

## Examples of Support for Older People in other Countries

Australia's Home Care Packages Program subsidizes costs for various services, from minor home modifications to personal care and help with household tasks. The Program takes a consumer empowerment approach by providing the package to the individual and letting them choose the services they need and the service provider, and it allows the service provider to set their own prices.

- Home care packages deliver **co-ordinated packages** of care and services to meet people's **assessed care needs** within the limits of their individual **home care budget** and the **scope of the program**
- All packages are delivered using a **Consumer Directed Care model** - to give consumers choice and flexibility in the supports they access, **based on need**, and how they are delivered
- The intent is to support senior Australians to optimise health and wellbeing, to help them to **live safely and independently at home**
- How care and services are identified and delivered should reflect and **respect the individual**, as well as their **needs, goals and preferences**.

*Note the numbers of people supported and the costs associated*

Australian Aged Care at a Glance (2019/20)

Level of care	Service	Service objective	% of annual aged care spend*	2019/20 Annual Funding	Consumers
	<b>Residential care</b>	Accommodation and 24 hour care <i>High care needs</i>	<b>64%</b>	\$13.6b	189,954
	<b>Home care</b>	Service packages for those at home <i>High care needs</i>	<b>16%</b>	\$3.4b	155,625
	<b>Home support (CHSP)</b>	Basic assistance for those at home <i>Low care needs</i>	<b>13%</b>	\$2.8b	839,373

\* 2019-20 figures. Remaining 4% is Flexible Care and Restorative Care not shown here

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Healthcare Denmark states: "We have a dignified elderly care with focus on involving and empowering every citizen with focus on their individual needs and preferences. The goal is for the elderly citizens to maintain their independence, gain control of their own life, and stay healthy in their own homes for as long as possible."<sup>12</sup>

In the early 2000s, after a little more than a decade of integrating these home-based services for seniors, growth in Danish long term care expenditures leveled off. Expenditures for adults over 80 years old dropped.<sup>22</sup> This suggests home care is saving costs in other areas. *Successful Care for Ageing Populations Around the World 2020*