Club	\$419,808
Regina Senior Citizens Centre: Celebrate 50+ Showcase	\$10,000
Fédération des Aînés Fransaskois: Caregivers Workshops	\$5,000

SSM Program Funding:

In addition to the Core Funding, SSM has received a variety of grants over the years which have enabled particular programs and projects. In 2012-2013 the following grants enabled specific pieces of work:

Century of Memories (federal government New Horizons for Seniors) – a project to collect stories from seniors 90 years of age and older. \$25,000

Age Friendly/Elder Abuse Free Communities (federal government New Horizons for Seniors – Elder Abuse Awareness) – to raise awareness among older adults and communities to help make their communities better, healthier, and safer places \$316,816 (over 3 years)

SMART – Seniors Maintaining Active Roles Together (federal government New Horizons for Seniors) – to promote good experiences for seniors volunteers and volunteer organizations \$25,000

Elder Abuse Network (federal government New Horizons for Seniors – Elder Abuse Awareness) – to establish a provincial elder abuse network and resource directory/inventory \$153,880 (over 3 years)

Please note that this listing relates to work that occurred all or in part in the 2012-2013 fiscal year. In some cases the grant money and/or the work overlaps more than one year.

Respectfully submitted,
Holly Schick
Executive Director

Philips Lifeline Saskatchewan

Saskatchewan Seniors Mechanism

2013 Annual General Meeting

Terri Berglund

Program Manager

Lifeline Saskatchewan xc236

Total Active Subscribers: YTD March 2013: 1133

2012 Achievements

Strong rapport has been established with our partner, Saskatchewan Seniors Mechanism, for over 13 years and has resulted in an increase in referrals and organic growth. Executive Director, Holly Schick has given me the opportunity to present new innovations from Philips Lifeline and distribute marketing material to board members twice in 2012. Holly, Lynne and Vivian continue to refer people in need of the service via phone, email, and walk-ins as well as promoting our service at all events they attend. SSM board members and their organization members have also referred clients to the Lifeline service resulting in installations. SSM's Annual Conference in Regina in May and "Celebrating Seniors" in Sept were both great successes and gave me the opportunity to educate new attendees as well as update existing ones on the Lifeline service. Saskatoon Council on Aging in Saskatoon gave me the opportunity to educate at their caregiver support group meetings and displays in various facilities in Saskatoon where the attendees saw value in the service and many had Lifeline installed for their loved ones. They invited me to their yearly Conference in Saskatoon "Spotlight on Seniors" with attendance of 600+ seniors and their families rural and urban). One page ads in Gray Matters in all quarterly editions and our upgraded link to the SSM webpage have given Lifeline increased exposure and installations. I am proud to educate people in my travels about the value of the SSM and to support the SSM with partnership fees and rental fees paid quarterly.

Ongoing:

- Continue to build rapport with VAC (Veterans Affairs Canada) in Regina and Saskatoon offices with sales calls and updates - VAC does refer veterans regularly each month to the Lifeline service.
- Royal Canadian Legion- continue to build rapport with the 244 Legions in SK replenishing in my travels throughout SK. Since Philips Lifeline's partnership with the Royal Canadian Legion nationally in Jan/08 Lifeline continues offering the legion members 2 months free for the Lifeline service for themselves, family, or friends. Lifeline will have a display at their conference in North Battleford Oct 19-21/13.
- I attended and had display booths at numerous national, provincial and local conferences, and education days for a variety of healthcare professionals- SAOT (SK

Association of Occupational Therapists), SRNA (SK Registered Nurses Association), Diabetes Educators Education Day, Nurse Practitioners, Gerontology Institute.

- Displays at numerous conferences and trade shows locally and provincially, attended primarily by seniors organizations, seniors and their families/caregivers but also healthcare professionals-Spotlight on Seniors, Seniors Safety Expos, in numerous locations in SK, Caregiver Support groups in Saskatoon and Moose Jaw.
- Total of 55 Healthcare Professional in services completed in 2012.
- A total of 28 seniors' presentations in 2012
- Displays at wellness and falls prevention clinics/ fairs in seniors' centers and residences, urban and rural

Developing and maintaining provincial and community relationships through visits and meetings to:

- All hospitals and health centres (healthcare professionals-nurses, nurse practitioners, physicians, therapists, social workers, discharge planners)
- Provincial Home Care
- Community Health Nursing Services in First Nations Communities
- Private Home Health Care Services
- Seniors Healthy Living Program
- Private Duty nurses-primarily Regina and Saskatoon
- Community Clinics/Family Services
- Physicians' offices
- Podiatrists
- Footcare clinics
- Pharmacies
- Day Programs/ Convalescent care, Extenders/Transitional and Quick Response Units
- Allan Blair Cancer Centre
- Veteran Affairs Canada (VAC) Regina and Saskatoon offices
- Saskatchewan Safety Council
- Emergency Medical Services
- HealthLine
- Mental Health and Addictions Services
- VON-Saskatoon and Moose Jaw
- Schools of Nursing
- Physiotherapy and Rehabilitation Clinics in Community
- Caregiver Support Groups-Saskatoon and Regina
- Seniors Education Centres
- Other health-related organizations: Parkinson's Foundation, Canadian Diabetes Association, Alzheimers Society, Multiple Sclerosis Society, Arthritis Society, ALS Society, Osteoporosis Society, Saskatoon Balance and Dizziness Centres, Post Polio Regina, Gerontology Association, CNIB, Stroke/Caregiver Education Program, Saskatchewan Voice of People with Disabilities, SK Aids to Independent Living

- Other groups- various seniors centres and groups in seniors complexes and churches.
- First Nations: In services and sales calls to bands in SK, Directors and Home care nurses have resulted in installs, many being funded by the bands from the Community Development Corporation and the local casinos.
- SFIPS (SK Falls Injury Prevention Strategies) I have been a board member since its inception in Nov/06 to develop provincial strategies for prevention of seniors' falls.
- Regina and area Seniors Falls Prevention Committee-member

Philips Lifeline Marketing Resource Team: assisted with multiple pilot projects in introducing new marketing tools to referral sources and gathering information from referral sources to discover their needs.

Home Service Representatives (Lifeline installers): recruited prospects, collected resumes, and completed face to face interviews and orientation training. I have also trained some of my Home service Representatives (Lifeline installers) to man Lifeline displays at tradeshows and present at seniors buildings

Actively participated and helped organize 2 successful Home Service Representative Workshops annually in Regina (at SSM office) and Saskatoon in June/2012

Assisted with training of new Philips Lifeline Community Representatives from MB and BC.

2012 Canadian Philips Lifeline Awards:

- Achievement Award for Western Canada
- "Spreading the Word"
- Surpassing Quota Award

Thank you SSM for the many opportunities you have given me to provide the people of SK with a better quality of life, save lives with the Lifeline service, and grow the Philips Lifeline program in Saskatchewan!



ALCOA Representative Report **Saskatchewan Seniors Mechanism** **2013 Annual General Meeting**

I continue to serve as an ALCOA Guardian (i.e. member of the *Board of Directors*) and have participated in their regular teleconference meetings. Our relationship to ALCOA continues to be an important partnership in which we have opportunities to share ideas on possible activities and resources, seeking to work together with other organizations across the country where possible.

ALCOA, like many non-profit agencies, is dependent on grants and sponsorship revenue to support its activities. This is an ongoing challenge and establishing sustainable funding is a priority for ALCOA. The Executive agreed to lay off the Executive Director, and hire her on in a contract position for 4 days every two weeks, until the end of September 2013. Should additional funding become available prior to September, the Executive Director would be rehired as an employee of ALCOA.

ALCOA Guardians gave their support to **BILL C-460** which is an act respecting the implementation of the Sodium Reduction Strategy for Canada.

ALCOA continues to produce an online publication called ***Silver Times***. It has some excellent content and can be viewed at www.silvertimes.ca Member organizations of ALCOA were invited to put an ad on the Silver Times website. SSM did this and it has been running there since January. We promote this website in *Gray Matters*.

ALCOA received funding from the Public Health Agency of Canada to enhance the Leaders Guidebook for 'Your Passport to Health Living' and create a full workshop template with resources, promotional material, and a step by step workshop planning guide. These resources are related to diabetes prevention workshops. Resources are available on the ALCOA website www.alcoa.ca

Respectfully submitted,
Holly Schick
ALCOA Representative

**SASKATCHEWAN SENIORS MECHANISM
NOMINATING COMMITTEE REPORT**

Nominating Committee Report

Saskatchewan Seniors Mechanism 2012 Annual General Meeting

Committee Members: Les Lye, Chair

The role of the Nominations Committee members is to organize nominations to the Board & Committees.

This year there are six (6) people completing a one (1) year term. These positions are up for election. As well one individual elected for a two (2) year term has resigned. This position is also up for election.

The Nominations Committee has asked members and individuals if they are interested in running for the Board. There have been discussions with SSM committees to encourage their members to put their names forward.

As a result of the work of the Nominations Committee, nominees listed on page 69 are placed before the Annual Conference.

Respectfully submitted,
Betty Pickering, President
On behalf of Les Lye, Nominations Committee Chairperson

Nominees

Saskatchewan Seniors Mechanism 2013 Annual General Meeting

Secretary

Isobel Fowler
Margaret Gailing

Treasurer

Andre Nogue

Members at Large

Linda Anderson
Shirley Arnold
Isobel Fowler
Margaret Gailing
Brian Huggins
Mike Kaminski
Wilma Mollard

**SASKATCHEWAN SENIORS MECHANISM
RESOLUTIONS**

SUBMISSION OF RESOLUTION #1 — Tax Compensation

To: SSM Resolution Committee

Date: February 8, 2013

Sponsored by Superannuated Teachers of Saskatchewan

Moved by:

Seconded by:

BE IT RESOLVED that the taxation system be used to compensate the surviving spouse (or equivalent) who, when filing income tax, is not in a position to take advantage of such provisions as pension splitting, property ownership sharing and the allocation of charitable contributions or medical expenses as ways of reducing their taxable income.

SUBMISSION OF RESOLUTION #2 — No Fee Seniors' Drug Plan

To: SSM Resolution Committee

Date: February 25, 2013

Sponsored by Superannuated Teachers of Saskatchewan

Moved by:

Seconded by:

BE IT RESOLVED that SSM encourage the Government of Saskatchewan to develop a strategy to achieve a no fee Saskatchewan Seniors' Drug Plan.

Background:

Resolution passed by STS:

BE IT RESOLVED that the STS develop a strategy with the Government of Saskatchewan to achieve a no fee Saskatchewan Seniors' Drug Plan.

SUBMISSION OF RESOLUTION #3 — Diabetic Supplies

To: SSM Resolution Committee

Date: June 5, 2013

Sponsored by Saskatchewan Seniors Association Inc.

Moved by:

Seconded by:

BE IT RESOLVED that the Government of Saskatchewan provide free of charge all needles, test strips and lancets required for diabetics.

Background:

- The Government of Saskatchewan goes to great lengths to provide injection needles and other supplies to know drug addicts.
- Needles, test strips and lancets are not covered under some of the private health (e.g. Blue Cross) Insurance.

SUBMISSION OF RESOLUTION #4 — School Taxes

To: SSM Resolution Committee

Date: June 5, 2013

Sponsored by Saskatchewan Seniors Association Inc.

Moved by:

Seconded by:

BE IT RESOLVED that SSM lobby the Government of Saskatchewan to also apply a reduced rate (2.67 mills) for seniors paying school tax on home place residential property.

Background:

- Many seniors are having extreme financial difficulties in fixed incomes.
- Seniors have had many increased costs—rents, gasoline, dispensing fees, ambulance, etc.
- Farmland that generates income, has insurance protection, and government programs to ensure annual viability, school taxes on those farmland properties have been reduced to a very low amount (8-10 mills down to 2.67 mills).

Resolution passed by SSAI:

BE IT RESOLVED that SSAI through SSM lobby the Government of Saskatchewan to also apply a reduced rate (2.67 mills) for seniors paying school tax on home place residential property.

SUBMISSION OF RESOLUTION #5 — Property Tax Exemption for Seniors' Centres

To: SSM Resolution Committee

Date: June 5, 2013

Sponsored by Saskatchewan Seniors Association Inc.

Moved by:

Seconded by:

BE IT RESOLVED that all senior centres be exempted from all property taxes in the Province of Saskatchewan.

Background:

- A senior depopulation is occurring in rural Saskatchewan.
- Senior centres are facing many financial challenges in keeping their centre operational.

SUBMISSION OF RESOLUTION #6 — Seniors' Housing

To: SSM Resolution Committee

Date: June 5, 2013

Sponsored by Saskatchewan Seniors Association Inc.

Moved by:

Seconded by:

BE IT RESOLVED that the Saskatchewan Seniors Mechanism t pursue the problem of adequate seniors' housing with more diligence with the Saskatchewan Provincial Government.

Background:

- Seniors housing is totally inadequate in Saskatchewan.
- The number of seniors requiring housing continues to grow each year.

Resolution passed by SSAI:

BE IT RESOLVED that the Saskatchewan Seniors Association direct the Saskatchewan Seniors Mechanism to pursue the problem of adequate seniors' housing with more diligence with the Saskatchewan Provincial Government.

SUBMISSION OF RESOLUTION #7 — Funding for Seniors' Centres

To: SSM Resolution Committee

Date: June 5, 2013

Sponsored by Saskatchewan Seniors Association Inc.

Moved by:

Seconded by:

BE IT RESOLVED that the SSM ask the Saskatchewan Government to seriously consider the request of SSAI to give senior centres, that are in need, access to financial grants that are now available to community arenas.

Background:

- The Saskatchewan Government through the Parks and Recreation Department has approved financial grants to assist a number of community arenas, and as our Seniors Association recognizes the important role these facilities play in providing recreational services to our communities we fully support this program
- Our Seniors Association is extremely disappointed that we have been excluded from this grant program. Many of our senior centres are in need of financial support so that they may continue to provide and maintain the activities that our seniors are able to take part in. Some of the smaller clubs have limited resources and are in need of the type of program, such as the one put into place to assist our community arenas.
- Many of the seniors of today were instrumental in the establishment of our present day arenas and deserve a place where they can socialize and participate in activities. They should not be over looked in their "Golden Years".

SASKATCHEWAN SENIORS MECHANISM

OTHER

SASKATCHEWAN SENIORS MECHANISM

VOTING DELEGATES

SSM ANNUAL GENERAL MEETING – 2013

1. Charles Keple 2. Andre Nogue 3. Bill Taylor	National Association of Federal Retirees
1. 2. 3.	Fédération des aînés francsaskois
1. Shirley Arnold 2. Joanne Corbett 3.	Regina Senior Citizens Centre Inc.
1. 2. 3.	Saskatchewan Retirees Association
1. Betsy Redstone 2. Isobel Fowler 3. Lorna Weldon	Saskatchewan Seniors Association Inc.
1. Line LeRuyet 2. Kerrie Strathy 3. Marj Thiessen	Lifelong Learning Centre
1. Margaret Gailing 2. Fred Lowenburger 3. Walter Kot	Saskatchewan Senior Fitness Association Inc.
1. Wilma Mollard 2. Candace Skrapek 3. Muriel Baxter	Saskatoon Council on Aging
1. Ray Zelowsky 2. Doris Dietrich 3.	Senior Power

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| 1. Al Schell
2. Mike Kaminski
3. Maxine Stinka | Superannuated Teachers of Saskatchewan |
| 1. Ron Monk
2. Maureen Eckstein
3. Fran Passmore | Saskatchewan Federation of Union Retirees |
| 1.
2.
3. | SaskTel Pioneers Chapter 59 |
| 1.
2.
3. | Women of the Dawn |
| 1.
2.
3. | Canada Post Heritage Club – Golden Sheaf Chapter |
| 1.
2.
3. | Moose Jaw & District Seniors Association |
| 1. Brian Huggins
2.
3. | Power Pioneers Assoc. of Saskatchewan Inc. |

Appendix A