

Saskatchewan Seniors Mechanism



22nd Annual General Meeting

May 17, 2012

**Hotel Saskatchewan
Regina, SK**

TABLE OF CONTENTS

2012 ANNUAL GENERAL MEETING

AGENDA	5
MINUTES FROM 2011 AGM	9
CURRENT BYLAWS	17
PRESIDENT'S REPORT	27
EXECUTIVE DIRECTOR'S REPORT	31
PROGRAM REPORTS:	
CENTURY CLUB	39
CELEBRATING SENIORS	40
CENTURY OF MEMORIES	42
HOUSING TASK GROUP	43
ELDER ABUSE PREVENTION & RESPONSE NETWORK	44
FRAUD AWARENESS TOOLKIT	46
COMMITTEE REPORTS:	
FINANCE COMMITTEE REPORT	49
POLICY COMMITTEE REPORT	53
OTHER REPORTS:	
GRANTS REPORT	57
PHILIPS LIFELINE SASKATCHEWAN	59
SSM HOUSING BRIEF TO PROVINCIAL GOVERNMENT	63
SSAI POSITION BRIEF TO THE GOVERNMENT OF SASKATCHEWAN	67
ALCOA REPRESENTATIVE REPORT	69
NOMINATING COMMITTEE REPORT	73
RESOLUTIONS	79
OTHER	
VOTING DELEGATES	83
APPENDIX A—Audited Financial Statements	85

AGENDA

2012 ANNUAL GENERAL MEETING

Thursday, MAY 17, 2012

1:00 p.m.

1. Call the Meeting to Order—Les Lye, President
2. Adoption of the Agenda
3. Approval of the Minutes of the May 18, 2011 Annual General Meeting
4. President's Report—Les Lye
5. Executive Director's Report—Holly Schick
6. Program Reports
 - a. Century Club
 - b. Celebrating Seniors
 - c. Century of Memories
 - d. Housing Task Group
 - e. Elder Abuse Prevention Network
 - f. Fraud Awareness Toolkit
7. Committee Reports:
 - 7.1 Finance Committee Report—Alan Stamler
 - a. Auditor's Report: Mintz & Wallace, Chartered Accountants
 - b. Motion to Appoint the Auditor
 - 7.2 Policy Committee Report—Les Lye
8. Other Reports
 - 8.1 Grants Report
 - 8.2 Philips Lifeline Saskatchewan
 - 8.3 SSM Housing Brief to the Provincial Government
 - 8.4 SSAI Position Brief to the Government of Saskatchewan
 - 8.5 ALCOA Representative Report
9. Nominations
10. Resolutions
 - Proposed Bylaw Changes
11. Closing Remarks

SASKATCHEWAN SENIORS MECHANISM
MINUTES OF PREVIOUS AGM - May 18, 2011

AGM Minutes

Humboldt Uniplex
Humboldt, SK
May 18, 2011
1 p.m.

Present:

President : Les Lye

Voting Delegates

Andre Nogue, National Association of Federal Retirees

Bill Taylor, National Association of Federal Retirees

Charles Keple, National Association of Federal Retirees

Linda Flowers, Saskatchewan Federation of Union Retirees

Betty Pickering, Saskatchewan Federation of Union Retirees

Michael Flowers, Saskatchewan Federation of Union Retirees

Margaret Gailing, Saskatchewan Senior Fitness Association Inc.

Lorraine Garratt, Saskatchewan Senior Fitness Association Inc.

Sheldon Kraus, Saskatchewan Senior Fitness Association Inc.

Fern Haight, Saskatchewan Seniors Assoc. Inc.

Isobel Fowler, Saskatchewan Seniors Assoc. Inc.

Geri Wood, Lifelong Learning Centre

Marj Thiessen, Lifelong Learning Centre

Louis Wood, Lifelong Learning Centre

Allan Stamler, Saskatoon Council on Aging

Elliot Paus-Jenssen, Saskatoon Council on Aging

Wayne Rutten, SaskTel Pioneers Chapter 59

Robert Wuschenny, Superannuated Teachers of Saskatchewan

Margaret Martin, Superannuated Teachers of Saskatchewan

Al Schell, Superannuated Teachers of Saskatchewan

Kurt Holstein, Canada Post Heritage Club – Golden Sheaf Chapter

Jennifer Tallentire, Catholic Family Services

Wendy McDermid –proxy to Brad McNeice, Regina Senior Citizens Centre

Bill McLean – Proxy to Brad McNeice, Regina Senior Citizens Centre

Brad McNeice, Regina Senior Citizens Centre

Staff

Holly Schick

Lynne Couzens

1. Call to Order

President Les Lye

2 Adoption of Agenda

Addition: Resolution of principles from conference 'Aging in Place'

Motion: Andre Nogue/Allan Stamler that the agenda be adopted as presented . Carried.

3. Approval of the minutes
Motion: Charles Keple/Wayne Rutten moved minutes be adopted as circulated. Carried.
4. President's Report - Les Lye expressed appreciation to Board of Directors and staff.
Motion: Robert Wuschenny/Al Schell that the President's Report be accepted as read. Carried.
5. Executive Director's Report – Holly expressed thanks to SSM Board, President Les Lye, Tracy Thompson and Lynne Couzens for their diligence and help. Holly reported that Tracy Thompson's job will be covered in a variety of ways by volunteers, staff and casual hires for the next few months until the FRAUD CENT\$ project is completed in October, 2011. In the next months a job description will be written for a program coordinator who will be hired in the fall.
Motion: Louis Wood/Betty Pickering that the Executive Director's Report be accepted as circulated. Carried.
6. Program Reports
 - a) Century Club
 - b) Celebrating Seniors
 - c) Century Members
 - d) Housing Task Group
 - e) Elder Abuse Prevention Network
 - f) Fraud Awareness Toolkit
 - g) Excursions for Seniors Congregate Housing**Motion: Margaret Martin/Fern Haight that Program Reports be accepted as circulated.** Carried.
7. Committee Reports
 - 7.1 Finance Committee – presented by AL STAMLER
 Allan thanked committee members, staff, bookkeeper and auditors.
Motion: Charles Keple/Wayne Rutten that Finance Committee report be accepted. Carried.
Motion: Allan Stamler/Betty Pickering that Mintz & Wallace be reappointed as auditor for 2011/2012. Carried
 Auditors Report prepared by Mintz & Wallace, Chartered Accountants
 Presented Allan Stamler
Motion: Betty Pickering/Charles Keple that Auditors Report be accepted. Carried.
 - 7.2 Issues Report
 - 7.3 Grant Report - Question re: SPRA Grants reporting structure.
 Organizations who receive a grant report twice yearly to SSM. SSM reports to SPRA and report must be approved. Suggested this should be reported at AGM.

Motion: Wayne Rutten/Marj Thiessen that the Grants Report and Issues Report be accept as circulated. Carried.

8. Other Reports - ALCOA Report presented by Holly Schick
Motion: Al Schell/Louis Wood that Other Reports be accepted as submitted. Carried.

9. Nomination of President
Allen Morrison presided over nominations
Nominee for President is Les Lye
Allen Morrison called for nominations from the floor 3 times.
Motion: Allan Morrison/Kurt Holstein moved nomination of Les Lye as President. Wayne Rutten/Bill Taylor moved nominations cease. Al Morrison declared Les Lye elected by acclamation.

10. Resolutions - Presented by Les Lye
Resolution #1 - Resolution is sponsored Saskatchewan Federation of Union Retirees
BE IT RESOLVED that the Saskatchewan Seniors Mechanism actively lobby the Government of Saskatchewan to implement legislation to protect retirees from any loss of pension income due to terminations of Defined Benefit Pension Plans.
Motion: Betty Pickering/Linda Flowers that Resolution # 1 be accepted.
Carried

Resolution #2 - Resolution is sponsored by Saskatchewan Federation of Union Retirees
BE IT RESOLVED that the Saskatchewan Seniors Mechanism actively lobby the Government of Saskatchewan to withdraw Bill 160, The Saskatchewan Human Rights Code Amendment Act, 2010 from consideration by the Legislative Assembly of Saskatchewan and lobby the government to hold extensive public consultations, informed by a public policy paper, before any amendments to the Human Rights Code are considered.
Motion: Betty Pickering/ Michael Flowers that Resolution #2 be accepted.

Elliot Paus-Jennsen raised concerns about the implications of adopting this resolution.

Betty Pickering withdrew the resolution on behalf of SFUR. Betty Pickering indicated that SFUR would have further conversation and will consult with Elliott Paus-Jennsen.

Bylaws Resolution: That Saskatchewan Seniors Mechanism adopt the Saskatchewan Health Quality Council's Dimensions of Quality and the National Framework on Aging.
Charles Keple noted that we are endorsing this but leaving to the SSM for

details of what this will look like

Andre Nogue – we are adopting the ‘principles’ not the framework.

Motion: Betty Pickering/Charles Keple that the SSM adopt the Principles of the National Framework on Aging and the Dimensions of Quality of Health Quality Council. Carried

Bylaw Changes – Les Lye presented background

Permission granted by voting delegates to deal with version 2 first.

SSM Election Process for Board Members and Officers Bylaw 10 Version 2

Vacancies

10. 10.1 Except for the Past President, all officers and members-at-large shall be elected for a 2-year term at the AGM.

10.2 The Past President shall chair the AGM during the election of officers and members-at-large.

10.3 Election of officers shall be conducted beginning with the position of President and then continue through Vice-President, Secretary and Treasurer. The person who receives the majority of votes cast (50% + 1) shall be declared elected. If there is no clear majority then a second and subsequent ballot(s) will be held until a clear majority is achieved. In subsequent ballots, the person with the least votes will be removed from the ballot. Individuals who are not elected to one position are eligible to run for other positions.

10.4 Elections for members-at-large shall occur following election of officers. Members-at-large will be elected on a single ballot. Those receiving the highest number of ballots will be deemed elected (up to the required number of members-at-large). In the event that any terms are only 1 year in duration the elected member(s) -at-large with the lowest number of votes will serve out the remainder of those terms.

10.5 Where an officer vacancy occurs, such vacancy shall be filled by and from the Board of Directors to complete the term.

10.6 Where a member-at-large vacancy occurs the Board of Directors may fill such vacancy to complete the term.

Motion: Betty Pickering/Al Schell be it resolved that the SSM adopt the revised Bylaw 10 version 2.

Andre Nogue spoke to the fact that it is safer to elect officers at AGM because the nominating committee would have opportunity to search for appropriate members with appropriate skills for positions.

21 in favour/3 opposed. (Counted by Fern Haight and Holly Schick)
Carried.

Motion: Robert Wuschenny/Margaret Martin be it resolved that the Saskatchewan Seniors Mechanism adopt the document titled 'Saskatchewan Seniors Mechanism Inc. Bylaws' dated May 2011 with the inclusion of section 10.

23 in favour/0 against. (Counted by Fern Haight and Holly Schick)
Holly Schick noted the enabling clause on page 87 allows 1 year before the bylaw change comes into effect.

Carried.

Motion: Margaret Martin/Al Schell moved a vote of thanks to the Bylaws Committee for their work in the preparation of document.

Motion: Robert Wuschenny moved vote of thanks to Holly Schick and Lynne Couzens for the wonderful way the document was presented, with the use of colors facilitating the information in an appropriate way.

Closing Remarks

Linda Flowers moved the meeting be adjourned @ 2:10 p.m.

Les Lye, President

Lynne Couzens, Admin Asst

SASKATCHEWAN SENIORS MECHANISM

CURRENT BYLAWS

SASKATCHEWAN SENIORS MECHANISM INC.
BYLAWS
June 2011

Preamble

WHEREAS Saskatchewan Seniors Mechanism (incorporated on July 24, 1989 under **The Non-profit Corporations Act**, Saskatchewan) and the Saskatchewan Seniors Mechanism Charitable Trust (incorporated August 16, 1995 under **The Non-profit Corporations Act**, Saskatchewan) amalgamated to form the Saskatchewan Seniors Mechanism incorporated as of June 20, 2011 under **The Non-profit Corporations Act**, Saskatchewan; and

WHEREAS Saskatchewan Seniors Mechanism is empowered under the said **Act** to make bylaws;

THEREFORE Saskatchewan Seniors Mechanism makes bylaws as follows:

TITLE

Title

1. These bylaws may be cited as the **Bylaws of Saskatchewan Seniors Mechanism, Inc.**

INTERPRETATION

Definitions

2. In these bylaws:
 - 2.1 “Mechanism” and “SSM” mean Saskatchewan Seniors Mechanism, Inc.
 - 2.2 “member organization” means an association of seniors which is non-discriminatory in relation to race, religion, sex, physical or mental abilities and which has been incorporated for at least two (2) years for the purpose of supporting and advancing the common interests of seniors.

OBJECTIVES

Aims and Purposes

3. The objectives of SSM are:
 - 3.1 To provide a united voice for seniors;
 - 3.2 To research and take action on issues affecting seniors; and
 - 3.3 To create an awareness of, and coordinate, resources and services for seniors.

MEMBER ORGANIZATIONS

- Categories* 4. Member organizations which may be represented on SSM may be province-wide, city-wide or area-wide in terms of membership, goals and objectives, and they will collectively provide a network of programs or services throughout the province.

MEMBERSHIP

- Membership* 5.1 Any organization that meets the definition of a member organization, pursuant to clause 2.2, and which has not been represented by any other existing member organization of SSM may apply for membership in SSM.
- 5.2 Every application for membership shall be subject to the approval of the Board of Directors of the SSM.
- 5.3 Any member organization may withdraw from membership in SSM by providing written notice to the Board of Directors of SSM.
- 5.4 After consultation with the member organization the Board has the right to revoke membership for just cause.

SUPPORTERS

Supporters

- 6.1
- 6.1.1 Notwithstanding the provisions of section 4 and subsection 5.1, there shall be a category known as “Supporters of SSM” which is open to any group or organization whose membership is composed primarily of persons who support and advance the interests of seniors.
- 6.1.2 Supporters of SSM may participate in activities of SSM but have no vote.
- 6.2 Every application to become a supporter shall be subject to the approval of the Board of Directors of SSM.
- 6.3 Any organization may withdraw from being a supporter of SSM by providing written notice to the Board of Directors of SSM.
- 6.4 After consultation with the supporter the Board has the right to revoke supporter designation for just cause.

DIRECTORS

*Composition
of the Board*

- 7.1 The Board of Directors of Saskatchewan Seniors Mechanism shall be composed of twelve (12) members plus the Past President.

**Duties &
Responsibilities**

- 7.2 In principle, Directors shall serve for no more than two (2) consecutive two year terms of office.
- 7.3 The term of office of newly elected Directors shall take effect at the first meeting of the Board held after the Annual General Meeting of SSM.
- 8.1 Directors of SSM shall:
 - 8.1.1 Act honestly and in good faith, consistent with the best interests of SSM;
 - 8.1.2 Exercise due care, diligence and skill that a reasonably prudent person would exercise in comparable circumstances, to work and provide sound stewardship of the SSM resources entrusted to them; and
 - 8.1.3 Protect confidentiality on matters and information provided to them in confidence at all board and committee meetings.
- 8.2 Any director who acts in a manner inconsistent with the interests and reputation of SSM shall be deemed in conflict of interest and shall be removed from the Board of Directors in accordance with the provisions of ***The Non-profit Corporations Act***, Saskatchewan.

NOMINATIONS AND ELECTIONS

Officers

- 9. The officers of SSM shall consist of the following:
 - (a) President;
 - (b) Vice-President;
 - (c) Secretary;
 - (d) Treasurer; and
 - (e) Past President.

Vacancies

- 10.1 Except for the Past President, all officers and members-at-large shall be elected for a 2-year term at the AGM.
 - 10.2.1 Upon the prior approval of nomination by a member organization an individual shall be eligible to stand for election as an officer or member-at-large at the Annual General Meeting.
 - 10.2.2 All nominations must be received by the Nominations Committee at least 30 days prior to the AGM.

- 10.3 The Past President shall chair the AGM during the election of officers and members-at-large.
- 10.4 Election of officers shall be conducted beginning with the position of President and then continue through Vice-President, Secretary and Treasurer. The person who receives the majority of votes cast (50% + 1) shall be declared elected. If there is no clear majority then a second and subsequent ballot(s) will be held until a clear majority is achieved. In subsequent ballots, the person with the least votes will be removed from the ballot. Individuals who are not elected to one position are eligible to run for other positions.
- 10.5 Elections for members-at-large shall occur following election of officers. Members-at-large will be elected on a single ballot. Those receiving the highest number of ballots will be deemed elected (up to the required number of members-at-large). In the event that any terms are only 1 year in duration the elected member(s)-at-large with the lowest number of votes will serve out the remainder of those terms.
- 10.6 Where an officer vacancy occurs, such vacancy shall be filled by and from the Board of Directors to complete the term.
- 10.7 Where a member-at-large vacancy occurs the Board of Directors may fill such vacancy to complete the term.
- Removals
& Expulsions**
- 11.1 The Board of Directors of SSM may remove any officer by a two-thirds (2/3) majority vote of the directors whenever, in the judgement of the Board, the best interests of SSM would be served.

OFFICERS AND THEIR DUTIES

President

- 12.1 The President shall:
- 12.1.1 Assume his/her office immediately upon election.
- 12.1.2 Be the principal executive officer of SSM and it shall be his/her duty to be vigilant and active in promoting the objectives of SSM;
- 12.1.3 Generally supervise and control the business and affairs of SSM;
- 12.1.4 Keep the Executive Committee and the Executive Director aware of all undertakings carried out on behalf of the Board of Directors;
- 12.1.5 Preside at all meetings of the Board of Directors and the Executive Committee;
- 12.1.6 Be an **ex officio** member of all committees; and

12.1.7 Perform such other duties which may, from time to time, be prescribed by the Board of Directors.

Vice-President

13.1 The Vice-President shall:

13.1.1 Assist the President in the performance of presidential duties and shall act as President *pro tempore* in the absence or inability of the President; and

13.1.2 Perform such other duties which may, from time to time, be prescribed by the Board of directors.

13.2.1 The Vice-President shall automatically assume the office of President when the present incumbent is permanently unable to carry out his/her duties.

13.2.2 The completion of the term of office referred to in clause 13.2.1 shall not be considered as a term of office of President.

Treasurer

14. The Treasurer shall:

14.1 If required by the Board of Directors, be bonded for the faithful discharge of his/her duties in such sums and sureties as the board may determine;

14.2 Be responsible for ascertaining the correctness of the financial status of SSM;

14.3 Report the financial status of SSM at all board meetings;

14.4 Perform all other duties incident to the office of Treasurer; and

14.5 Carry out such other duties as may be assigned, from time to time, by the Board.

Secretary

15. The Secretary shall attend all meetings of the Board of Directors and shall ensure that minutes are kept.

CONDUCT OF BUSINESS

Management

16.1 Official cheque signing authorities shall be any two of the executive director, president, treasurer, vice-president, and secretary of SSM.

16.2 As designated officers of the Board, Bylaw 16.1 shall apply to the signing of any deeds, mortgages, loans, contracts or other instruments which are authorized by the Board to be executed.

- Voting Authority** 17. Each director present at a meeting of the Board of Directors shall have one vote.
- Meetings** 18. There shall be at least four (4) meetings of the Board of Directors in each fiscal year.
- Fiscal Year** 19. The fiscal year of SSM shall commence on April 1 of a year and end on March 31 of the following calendar year.
- Quorum** 20. A majority of voting Directors personally present at a meeting of the Board of Directors shall constitute a quorum.
- Conduct of Meetings** 21. Where not otherwise expressly provided for in ***The Non-profit Corporations Act***, or elsewhere in these bylaws, the conduct of meetings of the Board of Directors shall be governed by the latest revised edition of ***Roberts Rules of Order***.

COMMITTEES

- Committees** 22.1 The following standing committees shall be struck at the first meeting of the Board after the Annual General Meeting of SSM:
- 22.1.1 Governance Committee chaired by the Vice President;
- 22.1.2 Finance Committee chaired by the Treasurer;
- 22.1.3 Membership Committee chaired by the Secretary;
- 22.1.4 Nominations Committee chaired by the Past President; and
- 22.1.5 Other Task Groups as needed to carry out the work of SSM.
- 22.2 The Board of Directors may appoint committee members from the members of the Board or may appoint participants from the general membership of any member organization(s).
- 22.3.1 There shall be a committee known as the Executive Committee which shall consist of the:
- (i) President;
 - (ii) Vice-President;
 - (iii) Secretary;
 - (iv) Treasurer; and
 - (v) Past President.

22.3.2 The Executive Committee shall have the authority of the Board of Directors of SSM as circumstances may dictate, but all actions of this committee shall be subject to the approval of the Board at the next Board meeting.

22.4 The Board of Directors may establish *ad hoc* task groups as may be required, and appointments of members to these task groups shall be ratified by the Board.

STAFF OF SSM

- Executive* 23. The staff position of Executive Director of SSM shall be **Director** an **ex officio**, non-voting member of the Board of Directors and of each committee.
- Support Staff* 24. The Board of Directors may engage such other support staff as may be deemed necessary to carry out the day-to-day functions and operations of the SSM office.

ANNUAL GENERAL MEETINGS

- Annual General Meeting* 25. The Annual General Meeting of SSM shall be held within three (3) months of the end of the fiscal year, and in no case shall it be held later than June 30.
- Voting Delegates* 26. Except as provided in section 29, each member organization shall appoint in writing, the names of three (3) voting delegates for the Annual General Meeting.
- Proxy Voting* 27. Where a voting delegate representing a member organization expects to be absent during voting called at the Annual General Meeting, each such absent member may, through proxy in writing, transfer his/her voting rights to another member representing a quorum.
- Quorum* 28. A simple majority of voting members personally present, including proxy holders, at the opening of the Annual General Meeting of SSM shall constitute a quorum.

BYLAWS AND AMENDMENTS THERETO

- Directors may make, Amend or Repeal Bylaws* 29.1 Voting Delegates of member organizations may, by a two-thirds (2/3) majority at the Annual General Meeting by resolution make, amend or repeal any bylaws that regulate the activities and affairs of SSM **as per terms of “The Non-Profit Corporations Act”**.

29.2 The Board of Directors or any Voting Delegate may submit any Proposed bylaws or any amendments or repeal thereof to the voting delegates at the Annual General Meeting by giving 45 days notice in writing. The delegates may, by resolution confirm, reject or amend the proposed bylaws, amendments or repeals in accordance with 29.1

29.3 A bylaw, an amendment to a bylaw or a repeal of a bylaw shall be effective from the day of approval at the Annual General Meeting.

WIND-UP AND DISSOLUTION

Wind-up & Dissolution In the event of the wind-up and dissolution of the Saskatchewan Seniors Mechanism, all the property and assets shall, after the payment of all liabilities, be disposed of in accordance with the provisions of **The Non-profit Corporations Act**, Saskatchewan.

ENABLING CLAUSE

In the first year in which we move to electing Board Members, except the Past President, one half of the Board will be elected to 2-year terms and the other half will be elected to 1-year terms. In subsequent years, all terms will be for two years. After it comes into effect, this clause will be deleted from the Bylaws.

SASKATCHEWAN SENIORS MECHANISM

PRESIDENT'S REPORT

President's Report
Saskatchewan Seniors Mechanism
2012 Annual General Meeting

Serving as SSM's president has been an inspiring and fulfilling experience. When re-elected, I reaffirmed the duties as stated in the by-laws—"To be vigilant and active in promoting the objectives of SSM"—of which I was constantly mindful. Over the last two years, SSM has evolved in many areas: elder abuse awareness, fraud prevention, housing and health issues, and Celebrating Seniors. For these, the Board of Directors, volunteers, and staff are to be commended.

My appreciation goes out to Holly and Lynne for their assistance and their diligence.

Respectfully Submitted
Les Lye
President

**SASKATCHEWAN SENIORS MECHANISM
EXECUTIVE DIRECTOR'S REPORT**

Executive Director's Report

Saskatchewan Seniors Mechanism 2012 Annual General Meeting

I am pleased to report that we have had a busy and exciting year at SSM.

At our AGM last year, we passed a resolution in support of encouraging the implementation of legislation which would protect retirees from loss of pension income when Defined Benefit Pension Plans are terminated. We have been involved in a press conference where we were able to make this known and it has been part of our meetings with various government officials as appropriate. We have been able to present concerns regarding pensions in a number of ways over the past year, including past resolutions encouraging increases in CPP, OAS and GIS to levels to provide adequate income for older adults. This has also been the basis for comments around the possible changes in the age for receiving OAS.

We have continued to focus our work on the four areas of healthcare, elder abuse, housing, and finance. Many aspects of these issues are not unique to seniors, but there are particular aspects that take on more significance for older adults.

I want to share with you some of the work of the past year. More detailed reports from our committees and task groups and on some of our programs and partnerships – FRAUD CENT\$ Toolkit, Century Club, Century of Memories, Elder Abuse Prevention and Response Network, Celebrating Seniors, ALCOA, and Philips Lifeline – are included later in this book.

Annual Conference May 2011 – *Aging in Place*. This was held in Humboldt on May 17-18, 2011. Speakers included Dr. Michael Rachlis who is a Health Policy Analyst, Roger Carriere from Sask Health, Shan Landry from the Saskatoon Health Region and Marilyn Scott from the Humboldt City Council. We worked with the Humboldt and District Seniors Association on the planning and hosting of this event. It was an excellent event. Copies of the PowerPoint slides from the presentations are on our SSM website. Also on the website is the material compiled at the conference on working towards a seniors' proclamation on aging in place.

Government Connections – Advocacy is an important part of our mandate and it involves maintaining lines of communication with government wherever possible. In the past year we have had a number of opportunities to meet with government officials on a variety of topics and to be present at a variety of government events:

- Submitted written comments on proposed changes to the regulations governing the provision of hearing tests and hearing aids
- Member on Stewardship Committee on Primary Health Care for the Ministry of Health

- Met with Linda Restau and Andrew Dunn from the Community Care Branch of Saskatchewan Health about our ongoing work
- Met with Saskatchewan Ministry of Health regarding Aging in Place/Continuum of Care
- Focus Group on the role of the Office of the Provincial Ombudsman, particularly as it relates to the health care system
- Met with Sask Housing (Ministry of Social Services) regarding a resource on affordable housing being developed
- Met with Tim Gross from Sask Housing to present our Housing Brief
- Met with members of the opposition to discuss seniors concerns
- Met with group working on redesign of HealthLine including making our case for an Elder Abuse Line
- Prepared and submitted written proposal for HealthLine regarding establishing an Elder Abuse Line
- Participated in Pension Forum being held by MP Ralph Goodale
- Attended budget presentation at the Legislature
- Attended question period at the Legislature when questions were being asked about the provincial budget
- Attended Legislature when Seniors Bill of Rights was introduced
- Attended Community Engagement Syntegration on Primary Health (including Physician Engagement Syntegration, Community Engagement Syntegration and Primary Healthcare Outcomes and Actions)
- Attended Advance Practice Nursing (Nurse Practitioners) meeting in Saskatoon put on by the U of S College of Nursing
- Attended Health Quality Summit
- Attended Canadian Health Services Research Foundation Taming of the Queue Event in Ottawa
- Discussions with CEO and Board Member of Saskatchewan Health Quality Council
- Development of Primary Health Care in Regina Beach, Southey, Cupar and surrounding area
- We were pleased to have a number of government representatives attend our Christmas Open House and our Annual Conference.

Workshops and other events – Throughout the year, SSM has had the opportunity to participate in various workshops, events, meetings and tradeshow, some sponsored by member organizations and some by other groups. Some of these were:

- Two SPRA Sector Planning Focus Groups
- Opening of College Park Retirement Residence
- Regina Qu'Appelle Health Region Research Showcase
- Conference calls with National Initiative for Care of the Elderly (NICE) on elder abuse resources
- SaskTel Pioneers Centennial Luncheon
- Spotlight on Seniors (Saskatoon Council on Aging)
- 100th Birthday Celebration for member of Century Club

- Gerontology Institute (Lifelong Learning Centre)
- City of Regina Design Regina consultations
- STOPs to Violence meeting
- Distinguished Canadian Awards Dinner (Seniors Education Centre)
- Celebrate 50+ Showcase (Regina Senior Citizens Centre)
- Regina STS 40th Anniversary Luncheon
- Superannuated Teachers of Saskatchewan AGM
- TIOW Graduations
- Two meetings of SSAI Board
- College Park Retirement Residence Seniors Games
- Interview on Talk of the Town along with the Better Business Bureau on frauds and scams
- Wrote article on *Celebrating Seniors* for SPRA's *Direction* magazine
- Wrote article about SSM for Canadian Pensioners Concerned
- Fraud Awareness Presentations to various groups throughout the province
- Participated in Canadian Institutes of Health Research 'Team Grants in Community-Based Primary Healthcare' webinar
- Participated in Health Council of Canada '**Canadian Home Care Priorities for Seniors: What Can We Learn From Australia?**' webinar
- Panel presentation on housing at Christ the King CWL
- Attended Trusted Regina Launch
- Radio, television and newspaper promotions on various topics including
- Celebrating Seniors, our Annual Conference, and Moving Beyond the Gap

Targeted Initiative for Older Workers – We initially received funding for two projects under this program, one in La Ronge and one in Regina. Both of those were completed in December 2011. In early 2012 we were invited to do another intake in Regina and that project ended on March 31, 2012. These projects are funded through Human Resources and Skills Development Canada and Advanced Education Employment and Immigration. They are designed to give older adults the skills they need to re-enter the workforce or enter it for the first time. We are partnered with Dimension 11 to provide the actual training for this program.

We worked with Women of the Dawn on an **Aboriginal Fitness** project in Regina and this went very well. It may be a model that can then be used in other locations.

Moving Beyond the Gap – We held this conference on fitness for older adults with special health considerations in March of 2012 in Regina. Speakers included Dr. Dennis Kendel from the Health Quality Council, Rick Stene who works in the area of Chronic Disease Management in the Saskatoon Health Region, a virtual presentation by Sir John Oldham from the Department of Health in London, England, and Janet Barnes and Kimberley Willison from the Forever in Motion program in the Saskatoon Health Region. We were very pleased with the turnout and are planning a follow-up event in September to introduce the specific program Forever in Motion.

Saskatchewan Federation of Police Officers – We are delighted to be the recipients of a contribution by the Saskatchewan Federation of Police Officers. Proceeds were raised from its annual Crime Prevention Guide appeal. The theme of their guide this year is Elder Abuse.

Better Business Bureau of Saskatchewan – We have been working with them on raising awareness of frauds and scams. We were honoured to be chosen as their charity partner this year which meant being recognized at their Torch Awards and receiving half of the proceeds from the silent auction held at the awards.

Gray Matters – We have continued our quarterly publication of *Gray Matters*. We increased it by 4 pages last year to enable us to include more articles and information about timely issues and activities. We had to increase the last issue by another 4 pages to include all the information we received. This year we were able to again include four pages of colour in one edition—we did this to showcase the Celebrating Seniors Award recipients and the Fraud Cent\$ Toolkit. We have also increased the number of copies we print to allow for increased distribution at events and an increase in our regular mailing list. We have purchased *In Design* software which will help us produce *Gray Matters* more easily and will also be useful for a number of other things.

Phillips Lifeline – We continue our partnership with Lifeline. Their report is included under ‘Other Reports’.

Precious Memories of Prairie War Heroes – This book published by SSM continues to be ordered by several people every month.

The Seniors Information Line – We continue to provide information and/or assistance on a variety of issues, including financial abuse, mental or physical abuse, scams, health, recreation, etc. All calls are answered by an individual who is able to access information and refer the individual to the proper channels.

Web site – We continue to develop this. We are gradually getting more of the overall information about what resources, activities and services are available for seniors throughout Saskatchewan up on the site.

Building Improvements – This year all of our windows and our outside door were replaced with more energy efficient glass.

Program Coordinator – We chose not to immediately fill the vacancy created when Tracy Thompson purchased her own business and left our staff. We covered the needed work in a variety of ways, including some paid work, volunteers, and having current staff pick up some task. This seemed to be the best way to handle things until we completed the Fraud Cent\$ Project. We are now looking at moving into new projects and in April we were pleased to welcome Vivian Lutzko as our new Program Coordinator. She brings a variety of gifts, skills and experience that will be valuable to SSM.

Bookkeeper – We have a new bookkeeper, Shannon, as of July 2011. He seems very thorough and easy to work with. He works for Sandra Jackson CGA and they were recommended by our auditor. Debbie, our former bookkeeper, is no longer doing books for some of her smaller clients.

New member Organization – We are pleased to welcome the Power Pioneers Association of Saskatchewan Inc. as our newest Member Organization.

Amalgamation – We are close to having the final work done regarding amalgamating Saskatchewan Seniors Mechanism Inc. and Saskatchewan Seniors Mechanism Charitable Trust Inc. The amalgamation is complete with the Corporations Branch and we just have a few more details to tidy up regarding the charitable number and closing out the Charitable Trust bank account.

I believe SSM is becoming better known throughout the province. As we work together we have a better chance of having our voice heard on issues of concern to seniors and of addressing these issues through our programs and projects. In addition to our member organizations, we also continue to build partnerships with many other groups.

I want to close by thanking everyone connected with SSM for their commitment and hard work. Lynne Couzens, our Office Administrator, continues to be a key member of our team and does a tremendous amount of quality work for SSM. Vivian Lutzko has only been with us for a few weeks but she is already proving to be a valuable member of our staff team. The members of the Board of Directors and those on various committees and task groups have given their time and wisdom to make our programs and projects possible. I want to thank them for their ongoing diligence and commitment to the work of SSM. I especially want to thank our retiring President Les Lye for his excellent leadership in SSM over the past two years as president – we will continue to benefit from his wisdom as he fills the position of past president on the new board.

Respectfully submitted,
Holly Schick

**SASKATCHEWAN SENIORS MECHANISM
PROGRAM REPORTS**

Century Club

Committee Members: Ken Mitchell
Trevor Quinn
June Mitchell
Holly Schick
Lynne Couzens

The Century Club was formed to honour seniors who have reached the age of 90 and are determined to continue living in as full and active a style as possible to the age of 100 and beyond. The Club provides a network for nonagenarians who wish to establish new friendships and provide mutual support. Approximately 250 people are members of the Century Club. The Saskatoon Council on Aging facilitates the operation of the Saskatoon Chapter of the Century Club. Thanks to SaskTel Pioneers Chapter 59 who have hosted several Century Club Gatherings for Regina and area this year. Other gatherings were held at the various senior residences and celebrated such occasions as *Robbie Burns Day*.

Teas hosted by the Lieutenant Governor to honour the centenarians have become an annual event. In April 2011, the Honourable Dr. Gordon Barnhart hosted teas at the Bessborough Hotel in Saskatoon and at Government House in Regina. With a new Lieutenant Governor being appointed recently, a tea has not been scheduled for this year yet.

We have dedicated two pages in *Gray Matters* to the Century Club. This year we have been printing biographies & 'memories' that have been submitted by Century Club members. This is in conjunction with our project 'A Century of Memories'. Every club member receives a copy of *Gray Matters* on a quarterly basis. Each of them also receives a birthday card each year.

We continue to send out greetings at various time of the year in order to promote more interaction with Century Club Members. This year we mailed out greetings to each Century Club Member at Christmas, Easter & Canada Day. In these letters we are inviting them to share memories about that particular occasion or a memory of their choice. Sharing memories is very meaningful to this demographic of people.

SSM received a grant from New Horizons for Seniors, Human Resources and Skills Development Canada to collect memories and are looking into the possibilities of applying for a grant to fund a book which will be called *A Century of Memories*.

We continue to receive notes and phone calls of appreciation for the opportunities the Century Club affords those who are participating as well as those who come as their guests.

Respectfully submitted,
Holly Schick
Executive Director

Celebrating Seniors

Committee Members: Wayne Rutten (Chair)
Shelley Brenner
Fern Haight
Lynn McCaslin
Betty Pickering
Maxine Schuba
Holly Schick
Lynne Couzens

We welcomed three new members to the committee to plan for the 2012 event: Chuck Ames, Mae Wesley & Dale Williams.

On Sunday, Oct 2, 2012, we were delighted to host the 2nd annual 'Celebrating Seniors' at TCU Place in Saskatoon, an event that highlights the volunteer contributions of seniors in Saskatchewan. Each of the 30 nominees were deserving of the award. The categories included: Education, Advocacy, contribution to a First Nations or Métis Community, Community Leadership (Rural & Urban), Fitness, Teamwork, Heritage & Culture, Centenarian and Lifetime Achievement Awards.

It was an honour to have Senator Pamela Wallin as our guest speaker. The MC for the evening was Mr. Lorne Calvert. A special thanks to Lieutenant Governor Dr. Gordon L. Barnhart who has been our Honourary Patron during his term in office. Greetings were offered by His Honour the Honourable Gordon L. Barnhart, The Honourable Don Morgan, Vice Chief Geraldine Arcand (Saskatoon Tribal Council), President Robert Doucette (Métis Nation of Saskatchewan), Saskatoon Deputy Mayor Mairin Lowen, The Honourable Alice Wong (written) and Les Lye (President of SSM).

A delicious meal was enjoyed by all. The evening concluded with the presentation of the various awards.

Thanks to the selection committee: Betty Nippi-Albright, Don Ching, Marvin Gerbrandt, Clive Weighill, Nettie Wiebe.

The following is a list of all the Nominees and the Award Recipients for the 2011 Awards Ceremony:

Education

Award Recipient: **George James**

Advocacy

Award Recipient: **Elliot PausJenssen**

Contribution to a First Nations or Métis Community

Award Recipient: **Julie Pitzel**

Community Leadership (Rural)

Award Recipient: **Patricia Cooley**

Reuben Andres

Jim Coulter

Lucie de Montarnal

Harry Drader

Brian Knight

Beatrice Struthers

William Wardill

Fay M. Willcox

Marian Zsombor

Community Leadership (Urban)

Award Recipient: **Kurt Holstein**

Muriel Baxter

Sheldon Kraus

Fitness

Award Recipient: **Isabella Frank**

Audrey Atchison

Peter G. Geres

Teamwork

Award Recipient: **Founding Members of Saskatoon Council on Aging**

Churchbridge in Bloom Committee

Heritage & Culture

Award Recipient: **Lorraine Iversen**

Stanyslaw Hawryliw

Centenarian

Award Recipient: **John D. Rennie**

Lifetime Achievement

Award Recipient: **Mary Ballantyne**

Rose M. Miller

Viola Painter

Phyllis Pearson

Geraldine Pepler

Dorothy Zuk

Plans for the Sept 30, 2012 Awards Banquet are well on the way. This years event will be held at the Delta Hotel in Regina. The MC will be Ruth Smillie, Artistic Director for the Globe Theatre. We are very honoured to have Her Honour the Honourable Vaughn Solomon Scholfield Lieutenant Governor of Saskatchewan as the Honourary Patron for the event.

Respectfully submitted

Wayne Rутten

Chair

Century of Memories

We are compiling a book called ***A Century of Memories***. It will include stories and recollections of Saskatchewan residents 90 years of age and older. We are also inviting the submission of stories or memoirs written by people who have passed away but who would be 90+ if they were alive today. Funding for the collecting of the stories is through New Horizons for Seniors, Human Resources and Skills Development Canada.

We have had many wonderful stories submitted and we have used a number of them in Gray Matters and in presentations to groups and on radio. In this way we are able to acknowledge the wisdom, history, joys and sorrows contained in those stories. We are inputting all the stories into the computer (almost all of them come to us as hard copies) in preparation for the book. We will continue to collect stories for the next year or so as we prepare for the book.

We have had wonderful opportunities to share stories and time together. Most of the gatherings have ended up being planned in conjunction with some other event, so there has been very little cost associated with them. e.g. centennial celebration in Biggar, gathering at the Moose Jaw and District Seniors Centre, distributing information about the project at the Meota centennial celebration, Spotlight on Seniors, Embracing Retirement/Celebrate 50+, Century Club Gatherings, the Lieutenant Governor's Century Club Tea, etc.

The biggest promotion of the project has been by distribution of brochures, newspaper advertising, and promotion at trade shows and conferences. We get many phone calls and letters from people responding to the information. A variety of people have become volunteer story collectors – friends, family, and others in the community. For example one woman called to ask if it would be alright if she went around to the 90+ seniors in her small community and wrote down their stories so they would get shared. We said of course! It was a good example of how a community can recognize the older residents and make some contact with them. By making connections within their own communities, there is a greater likelihood of ongoing contact with them, thus reducing isolation. There have been many such phone calls from people asking about collecting stories from others. There have also been many phone calls from seniors who are themselves 90+ and want to know if their story is worthy of submitting. This usually involves them telling us at least some of the story over the phone and us assuring them that it is indeed something they should send in – which is our response to any of the stories as they really all are wonderful bits of our heritage and worthy of inclusion in the book.

We have increased the number of people in our Century Club as a result of this project. People who send in stories want to remain connected.

Respectfully submitted,
Holly Schick

Housing Task Group

Committee Members: Kurt Holstein, Chair
Chuck Ames
Jackie Sutyla
Andre Nogue
Les Lye (ex officio)
Holly Schick (ex officio)

In the past year, we conducted (2) surveys: Individual and Community Surveys.

This was followed by at least 3 Committee Meetings. We compiled a statistical brief to present to the Provincial Government.

In the interim SK Housing conducted a focus group with our committee.

Recently on invitation by Christ the King Catholic Women's league, we were part of a panel presentation on affordable/alternate Housing—The Regina Housing Crisis—Problems and Plausible Solutions.

Our committee met with a representative from SK Housing, Tim Gross, to impress upon them our concern of the '0' vacancy rate causing seriously inflated rental rates. It appears that the senior housing file requires immediate attention.

Respectfully submitted,
Kurt Holstein
Chair

Elder Abuse Prevention and Response Network

Steering Committee Members: Charles Keple
Deborah Harris
Joan Lidington
Al Schell
Holly Schick (ex officio)

BACKGROUND

As a key component of the SSM's continuing concern about the security of Older Adults, and in particular the pervasive public lack of awareness of Elder Abuse (EA), the SSM created an EA Steering Committee in 2010. SSM member organisations had already implemented many related productive programmes and activities. The Saskatoon Council on Aging (SCOA) and Prince Albert Community Against Family Violence and the South West Council on Aging had all developed and refined useful initiatives. The Life-long Learning Centre (formerly the Seniors Education Centre) had a mature public awareness programme, and the SSM itself had some experience through the ABCs of Fraud and Senior Friendly projects, and the Elder Abuse Directory and Protocol published in 2004 and 2005.

In the first year, the SSM current programme sponsored Round Tables in partnership with member organizations in Saskatoon, Yorkton and Swift Current. Each gathering shared local experiences and provided the basis for more focused and effective public awareness projects in other Communities. The SSM was also indebted to the N.I.C.E. (National Initiative for Care of the Elderly) resources and in particular the B.C. experience in creating local Community Response Networks.

2011/2012 DEVELOPMENTS

In June 2011 the SSM convened a Provincial Workshop in Regina, with broad multi-disciplinary attendance and informed expertise from N.I.C.E. and from earlier Round Tables host communities. In late Jan 2012 another Round Table was held in North Battleford. The Executive Director initiated an awareness newsletter, although other priorities have delayed subsequent publications. (*Detailed reports from all the round tables, workshops, and planning meetings are on file at the SSM.*) Finally in March 2012, in response to continued concern by many Seniors' organizations as to how best to react to specific reports of actual or suspected abuse, a multi-disciplinary working group of professional agencies was convened at the SSM to start formulating a practicable protocol.

Many SSM member organizations and partners (*see lead paragraph above*) have continued to address their areas of EA expertise, and to support the SSM accordingly. The EA Steering Committee (with the assistance from Round Table participants) also prepared a matrix in an attempt to provide an overall structure to the many components of Elder Abuse. The PREAM (Prevention and Response to Elder Abuse Matrix) evolution itself reflected some of the perplexing characteristics of the entire Elder Abuse subject area. (*see "Context" below*).

CONTEXT

Elder Abuse remains a complex and oft confusing label for an exceedingly varied mosaic of attitudes and behaviours that are deleterious directly or indirectly to almost all seniors. The 2011/2012 Government of Canada generously funded public information campaign obviously raised some awareness of the existence of Elder Abuse and its importance in general. But it may also have diluted the public's interest by promoting a generality rather than the mosaic's complexity. That paradox may be inevitable.

The PREAM (Prevention and Response to Elder Abuse Matrix) initially tried to focus discussions by identifying some 13 categories, 3 priorities, and 33 agents for an overwhelming array of 1300 differing aspects of Elder Abuse. Without minimizing the severity and importance of any one aspect, but in a somewhat vain attempt to make the subject manageable, the Steering Committee "refined" the matrix to a generalized 5 categories, 2 priorities, and 20 agents, such that one need only consider some 200 different (generalized) aspects of Elder Abuse in order to put any one situation in a greater but appropriate context. Not surprisingly most people find even 200 aspects to be overwhelming, and thus many stakeholders (from victims, to educators, to responders, and interested laypersons) continue to approach the overall EA complexity with a specific focus on only one (or a handful) of the possible relevant aspects.

ACKNOWLEDGEMENTS

Appreciation is extended to The Saskatoon Council on Aging (SCOA), the Prince Albert Community Against Family Violence, the South West Council on Aging, N.I.C.E., the Lifelong Learning Centre and all the SSM member organizations that have participated and supported the SSM Elder Abuse initiatives. Special thanks to the Regina and North Battleford hosts for Roundtables and workshops. We are indebted to the Steering Committee members: Deborah Harris, Charles Keple, Joan Lidington, Al Schell, and Holy Schick.

Respectfully submitted,

Charles Keple
Chair

Fraud Awareness Toolkit (FRAUD CENT\$)

This project created a ***Fraud Cent\$ Toolkit*** for community-based organizations to assist them to teach volunteers (who are also seniors) to deliver unique fraud awareness presentations. It was funded over a three year period – from November 2008 until October 2011 by New Horizons for Seniors (Human Resources and Skills Development Canada). The ***Toolkit*** was also translated into French.

As part of the project we also created a ***Fraud Cent\$ Handbook*** for individuals (in both French and English) that has proven to be very popular.

SSM has done approximately 230 presentations to a variety of seniors' groups to raise awareness about Frauds and Scams and a number of radio and television interviews. In addition, people who have received copies of the Toolkit are also doing presentations in their communities.

So far we have distributed approximately 225 ***Toolkits*** and approximately 7,300 ***Handbooks***. We are also working with the Better Business Bureau of Saskatchewan who are planning to produce a smaller version of our ***Handbook***.

Thank you to everyone who has contributed to this success of this project, especially to Tracy Thompson, Shelley Brenner, and Kathy Lye.

While the project has now officially ended, we continue to do presentations and distribute the resources. Our Program Coordinator, Vivian, will now take the lead in these presentations.

Respectfully submitted,
Holly Schick
Executive Director

**SASKATCHEWAN SENIORS MECHANISM
COMMITTEE REPORTS**

Finance Committee Report

Saskatchewan Seniors Mechanism 2012 Annual General Meeting

Committee Members: Allan Stamler, Chair
Frank May
Andre Nogue
Les Lye (ex officio)
Holly Schick (ex officio)

A major item this past year has been the Targeted Initiative for Older Workers grant of \$388,150. It underscores the increasing need for older workers to develop the skills to return to the workforce. I will go into the results of operation in my report to the AGM.

My term on the Board of the Saskatoon Council on Aging is ending so my relationship with SSM will also end. Being the younger member of both boards I am aware as I step into this cohort, that organizations like the Mechanism need to exist to advance and promote programs for Older Adults.

I would like to thank the members of the finance committee; Les Lye, Frank May, Andre Nogue and Holly Schick. Also I would like to thank our bookkeeper, Certified General Accountant Prof. Corp, and our auditor, Mintz & Wallace, for their efforts.

Respectfully submitted,
Allan Stamler
Treasurer

Note: Auditor's Report 2011-2012—See Appendix A

Appointment of Auditor
Saskatchewan Seniors Mechanism
2012 Annual General Meeting

Motion: Mintz and Wallace be reappointed as auditor for 2012-2013

Moved by : Allan Stamler

Seconded by:

Policy Committee Report
Saskatchewan Seniors Mechanism
2012 Annual General Meeting

Committee Members: Les Lye, Chair
Kerrie Strathy
Robert Wuschenny
Betty Pickering
Charles Keple
Shelley Brenner
Holly Schick (ex officio)

Reviewing and amending SSM's Policy Manual has been a concern for me. During the last months of my term as president, a committee was established to address said concern.

The first task was to review th manual to determine the current policies and procedures. Then the committee developed the following policies: Board Attendance; Privacy; Conduct and Conflict of Interest; and, Conflict of Commitment—all of which were adopted by the Board of Directors.

Respectfully submitted,
Les Lye
Chair
President

SASKATCHEWAN SENIORS MECHANISM

OTHER REPORTS

Grants Report
Saskatchewan Seniors Mechanism
2012 Annual General Meeting

Core Funding:

Saskatchewan Seniors Mechanism receives its core funding from:
Saskatchewan Parks and Recreation Association
Saskatchewan Health

Funding from these sources provides money for day-to-day operations and the delivery of certain core programs for seniors. Core SSM programming includes such things as: the quarterly publication of our newsletter *Gray Matters*, a Seniors Information Line, research on seniors issues, advocacy, an annual conference to raise awareness about seniors concerns, bringing seniors groups together to facilitate opportunities to work together, the Century Club, events, retreats, and many others.

CORE FUNDING for 2011-2012:

Saskatchewan Health	\$47,344
Saskatchewan Parks and Recreation Association (Sask. Lotteries)	\$171,282

Member Organizations' Program Funding:

Fifty percent of funding from Saskatchewan Parks and Recreation supports member organizations' programs that focus on active living.
In 2011-2012 those grants were distributed as follows:

SSFA: 55 Plus Games / Workshops, Clinics & Meetings / Walking Program	\$14,400
LLC: Aging Well Outreach Program	\$29,700
SSAI: Member Newsletter	\$9,000
Saskatoon Council on Aging: Saskatoon Century Club	\$17,468
Regina Senior Citizens Centre: Embracing Retirement Showcase	\$10,000

SSM Program Funding:

In addition to the Core Funding, SSM has received a variety of grants over the years which have enabled particular programs and projects. In 2011-2012 the following grants enabled specific pieces of work:

Century of Memories (federal government New Horizons for Seniors) – a project to collect stories from seniors 90 years of age and older. \$25,000

Fraud Awareness (federal government New Horizons for Seniors – Elder Abuse Awareness) – development of a Fraud Cent\$ Toolkit with materials to be disseminated to groups throughout the province \$300,000 (over 3 years)

Targeted Initiative for Older Workers (federal government Human Resources and Skills Development Canada and provincial government Advanced Education Employment and Immigration) - providing skills training for older adults seeking to enter or re-enter the workforce \$388,150 (for 3 programs)

SMART – Seniors Maintaining Active Roles Together (federal government New Horizons for Seniors) – to promote good experiences for seniors volunteers and volunteer organizations \$25,000

Elder Abuse Network (federal government New Horizons for Seniors – Elder Abuse Awareness) – to establish a provincial elder abuse network and resource directory/inventory \$154,495 (over 3 years)

Please note that this listing relates to work completed in the 2011-2012 fiscal year or work that has begun in the 2012-2013 fiscal year prior to this AGM. In some cases the grant money and/or the work may overlap more than one year.

Respectfully submitted,
Holly Schick
Executive Director

Philips Lifeline Saskatchewan

Saskatchewan Seniors Mechanism

2012 Annual General Meeting

Terri Berglund

Program Manager

Lifeline Saskatchewan

Total Active Subscribers: YTD March 2012: 1056

2011 Achievements

Strong rapport has been established with our partner, Saskatchewan Seniors Mechanism, for over twelve years and has resulted in an increase in referrals and organic growth. Executive Director, Holly Schick has given me the opportunity to present new innovations from Philips Lifeline and distribute marketing material to board members twice in 2011. Holly and Lynne continue to refer people in need of the service via phone, email, and walk-ins as well as promoting our service at all events they attend. SSM board members and their organization members have also referred clients to the Lifeline service resulting in installations. SSM's Annual Conference in Humboldt in May, "Celebrating Seniors" in Oct, and most recently "Moving Beyond the Gap" Conference were all great successes and gave me the opportunity to educate new attendees as well as update existing ones on the Lifeline service. Saskatoon Council on Aging in Saskatoon gave me the opportunity to educate to their caregiver support group meetings and displays in various facilities in Saskatoon where the attendees saw value in the service and many had Lifeline installed for their loved ones. They invited me to their yearly Conference in Saskatoon "Spotlight on Seniors" with attendance of 600+ seniors and their families rural and urban). One page ads in Gray Matters in all quarterly editions with Lynne's assistance, Holly's idea of inserting Lifeline gift certificates into Gray Matters at Christmas, and our upgraded link to the SSM webpage, have given Lifeline increased exposure and installations. I am proud to educate people in my travels about the value of the SSM and to support the SSM with partnership fees and rental fees paid quarterly.

Ongoing:

- In-services to Continuing Care Assistants at Saskatchewan Institute of Applied Arts and Sciences (SIAST) in Regina as part of their curriculum module, "Safe Environment" and completed annually.
- Continue to build rapport with VAC (Veterans Affairs Canada) in Regina and

Saskatoon offices with sales calls and updates - VAC does refer veterans regularly each month to the Lifeline service.

- Royal Canadian Legion- continue to build rapport with the 200 Legions in SK through presentations to the larger ones in Saskatoon, Regina, and Prince Albert and replenishing Lifeline information to the other legions in my travels throughout SK. Since Philips Lifeline's partnership with the Royal Canadian Legion nationally in Jan/08 Lifeline continues offering the legion members 2 months free for the Lifeline service for themselves, family, or friends. Attended their conference held in Moose Jaw in Oct/11.
- I attended and had display booths at numerous national, provincial and local conferences, and education days for a variety of healthcare professionals- CAOT (Canadian Association of Occupational Therapists), SRNA (SK Registered Nurses Association), Heart and Stroke, Palliative Care Conference, Diabetes Educators Education Day, Nurse Practitioners, Parkinson's Workshop and Multiple Sclerosis Conference and National Falls Prevention Conference.
- Attended numerous conferences and trade shows locally and provincially which are attended primarily by seniors organizations, seniors and their families/caregivers but also healthcare professionals-Spotlight on Seniors, Seniors Safety Expos, in numerous locations in SK, Caregiver Support groups in Saskatoon and Moose Jaw, SSM conference in May 2011 in Humboldt.
- Total of 50 Healthcare Professional in services completed in 2011.
- A total of 33 seniors' presentations in 2011
- Displays at wellness and falls prevention clinics/ fairs in seniors' centers and residences

Developing and maintaining provincial and community relationships through visits and meetings to:

- All hospitals and health centres (healthcare professionals-nurses, nurse practitioners, physicians, therapists, social workers, discharge planners)
- Provincial Home Care
- Community Health Nursing Services in First Nations Communities
- Private Home Health Care Services
- Seniors Healthy Living Program
- Private Duty nurses-primarily Regina and Saskatoon
- Community Clinics/Family Services
- Physicians' offices
- Podiatrists
- Footcare clinics
- Pharmacies
- Day Programs/ Convalescent care, Extending/Transitional and Quick Response Units
- Allan Blair Cancer Centre
- Veteran Affairs Canada (VAC) Regina and Saskatoon offices
- Saskatchewan Safety Council

- Emergency Medical Services
- HealthLine
- Mental Health and Addictions Services
- VON-Saskatoon and Moose Jaw
- Schools of Nursing
- Physiotherapy and Rehabilitation Clinics in Community
- Caregiver Support Groups-Saskatoon and Regina
- Seniors Education Centres
- Other health-related organizations: Parkinson's Foundation, Canadian Diabetes Association, Alzheimers Society, Multiple Sclerosis Society, Arthritis Society, ALS Society, Osteoporosis Society, Saskatoon Balance and Dizziness Centres, Post Polio Regina, Gerontology Association, CNIB, Stroke/Caregiver Education Program, Saskatchewan Voice of People with Disabilities, SK Aids to Independent Living
- Other groups- various seniors centres and groups in seniors complexes and churches.
- First Nations: In services and sales calls to over 20 bands in SK, to Directors and Home care nurses have resulted in installs, many being funded by the bands from the Community Development Corporation through the local casinos.
- SFIPS (SK Falls Injury Prevention Strategies) I have been a board member since its inception in Nov/06 to develop provincial strategies for prevention of seniors' falls.
- Regina and area Seniors Falls Prevention Committee-co-chair of committee with Shelly McEwen of RQHR.

Philips Lifeline Marketing Resource Team: assisted with multiple pilot projects in introducing new marketing tools to referral sources and gathering information from referral sources to discover their needs.

Home Service Representatives (Lifeline installers): recruited prospects, collected resumes, and completed face to face interviews and orientation training. I have also trained some of my Home service Representatives (Lifeline installers) to man Lifeline displays at tradeshows and present at seniors buildings

Actively participated and helped organize 2 successful Home Service Representative Workshops annually in Regina (at SSM office) and Saskatoon in May/2011

Assisted with training of new Philips Lifeline Community Representatives in MB and BC.

2011 Canadian Philips Lifeline Awards:

- Achievement Award
- "Spreading the Word"
- Surpassing Quota Award

THANK YOU PARTNER for the many opportunities you have given me to provide the people of SK with a better quality of life, save lives, and grow the Philips Lifeline service in Saskatchewan!

Saskatchewan Seniors Mechanism

HOUSING BRIEF TO THE PROVINCIAL GOVERNMENT

Senior Housing in Saskatchewan

The Saskatchewan Seniors Mechanism (SSM) is an umbrella organization that brings together groups of older adults for the purpose of improving the well-being of seniors in our province. SSM does this by allowing seniors to share in their accomplishments, by celebrating their contribution to the community and by speaking on their behalf when need arises.

The well-being of seniors is a multi-faceted reality. One of the facets that we have identified as requiring study and possible action is **housing**.

SSM's basic premise is that housing for seniors has to be seen on a continuum of change. The changing circumstances which go along with aging call for access to different types of housing to suit the different care needs (physical, mental, spiritual) of seniors. The healthy, autonomous senior, living independently today in his/her own home/apartment might soon require added support and care in order to remain in the home and at one point, require being in a care facility of some sort.

In order to learn more about the present reality, SSM first conducted a survey of individual seniors with the aim of finding out their current housing situation and how they saw their changing needs being met down the road. In a second phase, another survey was addressed to communities, basically asking them what they had to offer these seniors now and in the future.

The individual survey: It was circulated within the context of the SSM magazine *Gray Matters*. 233 seniors, residing in 65 different communities, responded. The vast majority (76%) resided in a rural community and nearly 2/3 of them were 75 years and older. 61% claimed to own their house or condo while 12% were renting a house or apartment. 22% lived in government-subsidized rental units. Although 84% of the respondents said they were quite happy with their present housing condition, the majority expressed serious concern when considering their next housing move. While 73% considered it very important to be able to remain in their community, only 51% said that they would be able to move within the community where they now reside. Less than half thought that the new housing would be affordable. 79% of the respondents considered it very important to be able to move to different levels of care within the same facility.

We were not surprised at the survey results. Even if this survey is not considered scientific, and even if the number of responses is limited, it nevertheless reveals current housing conditions. Responding seniors, by and large, seem to be reasonably happy with their current housing condition but when they look at their next move, they express the concern of not being able to find the needed accommodation within their

community (where they prefer to remain) and at an affordable cost.

The community survey: It was addressed to municipalities, band offices, towns, villages and cities. 45 communities, 44 rural and one urban, responded to the 2nd survey which focused on existing housing stock, vacancies and plans for the future.

Of the 45 communities, 36 reported having *Government-subsidized rental units*. 62% said that the vacancy rate is 0; and 30 of them admitted that the existing stock was insufficient.

5 communities reported having *Privately-run assisted/retirement living complexes*. None had vacancies.

6 communities reported having *Personal Care Homes*. None had vacancies.

14 communities reported having *Special Care Homes/Long Term Care Facilities*. All but 2 reported no vacancies.

While the vast majority of the communities admitted that the existing housing stock was insufficient, of the 42 communities commenting on this aspect, only 2 admitted having plans to address the problem.

Again, without necessarily being very scientific nor very representative, especially because of the fact that only 1 urban community responded, the survey nevertheless is quite revealing.

The 0 vacancy rate in most facilities seems to confirm the worry expressed by individual seniors when more than half say that they probably won't find their next needed accommodation within their community. Even in a large urban centre such as Regina we find extensive waiting lists. The vast majority of communities responding admit that their existing housing stock is insufficient and yet only 2 of them say that they have plans in the works to address the issue. That is the worrying aspect in the results. In light of these findings, and also in light of the fact that the Saskatchewan population of seniors is growing at a rapid pace, it would appear that the senior housing file requires some immediate attention and that further action needs to be undertaken soon by the powers that be.

The SSM commends the Provincial Government for having launched in August 2011, the Saskatchewan **Housing Strategy**. The Principles upon which the strategy rests appear to be the right ones as well as the Directions it proposes: increase the housing supply; improve housing affordability; support individuals and families in greatest need; enhance strategic planning for housing; collaborate, communicate and educate. SSM also wishes to commend the Saskatchewan Party for its announcement during the recent election campaign of the **Seniors Personal Care Home Benefit**. We only hope that it will quickly become government policy and implemented without delay. Besides wanting to share the survey results, SSM takes this opportunity to invite the Provincial Government, when it reviews its social policies as they pertain to seniors, to keep the focus on a system of continuing/community/integrated care which includes health care, home care and respite care, affordable housing, supportive housing/

assisted living, long-term care.

Seniors have contributed immensely to building the community where they live. That is where they are happy and healthy amongst family and friends. The continuing care strategy should allow them to remain in this environment as long as physically possible and feasible, through a variety of support mechanisms: if they own their residence (support for home adaptations, renovations and maintenance, home and personal care); if they are in a rental situation (ensure the affordability of rent). And when the time comes when they can no longer realistically live alone, the community should be able to offer a variety of care facilities capable of meeting their differing care needs. Ideally, such facilities should have been planned to offer the possibility to age in place, i.e. offering different levels of care all under one roof, or at least in the same community.

The development and implementation of a continuing/community/integrated care strategy demands input from both recipients and providers of services. These inputs should involve continued consultation and communication as well as participation. The SSM acknowledges the provision of these important elements in the Provincial Housing Strategy through the setting up of a variety of *action teams*. SSM would be delighted to be invited to be part of one or many of these action groups.

Saskatchewan Seniors Association Inc.

POSITION BRIEF TO THE GOVERNMENT OF SASKATCHEWAN 2011/2012

Saskatchewan Seniors Association Inc. (SSAI) along with the Saskatchewan Seniors Mechanism (SSM) and its 16 member organizations have come together to support this brief.

The number of seniors represented within these organizations are now in excess of 100,000.

Saskatchewan Seniors Association Inc. and Saskatchewan Seniors Mechanism member organizations are expressing with this brief their concerns to you in regard to the future of senior centres within this province.

We are in complete and total agreement with the Patient First Review Commissioner's report when he wrote about assisting and supporting seniors to remain in their own homes and communities.

Senior centres provide recreation, companionship and social activities for all seniors reducing isolation and enabling them to remain physically and mentally involved.

The survey conducted by Saskatchewan Seniors Association Inc. amongst all its members quite clearly indicated that the financial difficulties the senior centres are enduring arise mainly from paying the ever-increasing cost of utilities and taxes.

It is now our opinion that direct financial funding to those centres cannot be equitable and fair because of the changing demographics of communities.

Therefore a far better solution would be to exempt all senior centres from paying municipal and school taxes.

Additionally we would further request that Crown Corporations, namely SaskTel, SaskPower, SaskEnergy, and SaskWater rebate to the senior centres 50% of the charges levied for those services provided.

This proposal as presented: -

Would empower seniors to remain active and involved in their own communities.

Would be equitable and fair to all senior centres across the province.

Would empower senior centres to be sustainable and provide those programs that benefit seniors and the community.

Would facilitate senior centres in promoting primary health care in their communities, for example foot care clinics, flu shot clinics, blood pressure clinics, dietary support and management of chronic diseases and other related issues.

The senior centre would be available for seniors' educational programs such as elder abuse, fraud, drug abuse, 55 alive, power of attorney, falls prevention, medical life line, pharmacists assistance, computer classes.

The senior centre would be available for community interaction events such as family gatherings, anniversaries, funerals, showers and weddings, etc.

The senior centre would be available for self-learning programs, crafts, cards, games and exercise groups.

The senior centre would be used for community interaction between seniors and young people.

The senior centre would be available for coordinating and conducting community projects such as bereavement support groups and transportation for those in need, etc.



ALCOA Representative Report **Saskatchewan Seniors Mechanism** **2012 Annual General Meeting**

I continue to serve as an ALCOA Guardian (i.e. member of the *Board of Directors*) and have participated in their regular teleconference meetings. Our relationship to ALCOA continues to be an important partnership in which we have opportunities to share ideas on possible activities and resources, seeking to work together with other organizations across the country where possible.

ALCOA, like many non-profit agencies, is dependent on grants and sponsorship revenue to support its activities. This is an ongoing challenge and establishing sustainable funding is a priority for ALCOA. At present there are only funds to continue until the end of June, but there are a number of possible grants that may change this situation.

The **Public Health Agency of Canada (PHAC) Active Living for Canadians with Diabetes Project** has created “Your Personal Passport to Healthy Living” and a “Community Leader’s Guidebook” for use in diabetes prevention workshops.

ALCOA developed a publication called ***Silver Times***. The first issue came out in print form but it became apparent that it would be too costly to continue that format. This spring, an online version was launched. It has some excellent content and can be viewed at www.silvertimes.ca

With funding from the Canadian Institutes of Health Research, and significant volunteer contributions from the three authors, ALCOA was able to revise three of the older **ALCOA Tips** documents and publish a new paper on **Brain Fitness**. These are available on the ALCOA website www.alcoa.ca and are also available in 5 languages other than English!

Respectfully submitted,
Holly Schick
ALCOA Representative

**SASKATCHEWAN SENIORS MECHANISM
NOMINATING COMMITTEE REPORT**

Nominating Committee Report

Saskatchewan Seniors Mechanism

2012 Annual General Meeting

Committee Members: Betty Pickering, Chair
Charles Keple
Jennifer Tallentire
Robert Wuschenny
Allen Morrison
Les Lye (ex officio)
Holly Schick (ex officio)

The Nominations Committee had several meetings over this past year. The discussions of the Committee were thorough and conducted in a diligent manner.

We discussed the Mission Statement of the Saskatchewan Seniors Mechanism which states: We bring together Saskatchewan seniors' organizations for the purpose of contributing to a better quality of life for seniors.

We do this by:

- Research and actions on issues affecting seniors
- Being a unified voice advocating for seniors
- Giving direction and support to member organizations
- Creating awareness and co-ordination of resources and services for seniors
- Partnering with member organizations and others.

The Nominations Committee reviewed and discussed in some detail the role of Board members, the expectations and responsibilities of Board members so they would serve in the best interest of the Organization and its members.

The following outlines the Board Member responsibilities:

- Must act honestly and in good faith, consistent with the best interests of SSM
- Must exercise due care, diligence and skill that a reasonably prudent person would exercise in comparable circumstances, to work and provide sound stewardship of SSM resources entrusted to them
- Must protect confidentiality on matters and information provided to them in confidence at all board and committee meetings
- Must be prepared to declare any conflict of interest as it arises
- Must declare involvement in any issue or controversy that has gone, or is

- likely to go, to litigation or public review
- Must be a resident of Saskatchewan
 - Must meet the requirements of the positions as stated in the Saskatchewan Seniors Mechanism Inc. Bylaws June 2011 e.g. Treasurer must be bondable
 - Are not required to be a “senior”, however, they must be an adult with qualifications appropriate to the work and projects of the Saskatchewan Seniors Mechanism
 - Are not required to be a member of one of the SSM member organizations as long as they possess the skills to carry out the position for which they are standing
 - If they are part of one of SSM’s Member Organizations, they must be a member in good standing within their organization

The new SSM Bylaws call for a Board elected as individuals (not as representatives of a member organization).

This year a President and Vice President will be elected for two year terms.

A Board Secretary and Treasurer will be elected for one year terms.

Eight other Directors will be elected, four for 2 years, and 4 for 1 year terms.

The change that is now being made will allow the organization to expand its role in our Province in providing leadership and consultation on senior’s issues in our Province.

I would like to thank all the members of the Nomination Committee for their commitment, diligence and dedication in working together. I would also like to thank our Executive Director, Holly Schick for her advice and guidance during this process.

On behalf of the Committee,
Betty Pickering, Chairperson

Nominations

Saskatchewan Seniors Mechanism 2012 Annual General Meeting

President

Betty Pickering

Vice President

Mike Kaminski

Charles Keple

Secretary

Isobel Fowler

Margaret Gailing

Charles Keple

Treasurer

Andre Nogue

Members at Large

Jeanne Alexander

Isobel Fowler

Margaret Gailing

Kurt Holstein

Mike Kaminski

Charles Keple

Judy Livingstone

Betty Nippi-Albright

Kathy Roth

Maxine Stinka

Kerrie Strathy

Marj Thiessen

Tracy Thompson

Don Veitch

**SASKATCHEWAN SENIORS MECHANISM
RESOLUTIONS**

SUBMISSION OF RESOLUTION

At the January 10, 2012 meeting of the Board of Directors of the Saskatchewan Seniors Mechanism, the following bylaw changes were approved for recommendation to the AGM. These changes are in response to requirements of the Canada Revenue Agency.

That the Bylaws of the Saskatchewan Seniors Mechanism be amended as follows:
Article number 3, Objectives, be replaced with the following:

OBJECTIVES:

- 3 To promote the well-being and independence of seniors in Saskatchewan by:
 - 3.1 Providing access to information and support services for seniors;
 - 3.2 Educating and training seniors regarding issues affecting them;
 - 3.3 Encouraging interaction, activity and support for seniors;
 - 3.4 Conducting research to identify issues affecting seniors, and solutions to address them.

That the article on Wind-up and Dissolution be replaced with the following:

WIND-UP AND DISSOLUTION

In the event of the wind-up and dissolution of the Saskatchewan Seniors Mechanism, all the property and assets shall, after the payment of all liabilities, be distributed to one or more qualified donees, and in accordance with the provisions of *The Non-profit Corporations Act*, Saskatchewan.

SASKATCHEWAN SENIORS MECHANISM

OTHER

SASKATCHEWAN SENIORS MECHANISM

VOTING DELEGATES

SSM ANNUAL GENERAL MEETING – 2012

- | | |
|---------------------|--|
| 1. Charles Keple | National Association of Federal Retirees |
| 2. John Warnke | |
| 3. Kathy Lye | |
| 1. Adrienne Sawchuk | Fédération des aînés francsaskois |
| 2. | |
| 3. | |
| 1. Pierre Schweda | Regina Senior Citizens Centre Inc. |
| 2. Bill McLean | |
| 3. Kathy Thierault | |
| 1. | Saskatchewan Retirees Association |
| 2. | |
| 3. | |
| 1. Fern Haight | Saskatchewan Seniors Association Inc. |
| 2. Isobel Fowler | |
| 3. Lorna Weldon | |
| 1. Kerrie Strathy | Lifelong Learning Centre |
| 2. Marj Thiessen | |
| 3. | |
| 1. Margaret Gailing | Saskatchewan Senior Fitness Association Inc. |
| 2. Myrtle Bell | |
| 3. Gordon Garratt | |
| 1. Allan Stamler | Saskatoon Council on Aging |
| 2. | |
| 3. | |
| 1. Marcia Holtby | Senior Power |
| 2. Doris Dietrich | |
| 3. Ray Zelowsky | |

- | | |
|---|--|
| 1. Robert Wuschenny
2. Mike Kaminsky
3. Maxine Stinka | Superannuated Teachers of Saskatchewan |
| 1. Betty Pickering
2. Ron Monk
3. George Britton | Saskatchewan Federation of Union Retirees |
| 1. Wayne Rutten
2. Marilyn Lorence
3. Judi Livingstone | SaskTel Pioneers Chapter 59 |
| 1. Ivy Kennedy
2. Darlene Paddy
3. Norma Key | Women of the Dawn |
| 1. Kurt Holstein
2. C. Crozier-Smith
3. William Belick | Canada Post Heritage Club – Golden Sheaf Chapter |
| 1. Huguette Okerstrom
2.
3. | Moose Jaw & District Seniors Association |
| 1. Gerri Wood
2. Louis Wood
3. Jennifer Tallentire (Proxy Gerri Wood) | Catholic Family Services |
| 1.
2.
3. | Power Pioneers Assoc. of Saskatchewan Inc. |

Appendix A