

Strategizing for Positive Aging

SSM research indicates that older adults are concerned about:

- Increasing capacity within Government for the development and implementation of a comprehensive seniors strategy
- Establishing formal structures to support older adults and their communities
- Providing financial and staff resources to support the necessary structures
- The critical need for a single point of entry and someone available to direct older adults to needed information

Government structure is needed to address seniors' issues at a provincial level. SSM research indicated a preference for a Seniors Advocate. The provincial government's appointment of a Minister Responsible for Seniors is a step forward. Consideration should be given to appointing a Seniors Advocate, independent of government and also able to identify issues and make recommendations to government. A Seniors Advocate could also have the ability to assist in directing older adults to needed services.

The Saskatchewan Government needs to:

- Develop and implement, in collaboration with community leaders, a comprehensive plan to support and enable positive aging
- Provide financial and staff resources to support efficient and effective policies, structures and programs

You are invited to engage others on this topic:

- Phone or email your local MLA and/or candidates
- Write letters – to politicians or local papers
- Organize a local discussion group
- Talk with your friends and neighbours

Include examples from your personal experiences



BUILDING CAPACITY



Funding for resource provided by SRA

SSM is a provincial organization that partners with other organizations to address issues and to promote quality of life for all older adults in Saskatchewan. Based on two years of research, SSM believes a provincial Seniors Strategy is imperative in order to support and empower our population of older adults as they continue to contribute to their local communities and to our province.

SSM Member Organizations include: Canada Post Heritage Club - Golden Sheaf Chapter; Carp - Regina Chapter; Fédération des aînés fransaskois; Lifelong Learning Centre; Moose Jaw & District Seniors Association; National Association of Federal Retirees; Power Pioneers Association of Saskatchewan Inc.; Regina Seniors Citizens Centre Inc.; Saskatchewan Union Retirees Federation; Saskatchewan Retirees Association; Saskatchewan Seniors Association Inc.; Saskatchewan Senior Fitness Association; Saskatoon Council on Aging; Saskatoon Services for Seniors; SaskTel Pioneers Chapter 59; Senior Power; Superannuated Teachers of Saskatchewan; Women of the Dawn.