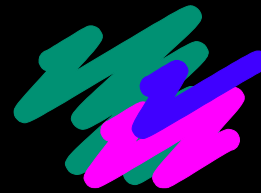




Age Friendly Saskatchewan

CREATING INCLUSIVE
COMMUNITIES





Age Friendly
Saskatchewan

Age Friendly is a global initiative
started by the World Health
Organization

AF started from the perspective of
older adults but integrates all ages



OUTDOOR SPACES & BUILDINGS



TRANSPORTATION



HOUSING



SOCIAL PARTICIPATION



RESPECT & SOCIAL INCLUSION



CIVIC PARTICIPATION & EMPLOYMENT





COMMUNICATION & INFORMATION



COMMUNITY SUPPORT & HEALTH SERVICES





What is an Age-Friendly Community?

BENEFITS TO BECOMING AN AF COMMUNITY

Older adults participate with people of all ages, abilities and cultures in the decision-making process on matters that affect their life

- **Stronger community connections**
- **Healthier citizens**
- **More optimal use of public resources**
- **Greater opportunities for business**
- **Enhanced citizenship**
- **Reduced isolation and abuse**



Age-friendly practices are being recognized
around the world as being beneficial to
people of all ages

“It’s time we looked at older adults
as **Economic Resources** rather than
problems for a society.”

Vienna Austria 2013 Conference

SASKATCHEWAN COMMUNITIES INVOLVED IN THE AGE-FRIENDLY INITIATIVE

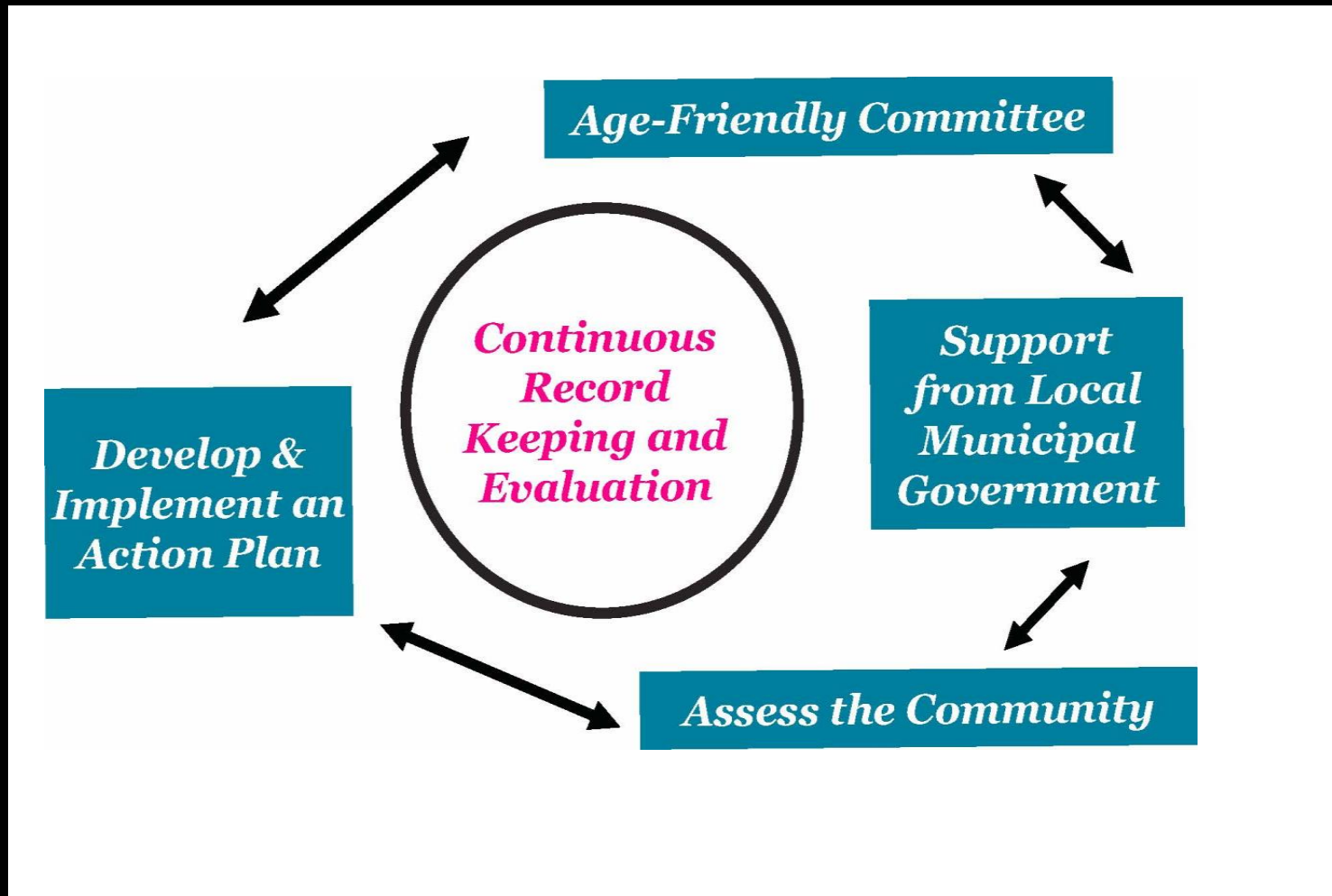
- Regina Beach/Buena Vista
- Saskatoon
- Regina Life Long Learning Centre
- Humboldt , Yorkton
- Moose Jaw, Weyburn
- Ponteix, Rosetown
- Prince Albert, Strasbourg
- Pasqua First Nation



BECOMING AN AGE-FRIENDLY COMMUNITY



MILESTONES



- 
- Discuss how Age-Friendly can be a positive force in your community.



**Finding communities that
may want to join the
Age-Friendly movement**

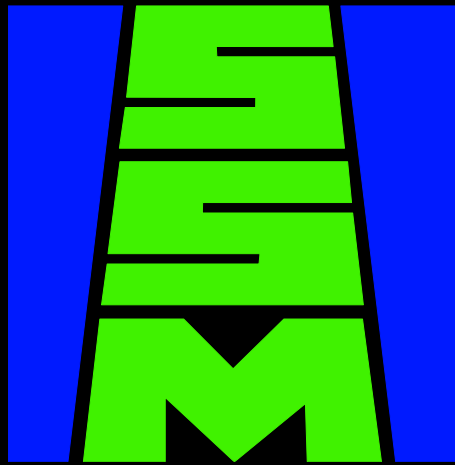
Can you help?



- Please suggest some communities that may want to host an introductory workshop on Age-Friendly

- Please suggest names of people that the AF committee could contact to explore possibilities.

Saskatchewan Seniors Mechanism



Age Friendly
Saskatchewan

WWW.AGEFRIENDLYSK.CA

Seniors Working Together

www.sksseniorsmechanism.ca