

# An Invitation

Saskatchewan Seniors Mechanism would like to **invite your organization** to consider becoming involved with SSM. We would be very pleased to have you join us in our goal of '*bettering the quality of life for seniors in Saskatchewan*'.

There are two categories available:

- Member organization
- Supporter of SSM

Member organizations are entitled to name voting delegates to the AGM, nominate board members, bring resolutions forward to SSM and apply for small amounts of grant funding through SSM.

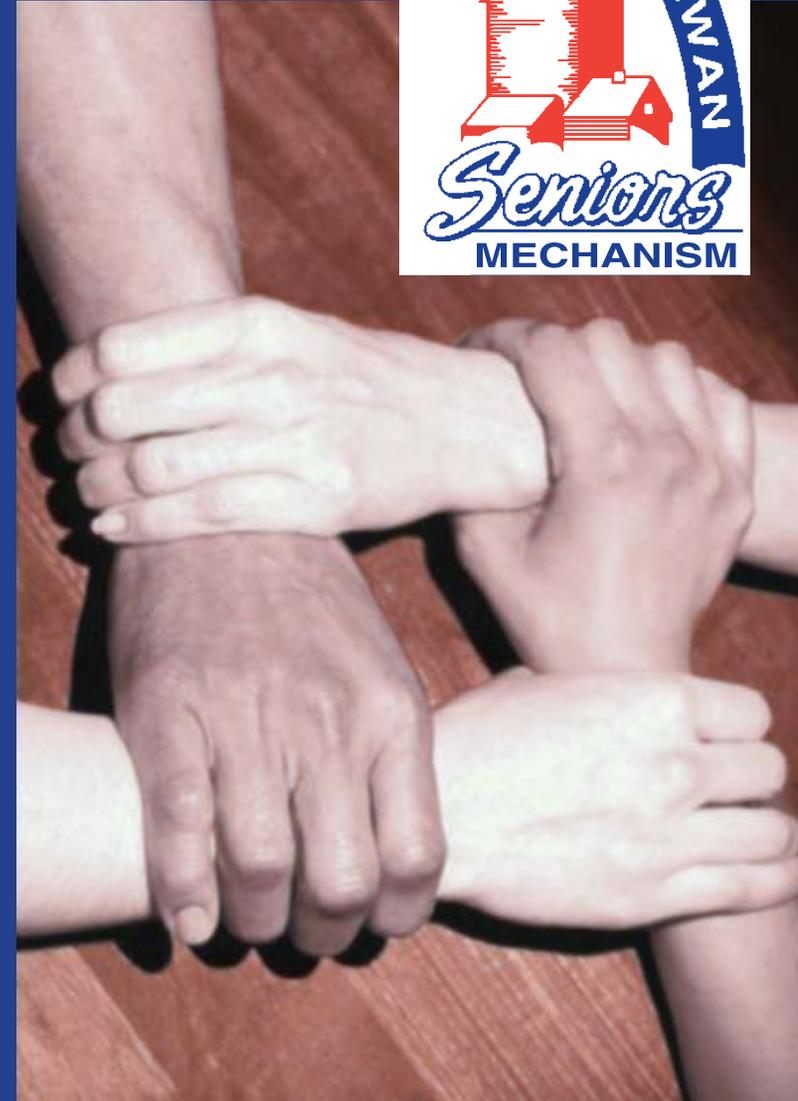
Supporters of SSM may participate in all activities of SSM, including the AGM but do not have a vote and cannot apply for funding.

Member Organizations and Supporters of SSM receive regular communications from SSM including Gray Matters publication, invitations to and information on various conferences and activities SSM is involved in, and can lend their support to advocacy on issues of significance to seniors. There is no membership fee.

For a list of current member organizations, please visit our website.

## What we do

- **Celebrating Seniors**  
*celebrates the volunteer contributions of seniors*
- **Gray Matters**  
*quarterly publication*
- **Century Club**  
*seniors 90+*
- **Annual Conference**  
*addresses topics relevant to seniors*
- **Advocacy**  
*on various issues:  
e.g. Housing, Finances,  
Elder Abuse, Health Care*
- **Projects**  
*to meet a specific need  
or issue e.g. Elder Abuse  
Prevention, Age Friendly  
Communities, Fraud  
Awareness*
- **Information Line**  
*1-888-823-2211*



*Join us*

Telephone: 306-359-9956  
[www.skseiorsmechanism.ca](http://www.skseiorsmechanism.ca)

# Who we are

**Saskatchewan Seniors Mechanism** is a non-profit, volunteer organization that was formed in 1990. This provincial umbrella organization partners with our 'member organizations' and with 'supporters of SSM' to work together in the interest of seniors in Saskatchewan. We do this by providing specific types of programming, advocating about issues of interest to seniors, or sharing information to benefit seniors in our province. Collectively, these groups represent upwards of 100,000 seniors. The key to success is everyone working together!

To receive more information and/or an application form:

**Email:** [ssm@skseniorsmechanism.ca](mailto:ssm@skseniorsmechanism.ca)

**Phone:** 306-359-9956

**Visit our website:**

[www.skseniorsmechanism.ca](http://www.skseniorsmechanism.ca)

office: 112-2001 Cornwall St., Regina, SK S4P 3X9

# Vision

Saskatchewan Seniors Mechanism is recognized for its leadership, integrity and service in addressing seniors' issues in Saskatchewan.

## Mission

The Mission of Saskatchewan Seniors Mechanism is to bring together Saskatchewan seniors' organizations for the purpose of contributing to a better quality of life for seniors.

We do this by:

- research and action on issues affecting seniors
- being a unified voice advocating for seniors
- giving direction and support to member organizations
- creating awareness and co-ordination of resources and services for seniors
- partnering with member organizations and others

# Membership

- A member organization is an association of seniors which is non-discriminatory in relation to race, religion, sex, physical or mental abilities and which has been incorporated for at least two (2) years for the purpose of supporting and advancing the common interests of seniors.
- Member organizations represented on SSM may be province-wide, city-wide or area-wide in terms of membership, goals and objectives, and they will collectively provide a network of programs or services throughout the province.

## Supporters of SSM

"Supporters of SSM" is open to any group or organization whose membership is interested in supporting and advancing the interests of seniors. "Supporters of SSM" may participate in activities of SSM but have no vote.

**Bringing together Saskatchewan seniors' organizations**