

SSM research indicates that older adults are concerned about adequate financial resources.

Older adults often experience a decline in income after retirement. The ability to supplement income becomes more difficult because physical limitations may increase and ageism can limit employment opportunities.

Financial Requirements

Provision of a secure and adequate income now and into the future includes:

- Ensuring all services are affordable for those with lower incomes
- Tax credits to promote older adults' health and wellbeing
- Increases to public income supports (pensions, social assistance, etc.) to provide adequate income
- Legislated protections of private pension and benefits plans
- Providing financial support or tax credits for unpaid caregivers



FINANCE



Funding for resource provided by SRA

You are invited to engage others on this topic:

- Meet with your local MLA and/or candidates
- Write letters – to politicians or local papers
- Organize a local discussion group
- Talk with your friends and neighbours

Include examples from your personal experiences

SSM is a provincial organization that partners with other organizations to address issues and to promote quality of life for all older adults in Saskatchewan. Based on two years of research, SSM believes a provincial Seniors Strategy is imperative in order to support and empower our population of older adults as they continue to contribute to their local communities and to our province.

SSM Member Organizations include: Canada Post Heritage Club - Golden Sheaf Chapter; Carp - Regina Chapter; Fédération des aînés francosaskois; Lifelong Learning Centre; Moose Jaw & District Seniors Association; National Association of Federal Retirees; Power Pioneers Association of Saskatchewan Inc.; Regina Seniors Citizens Centre Inc.; Saskatchewan Union Retirees Federation; Saskatchewan Retirees Association; Saskatchewan Seniors Association Inc.; Saskatchewan Senior Fitness Association; Saskatoon Council on Aging; Saskatoon Services for Seniors; SaskTel Pioneers Chapter 59; Senior Power; Superannuated Teachers of Saskatchewan; Women of the Dawn.