



# 2021

## ANNUAL REPORT



**I GOT VACCINATED!**

#GETVACCINATEDSK

*Older Adults Moving Forward*

## SSM Member Organizations

Canada Post Heritage Club - Golden Sheaf Chapter  
C.A.R.P. Saskatchewan  
Lifelong Learning Centre  
Moose Jaw & District Seniors Association  
National Association of Federal Retirees  
Power Pioneers Association of Saskatchewan Inc.  
Regina Senior Citizens Centre Inc.  
Saskatchewan Retirees Association  
Saskatchewan Union Retirees Federation  
Saskatchewan Seniors Association Incorporated  
Saskatchewan Senior Fitness Association  
Saskatoon Council on Aging  
Saskatoon Services for Seniors  
SaskTel Pioneers - Chapter 59  
Senior Power  
Superannuated Teachers of Saskatchewan  
Vitalité 55+ Saskatchewan  
Women of the Dawn

## SSM Supporter Organizations

Association of Personal Care Home Operators of Saskatchewan  
Eden Care Communities, Regina  
Prince Albert Seniors Advocacy Centre  
Hafford/Blaine Lake Health Advisory Network  
Saskatchewan Association of Nurse Practitioners  
Saskatchewan Association of Rural Municipalities  
Saskatchewan Registered Nurses Association

## SSM Partner

Municipalities of Saskatchewan

## SSM Board

President  
Randy Dove

Past President  
Robert Wuschenny

Vice President  
Brian Harris

Treasurer  
André Nogue

Secretary  
Sunil Pandila

## Members at Large

Pat Dean  
Annette Labelle  
Shan Landry  
Shirley Dixon  
Richard Marcotte  
Devona Putland  
Doug Still  
Scott Wilson

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# MESSAGE FROM OUR PRESIDENT & EXECUTIVE DIRECTOR



Randy Dove  
President

Like everyone, the past year has presented all of us with challenges that we never expected and were underprepared to respond to without changing our approaches.

At SSM, the pandemic provided an opportunity to pivot and introduce new approaches to how we work on your behalf. Increased and different use of technology allowed SSM to extend our reach to other parts of Saskatchewan, across Canada and around the globe. We were able to present our annual conference in September and bring together participants and presenters from places that would never have been affordable in past years. The conference was viewed as a tremendous success by all those involved.

At the same time, changes caused some suspension of events like the Century Club events and our major Celebrating Seniors awards and volunteer recognition dinner. Events best served by gathering people together will return as we move past the pandemic.

During the year, significant effort was expended in working with current and new Age-Friendly communities. While much of the work was completed virtually, the enthusiasm to build on past successes and learning continued and is building as more communities are showing interest in considering how to include “age friendly” as part of their community development direction.

We have also been consumed by the continuation of efforts to build public support for our major research project, “Strategizing for Positive Aging”. From a resource allocation view, much of the staff and volunteers’ time has been focused on working with stakeholders to advance this initiative. Choices were made to narrow the focus to press for attention to “home supports” as a continuing initiative. Activity, budget and human resources have been aimed to work to challenge existing thinking and “care” models to break away from the current “institutional” hospital care model. This key priority will continue to be front and centre as we look for changes to bring others’ thinking more aligned with what older adults continue to tell us is what they need and want as they age.

With changes, the SSM staff assignments and roles have been adjusted to match the emerging priorities of SSM and using the talents of the group for maximum effectiveness. With the staff working from home most of the year, they have exhibited tremendous team spirit and tenacity to complete the tasks without the usual in-person opportunities we have been used to in the past.

SSM continues to be viewed as the “voice” of older adults in Saskatchewan. We are invited to many events, other organizations’ activities and to respond to topics affecting older adults that stretch from coast to coast to coast. This is a real tribute to the continued relevance of SSM. Together we really are “older adults moving forward”!



Holly Schick  
Executive Director

Respectfully submitted,  
Randy Dove                      Holly Schick  
President                         Executive Director

## Vision Statement

Quality life  
for all  
older adults in  
Saskatchewan



*Older  
Adults  
Moving  
Forward*

## Mission Statement

The Mission of SSM is to bring together Saskatchewan seniors' organizations for the purpose of contributing to a better quality of life for seniors.

We do this by:

- researching and acting on issues affecting seniors
- being a unified voice advocating for seniors
- engaging and supporting member organizations
- partnering with member organizations and others
- creating awareness and co-ordination of resources and services for seniors



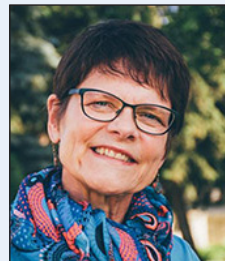
Holly Schick  
Executive Director



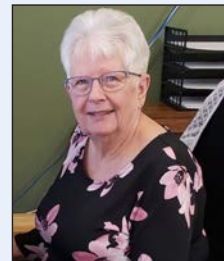
Michel Sorensen  
Promotions & Program



Linda Anderson  
Communications &  
Ageism Awareness



Catherine Barnsley  
Age-Friendly  
Communities



Sybil Nugent  
Administrative  
Assistant



Lynne Couzens  
Graphic Design

## SSM Governance Committee



**Robert Wuschenny - Chair**  
**Sunil Pandila**  
**Randy Dove**  
**Brian Harris**

The main focus of this committee's work was on a Self Reflection Process to be used by the Board. Here are some of the highlights:

## Self-Reflection at SSM

### Context

Many organizations, whether profit or non-profit, have introduced processes to provide their Boards of Directors with opportunities to reflect on the performance of the Board including the contribution of individual directors within the Board. These processes are focused on continuous improvement and board-management team building to enhance the experiences of individuals that take on leadership roles in an organization.

In a volunteer led setting, like SSM, there is immense value in ensuring that volunteers are contributing in ways that meet both their individual needs as well as helping sustain the organization over time.

### Goal:

The goal is to create a “conversation” about the collective performance of the Board, Board-management relationships, with an overall goal of continuous improvement of the organization.

### Timing:

The process will be part of the last Board meeting each year before the Annual General Meeting. The timing will provide new directors ample time to move through the orientation process and a full year of meetings and events to better understand the workings of SSM.

### Details:

Self-reflection is intended to provide directors the opportunity to reflect on these themes:

“How am I doing as a director?”

“How are we doing as a Board of Directors?”

To assist the self-reflection process, directors would be provided a short questionnaire in advance of the session. The questionnaire is intended to provide a structured way for each director to reflect on his/her participation and contribution to the Board of Directors.

# COMMUNICATIONS

The Communication Advisory Group provides advice and expertise as requested by SSM committees and staff. The purpose of SSM communication is to find creative and effective ways to reach and engage various audiences, including member/partner organizations and general public, with a focus on positive aging for older adults.

## Zoom Changes Everything



When we said to one another, “we have to shift and adapt with this pandemic” we had no idea how wonderful and challenging the shift would be.

SSM ability to reach people grew exponentially. No travel time and expense. Tune in from a comfortable chair in your home. Hear and see speakers from near and far.

Challenge: Tough for people who do not use computers – but phone in Zoom has allowed some connection for those individuals.

Nothing can really replace valuable in-person communication, especially informal conversations that occur during and around the edges of meetings and conferences. What will the future hold? Video-conferencing using Zoom or other platforms is not going away. It is too valuable. More shifting and adapting will continue!

**What the COVID-19 Pandemic has revealed**

Support systems for older adults are fragile and vulnerable!

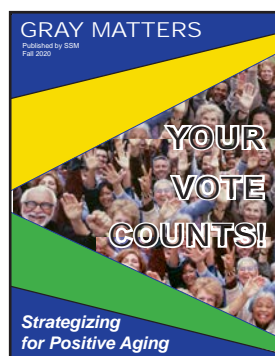
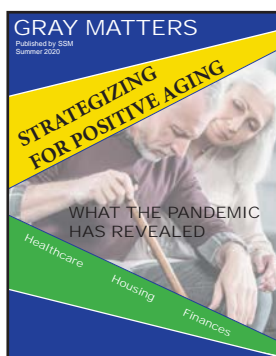
Governments have a vital role in supporting older adults:

- During a crisis;
- After a crisis;
- ALL THE TIME

Saskatchewan Needs a Plan!

www.sskseniormechanism.ca

**Communications continued to work closely with the Research and Issues committee, designing presentations, advertising and pushing for media attention.**



## Gray Matters issues:

- Summer 2020 (last issue in Strategizing for Positive Aging series focused on Housing and Healthcare)
- Fall 2020 – Your Vote Counts
- Winter 2021 – Connecting During Changing Times
- Spring 2021 – Our Values – Have They Changed?

# AGEISM AWARENESS

SSM developed a 3 part series on ageism to provide a way for people to recognize their own internal ageism and to see how ageism affects us as individuals and as communities.

## **3 Part Series Hosted by SSM on Zoom**

*You may attend 1, 2 or all 3 webinars*



### **Did you just have a Senior Moment?!**

February 25, 2021

1:30-2:30

*An introduction to the accepted, un-noticed and hidden evidence of ageism.*

### **Does Age Affect Your Medical Care?**

March 11, 2021

1:30-2:30

*Explore the realities for older adults who seek medical care. What is working now? What could make the path smoother?*



### **Be Bold! Value Old!**

March 25, 2021

1:30-2:30

*Old people can contribute wisdom, energy, experience if they are sought out, supported and even employed! Communities often lose sight of this treasure. Find the keys to release the power of old.*

**NO CHARGE - PRE-REGISTRATION REQUIRED**

**[ageismwebinars@skseniorsmechanism.ca](mailto:ageismwebinars@skseniorsmechanism.ca)**



## **Auntie Ageism column in Gray Matters**

*Auntie Ageism highlights how anti-ageism critiques and challenges the ageist attitudes that are prevalent but often unrecognized in our society. Let's ALL do our part to challenge ageism.*

## **Blooming Perennials**

Saskatchewan Blooming Perennials are older adults who choose how and when they are able to engage and contribute within their families and communities. Perennials aren't guaranteed to blossom year after year, but given proper conditions, good soil and nutrients, they can bloom for decades. These decades added to many lives increase their contributions to society.



***A Blooming Perennial is introduced as a feature in almost every edition of Gray Matters.***



# OLDER ADULTS MENTAL HEALTH

SSM received 3-year funding from the Saskatchewan Ministry of Health for work on mental health.

Things we did in the first year:

- Created a 25-minute PowerPoint presentation on Seniors' Mental Health during the Pandemic Marathon. It focusses on CONNECT (Communication, Outreach, Notice, New, Exercise, Community, Time). We recorded it and put it on our website. We also created a one-page handout to go along with the presentation which includes Stretch, Lift, or Tap (SLoT) to increase movement (developed by the Regional Geriatric Program of Toronto).



- In January we held our first Let No One Be Alone Week. It was designed to be a reminder to reach out to those who may be isolated, including creative ideas on how to do that. We provided idea sheets on our website, one for each day of the week, each with ideas on a different topic – art, communication, exercise, nature, music, spiritual practices, virtual travel and activities.

- We made presentations on isolation, ageism and seniors mental health to:
  - Prairie Central District for Sport Culture and Recreation
  - U of Regina Kinesiology Class
  - Seniors Centre Without Walls
  - Carlton Trail College Continuing Care Assistant class
- Some of our newsletters for Age-Friendly Communities have focused on mental health and addressing isolation e.g. 'It Only Takes a Phone: Social Participation in the Time of COVID'.

## SSM Honourary Patron

His Honour  
the Honourable  
Russ Mirasty  
Lieutenant Governor  
of Saskatchewan



# AGE-FRIENDLY

<http://www.agefriendlysk.ca>

*Age-Friendly Communities is a global initiative started by the World Health Organization. It promotes healthy, accessible, inclusive communities where all people are valued, included & supported.*



## Communities on Age-Friendly Journey

Cupar

Humboldt

Indian Head

Kipling

Moose Jaw

Moosomin

Pasqua First Nation

Ponteix

Regina

Regina Beach/Buena Vista

/Kinookimaw

Rosetown

Saskatoon

Strasbourg

## Committee & Staff Activities

- 4 Gatherings (Zoom) of communities on the Age-Friendly (AF) journey. Attendance averaged 24. Topics: local committees meeting and pivoting during the pandemic, encouraging municipal government support, communications within committees & community, working with stakeholders-partners-allies.
- 2 Consultations (Zoom) of liaisons (appointed by AF SK Committee to support AF communities) to discuss job description, communication, understanding Age-Friendly as a journey not destination.
- Newsletter - email twice monthly (average) to all AF communities advertising Gatherings, sharing activity ideas & how to be safely active during the pandemic.
- Actively supporting communities & liaisons on the AF journey through phone/video calls including peer-peer support.
- Éric Lefol, Vitalité 55+, is encouraging Fransaskois communities to join the AF journey.

## Committee Work

### The SK Age-Friendly Committee:

Doug Still (Chair), Linda Pratt, Shirley Dixon, Annette Labelle, Don Johnson, Brenda Curtis, Devona Putland, Catherine Barnsley (Staff) met six times, and plan a future AF website update, in-person Gathering, four Zoom Gatherings, and a renewed community Recognition program in 2021-22.

*Significant Age-Friendly activity in 2020-21 means that approx 500,000 Saskatchewan people live in communities on the Age-Friendly journey.*



261 Members/4 Branches

**Covid-19 had a significant effect on the Century Club. Newsletters took on greater significance to communicate with members. Some virtual activities were planned by the Saskatoon Century Club.**

**One of our newsletters contained this message from His Honour, the Honourable Russ Mirasty, Lieutenant Governor of Saskatchewan.**



*Letter from  
His Honour  
the Honourable  
Russ Mirasty  
Lieutenant Governor*

*Hi everyone,*

*These are certainly strange times we are living in - how many people can say they have lived through a global pandemic! As you know, it is very important that we follow public health guidelines, but that doesn't mean we have to stop living! Donna and I have filled our time with lots of walks and runs outside, which our dog, Jasper, has really enjoyed. We have also stayed in touch with our children and grandchildren through phone calls and online chats.*

*In the photograph we provided, you'll see Donna and I wearing masks that were given to us from a group of wonderful women who call themselves the Masked Mask Makers. This group of primarily Indigenous seamstresses, originally from Northern Saskatchewan, has distributed nearly 5,000 masks for free across the province. We are fortunate to live in a place where tough times brings out the best in people!*

*Thank you, all, for doing your part to help slow the spread of Covid-19. Donna and I look forward to a time when we are able to gather once again, when we can host members of the Century Club for tea at Government House. Please take care and stay well.*

# RESEARCH AND ISSUES

The focus this year has been on one particular aspect of Strategizing for Positive Aging:

## Reshaping Support for Older Adults



SSM (Saskatchewan Seniors Mechanism), over the last 3 years, has done research that gathered information from older adults in SK and produced reports that communicated this information widely. Our experience shows there is little recognition that older adults range in age from 60 to 100+. They are a very diverse population who contribute to their communities in a variety of ways as volunteers, caregivers, mentors, tax-payers, and voters. In order to support and enable these older adults we must recognize the continuum of needs as they age. Our research shows that, without a doubt, older adults want to age in place in their own communities.

**Rethinking, reshaping and rebuilding** after the pandemic provides us with opportunities to better support older adults. Different stages of aging require different methods to support and enable:



- **Those living independently may require some practical supports such as assistance with:**
  - ▶ Housekeeping
  - ▶ Yard care
  - ▶ Minor home renovations
- **Those with particular medical and/or personal care needs:**
  - ▶ Consistent, trusted home care workers
  - ▶ Expanded in home services to cover diverse needs e.g. physiotherapy, education on managing conditions, ostomy and wound care, ataxia
- **Those caring for family members:**
  - ▶ Educational support
  - ▶ In home respite care
- **Those requiring residential care:**
  - ▶ A community model with a variety of levels of care and opportunities for residents to participate
  - ▶ Recognition that these facilities are people's homes
  - ▶ Better staffing levels and training
  - ▶ A shift in understanding of staff roles from medical maintenance to supporting quality of life for each resident



# RESEARCH AND ISSUES

...we need to

RECOGNIZE  
that

*older  
adults*

have the

RIGHT  
to make their own

DECISIONS...

Whatever their stages of life, older adults have the right to make their own decisions, including where and how they will live, to the best of their ability.

Changes in the way we do things is what older adults want. The great news is that it's also more cost effective. The recent Queen's University study "Ageing Well" demonstrated that providing quality home support was one-third the cost of annual institutional care where costs exceeded \$60,000.00 annually per resident.

We need to be persistent yet resilient, gathering allies and working to gain momentum throughout the entire Saskatchewan population. We are emphasizing that we will collaborate with provincial and municipal governments. We are offering valuable information that emphasizes that governments must pivot! Spending dollars on more hospital-like LTC facilities is ineffective. Instead, we need to allocate our human and financial resources effectively on the many choices that will enable older adults to age in place with quality of life.



...home care  
is around  
one-third  
the price  
of  
institutional LTC.

Right Care! Right Time! Right Place!

# CONFERENCE 2020

Sept 29-30, 2020

Theme: Positive Aging – Saskatchewan Needs a Plan.

92 participants

Speakers:



**JIM HAMILTON**  
*Global & Canadian Strategies for Positive Aging*

JIM collaborates with governments, seniors and non-government organizations in Manitoba, across Canada and internationally on issues related to aging and age-friendly communities.



**NORAH KEATING**  
*What Does It Mean to Be An Older Adult?*

NORAH is a social gerontologist whose professional life has been devoted to enhancing quality of life for older adults. She has an international reputation for her work in families, liveable communities and care.



**ISOBEL MCKENZIE**  
*What We Can Learn From the Experience of the BC Seniors Advocate*

ISOBEL is BC's Senior Advocate whose office monitors and analyzes seniors services and issues, and makes recommendations to government and service providers to address systemic issues.

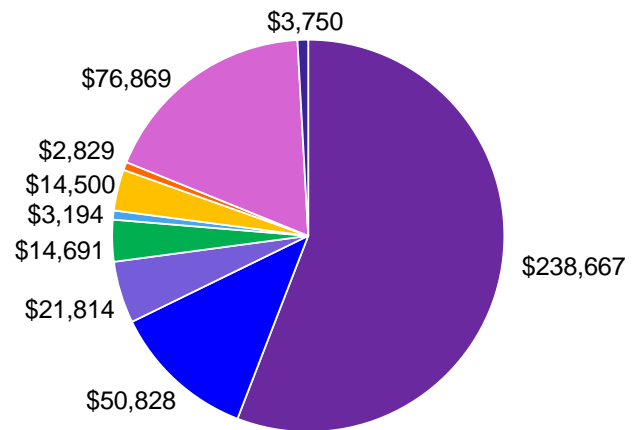
Other presentations included:

- Responses from Saskatchewan Communities
  - Gordon Barnhart, Municipalities of Saskatchewan
  - Catherine Barnsley, Age-Friendly Saskatchewan
  - Todd Shafer, Saskatchewan Parks & Recreation Association
- Sask Party Strategies for Positive Aging – Warren Kaeding
- NDP Strategies for Positive Aging – Ryan Meili
- Respiratory Virus Prevention in COVID-19 Era – Dr. Miles Stanojcic
- CarFIT: Helping Seniors Stay Safe Behind the Wheel – Lona Gervais & Susanne Adamson

There was time for participant input using Zoom Rooms and we had virtual displays.

## Grants Received by SSM

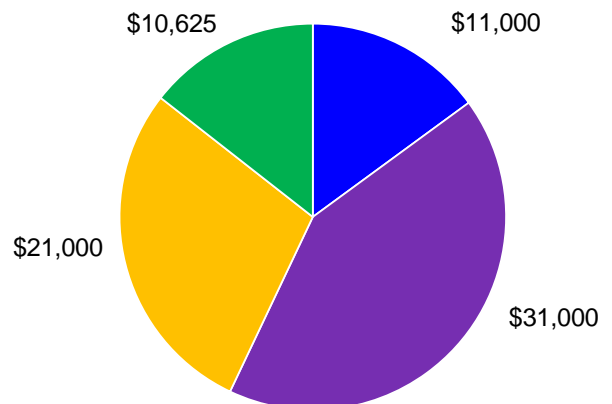
SSM receives grants from various entities. Please see details below.



- SPRA/SK Lotteries (Core Funding)
- SK Health (Core Funding)
- Seniors Strategy
- Ageism in Care Facilities - NH
- AF Employment and Civic Participation - NH
- Isolation and Mental Health - NH
- Federal Wage Subsidies - COVID 19
- Seniors Mental Health - Reducing Isolation SK
- Influenza Awareness

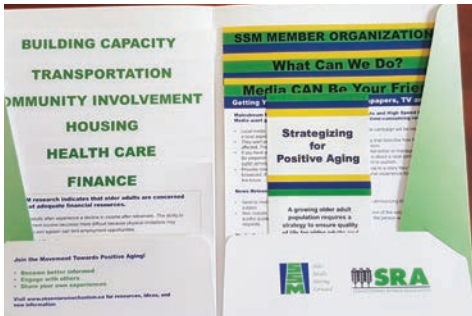
## Grants to Member Organizations (funded out of Sask Lotteries/SPRA Grant)

SSM distributes grants to member organizations. This is a part of the funds received from Saskatchewan Parks and Recreation Association. Please see details below.



- Saskatchewan Seniors Association Inc
- Lifelong Learning Centre
- Saskatoon Council on Aging
- Saskatchewan Senior Fitness Association

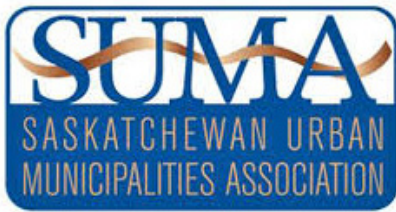
# OTHER SSM ACTIVITIES



Participated in Saskatchewan Mental Health Coalition, Saskatchewan Non-Profit Partnership, Active Aging Canada, Partnerships for Positive Aging, Disability Income Support Coalition, STOPS to Violence, University Social Work Community Advisory Board, Saskatchewan Parks and Recreation Association.

Met with the **Community Care Branch of the Ministry of Health** and with the **Minister Responsible for Seniors**.

SSM President and Executive Director were special guests at the **SUMA Convention** and SSM had a virtual display there.



Met with the **Executive Director of the Healthy Quality Council** to seek ways to work together.

Hosted two **Town Halls** prior to the provincial election – one with **Warren Kaeding** from the **Sask Party** and the other with **Ryan Meili** from the **NDP**.

Participated in launch of **Healthy Aging CORE** (Collaborative Online Resources and Education) Canada.

Met twice with **Prof. Gloria DeSantis' advocacy class** as they work on strategies for addressing various issues relevant to SSM.





# OTHER SSM ACTIVITIES

Worked with the Centre on Aging and Health to offer 2 webinars – Antibiotic Apocalypse and Effect of Wearing Facemasks When Exercising.

Met with staff from Minister Deb Schulte's Office (federal Minister for Seniors).

Participated in an Accessibility Legislation Virtual Discussion Forum.

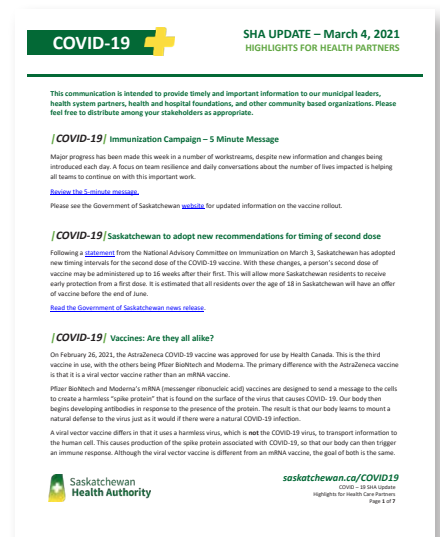
Organized a group of older adults to participate in development of a Regina Community Safety & Well-being Plan.

Met with President and Advocacy Staff from SUMA.

Worked with Active Aging Canada to distribute their new booklet on Cannabis and Older Adults throughout the province.

Worked with Saskatchewan Health Authority to involve our Member Organizations in their information sharing newsletters and Town Halls. We also included info from them in Gray Matters.

Requested that a week in March be designated as Caregivers Week and were pleased that the provincial government made that declaration.



# MEMBER ORGANIZATIONS



## Member Organization Consultation and Education Workshop Nov 18, 2020

**Held via Zoom with 50 participants.**

We discussed the current focus for our Strategizing for Positive Aging work on the need for systemic change to the way we support older adults as they age. We were able to use Zoom and put people into small groups to discuss the topic and how to move forward on this work and how member organizations can motivate their members to get involved.

We had a presentation by Tiffany Cassidy reporting on the research she did for SSM on “Successful Care for Aging Populations Around the World”.

We sent out Notes from SSM, a newsletter to update our member organizations whenever we had particular info to share.



# COMMITTEES / ADVISORY GROUPS

Ex officio – Randy Dove

## STANDING COMMITTEES

### FINANCE AND AUDIT

André Nogue - Chair  
Randy Dove  
Brian Harris  
Richard Marcotte  
Robert Wuschenny

### GOVERNANCE

Robert Wuschenny - Chair  
Randy Dove  
Brian Harris  
Sunil Pandila

### NOMINATIONS

Robert Wuschenny - Chair  
Randy Dove  
Brian Harris

## ADVISORY GROUPS

### COMMUNICATION

Scott Wilson - Chair  
Jeanne Alexander  
Linda Gunningham  
Sunil Pandila

### AGEISM AWARENESS

Peter Dickinson  
Linda Gunningham  
Greg McNamara  
Robert Wuschenny

## PROGRAM COMMITTEES

### RESEARCH AND ISSUES

Brian Harris - Chair  
Wendy Johnson  
Shan Landry  
André Nogue  
Richard Simpson  
Doug Still  
Robert Wuschenny

### AGE-FRIENDLY SASKATCHEWAN

Doug Still - Chair  
Brenda Curtis  
Shirley Dixon  
Don Johnson  
Annette Labelle  
Linda Pratt  
Devona Putland  
Ruth Robillard

## Thank you

Thank you to all Committee and Advisory Group Members for their diligent work this year!  
We appreciate all the hours of work and willingness to share your wisdom and ideas.



S 21 02 25 Ageism 1

**SSM is a provincial organization  
that partners with other  
organizations to address issues  
and to promote quality of life  
for all older adults in  
Saskatchewan.**

*Older Adults Moving Forward*

**SASKATCHEWAN SENIORS MECHANISM INC.**

**Financial Statements**

**Year Ended March 31, 2021**

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## MANAGEMENT'S RESPONSIBILITY FOR FINANCIAL REPORTING

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The financial statements of Saskatchewan Seniors Mechanism Inc. have been prepared in accordance with Canadian accounting standards for not-for-profit organizations (ASNPO). When alternative accounting methods exist, management has chosen those it deems most appropriate in the circumstances. These statements include certain amounts based on management's estimates and judgments. Management has determined such amounts based on a reasonable basis in order to ensure that the financial statements are presented fairly in all material respects.

The integrity and reliability of Saskatchewan Seniors Mechanism Inc.'s reporting systems are achieved through the use of formal policies and procedures, the careful selection of employees and an appropriate division of responsibilities. These systems are designed to provide reasonable assurance that the financial information is reliable and accurate.

The Board of Directors is responsible for ensuring that management fulfills its responsibility for financial reporting and is ultimately responsible for reviewing and approving the financial statements. The Board carries out this responsibility principally through its Finance and Audit Committee. The Committee is appointed by the Board and meets periodically with management and the members' auditors to review significant accounting, reporting and internal control matters. Following its review of the financial statements and discussions with the auditors, the Committee, on behalf of the Board of Directors, approves the financial statements. The Committee also considers, for review by the Board and approval by the members, the engagement or re-appointment of the external auditors.

The financial statements have been audited on behalf of the members by MWC Chartered Professional Accountants LLP, in accordance with Canadian generally accepted auditing standards.

  
Executive Director

  
President

Regina, Saskatchewan  
July 30, 2021



Chartered Professional  
Accountants LLP

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## INDEPENDENT AUDITOR'S REPORT

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**To the Members of Saskatchewan Seniors Mechanism Inc.**

### **Qualified Opinion**

We have audited the financial statements of Saskatchewan Seniors Mechanism Inc. ("SSM"), which comprise the statement of financial position as at March 31, 2021, and the statements of operations, changes in net assets and cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies.

In our opinion, except for the possible effects of the matter described in the *Basis for Qualified Opinion* section of our report, the accompanying financial statements present fairly, in all material respects, the financial position of the SSM as at March 31, 2021, and the results of its operations and cash flows for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations (ASNPO).

### **Basis for Qualified Opinion**

In common with many charitable organizations, the SSM is unable to economically implement controls that will offer assurance on the completeness of donations and recoveries, and we were not able to satisfy ourselves on amounts reported using other procedures. Accordingly, our verification of these revenues was limited to the amounts recorded in the records of the SSM and we were not able to determine whether any adjustments might be necessary to revenues, excess of revenues (expenses), and cash flows from operations for the year ended March 31, 2021, current assets and net assets as at March 31, 2021. The prior year's Auditor's Report was also qualified in this respect.

We conducted our audit in accordance with Canadian generally accepted auditing standards. Our responsibilities under those standards are further described in the *Auditor's Responsibilities for the Audit of the Financial Statements* section of our report. We are independent of the SSM in accordance with ethical requirements that are relevant to our audit of the financial statements in Canada, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our qualified audit opinion.

### **Responsibilities of Management and Those Charged with Governance for the Financial Statements**

Management is responsible for the preparation and fair presentation of the financial statements in accordance with ASNPO, and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, management is responsible for assessing the SSM's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the SSM or to cease operations, or has no realistic alternative but to do so.

(continues)

*An asset to our clients, not an expense*

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Those charged with governance are responsible for overseeing the SSM's financial reporting process.

### **Auditor's Responsibilities for the Audit of the Financial Statements**

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Canadian generally accepted auditing standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

As part of an audit in accordance with Canadian generally accepted auditing standards, we exercise professional judgment and maintain professional skepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the SSM's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.
- Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the SSM's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the SSM to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.



Chartered Professional Accountants

Regina, Saskatchewan  
July 30, 2021



# SASKATCHEWAN SENIORS MECHANISM INC.

## Statement of Financial Position

March 31, 2021

	2021	2020
<b>ASSETS</b>		
<b>CURRENT</b>		
Cash	\$ 116,144	\$ 595,915
Investments (Note 3)	414,052	-
Accounts receivable	1,222	9,152
Goods and services tax recoverable	1,624	3,974
Prepaid expenses	3,421	15,782
	<u>536,463</u>	<u>624,823</u>
<b>RESTRICTED FUND INVESTMENTS (Note 3)</b>	<b>128,551</b>	<b>128,076</b>
<b>CAPITAL ASSETS (Note 4)</b>	<b>-</b>	<b>318</b>
	<u>\$ 665,014</u>	<u>\$ 753,217</u>
<b>LIABILITIES AND NET ASSETS</b>		
<b>CURRENT</b>		
Accounts payable	\$ 9,451	\$ 29,544
Wages payable	-	1,040
Deferred revenue (Note 5)	257,904	347,442
	<u>267,355</u>	<u>378,026</u>
<b>NET ASSETS</b>		
General fund	269,108	247,115
Restricted fund	128,551	128,076
	<u>397,659</u>	<u>375,191</u>
	<u>\$ 665,014</u>	<u>\$ 753,217</u>

LEASE COMMITMENTS (Note 9)

CONTINGENT FUNDING (Note 10)

ON BEHALF OF THE BOARD

 Director

 Director

See notes to financial statements

# SASKATCHEWAN SENIORS MECHANISM INC.

## Statement of Operations Year Ended March 31, 2021

	2021	2020
<b>REVENUES</b>		
Grants- general		
Saskatchewan Lotteries Trust Fund	\$ 238,667	\$ 231,716
Saskatchewan Health	50,828	49,564
Federal wage subsidies - Covid 19	2,829	1,661
Grants - programming		
Senior's Mental Health	76,869	-
Senior's Strategy - ESDC	21,814	13,948
Ageism in Care Facilities - ESDC	14,691	10,304
Covid - Senior's Mental Health	14,500	-
Influenza Awareness	3,750	5,000
Civic Employment	3,194	-
Culture of Inclusion - ESDC	-	391,856
	<u>427,142</u>	<u>704,049</u>
Self-Generated		
Advertising	15,493	19,371
Lifeline referral fees	9,867	8,686
Conference and events - registrations and sponsorships	9,440	22,600
Interest income	4,575	2,868
Rental income	2,700	2,700
Donations and recoveries	2,314	1,967
Century of Memories book sales	60	-
Veteran book sales	30	-
Celebrating Seniors Awards - registrations and sponsorships	-	35,990
	<u>44,479</u>	<u>94,182</u>
	<u>471,621</u>	<u>798,231</u>
<b>EXPENSES</b>		
Administrative (Schedule 1)	222,126	195,826
Saskatchewan Trust Disbursements (Schedule 2)	73,625	100,000
Programs (Schedule 3)	153,402	480,876
	<u>449,153</u>	<u>776,702</u>
<b>EXCESS OF REVENUES (EXPENSES)</b>	<u>\$ 22,468</u>	<u>\$ 21,529</u>

See notes to financial statements

# SASKATCHEWAN SENIORS MECHANISM INC.

## Statement of Changes in Net Assets

Year Ended March 31, 2021

	General Fund	Restricted Fund	2021	2020
<b>NET ASSETS - BEGINNING OF YEAR</b>	\$ 247,115	\$ 128,076	\$ 375,191	\$ 353,662
<b>EXCESS OF REVENUES (EXPENSES)</b>	21,993	475	22,468	21,529
<b>NET ASSETS - END OF YEAR</b>	\$ 269,108	\$ 128,551	\$ 397,659	\$ 375,191

See notes to financial statements

# SASKATCHEWAN SENIORS MECHANISM INC.

## Statement of Cash Flows Year Ended March 31, 2021

	2021	2020
<b>OPERATING ACTIVITIES</b>		
Excess of revenues (expenses)	\$ 22,468	\$ 21,529
Items not affecting cash:		
Amortization of capital assets	318	318
Reinvested earnings on investments	(4,526)	(1,755)
	<u>18,260</u>	<u>20,092</u>
Changes in non-cash working capital:		
Accounts receivable	7,930	(7,108)
Accounts payable	(20,094)	15,518
Deferred revenue	(89,538)	265,005
Prepaid expenses	12,361	(10,861)
Goods and services tax payable	2,350	(964)
Wages payable	(1,040)	1,040
	<u>(88,031)</u>	<u>262,630</u>
Cash flow from (used by) operating activities	<u>(69,771)</u>	<u>282,722</u>
<b>INVESTING ACTIVITIES</b>		
Proceeds from redemption of term deposit	37,404	44,097
Purchase of term deposits	(447,404)	-
Cash flow from (used by) investing activities	<u>(410,000)</u>	<u>44,097</u>
<b>INCREASE (DECREASE) IN CASH FLOW</b>	<b>(479,771)</b>	<b>326,819</b>
<b>CASH - BEGINNING OF YEAR</b>	<u>595,915</u>	<u>269,096</u>
<b>CASH - END OF YEAR</b>	<u>\$ 116,144</u>	<u>\$ 595,915</u>

See notes to financial statements

# SASKATCHEWAN SENIORS MECHANISM INC.

## Notes to Financial Statements

Year Ended March 31, 2021

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### 1. NATURE OF OPERATIONS

Saskatchewan Seniors Mechanism Inc. ("SSM") is incorporated under the Non-Profit Corporations Act, is a registered charity and is exempt from income taxes. SSM is a provincial umbrella organization for seniors associations, and the purpose of SSM is to be an advocate for senior's issues in the community and provide programs and services to keep seniors active and engaged throughout the Province of Saskatchewan.

### 2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

#### Basis of presentation

These financial statements are presented in accordance with Canadian accounting standards for not-for-profit organizations.

#### Fund accounting and revenue recognition

SSM uses fund accounting and has the following funds:

General Fund - reports activities related to program delivery and administrative activities.

Restricted Fund - an internally restricted fund established by the Board of Directors to provide for stability in the event of changes in funding or to facilitate the wind-up of the corporation. The minimum level of funds required for wind-up will be established annually and the fund will not be reduced below that other than in the event of wind-up.

The SSM follows the deferral method of accounting for contributions, which includes grants, donations and sponsorship.

Self-generated revenue is recorded when the services are provided. Interest income is reported in the year earned.

#### Measurement uncertainty

Certain amounts in the financial statements are subject to measurement uncertainty and are based on the SSM's best information and judgment. Actual results could differ from these estimates.

Examples of significant estimates include:

- providing for amortization of capital assets;
- the estimated useful lives of assets;
- project cost allocations

*(continues)*

# SASKATCHEWAN SENIORS MECHANISM INC.

## Notes to Financial Statements

Year Ended March 31, 2021

### 2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES (continued)

#### Capital assets

Capital assets are stated at cost less accumulated amortization and are amortized over their estimated useful lives at the following rates and methods:

Furniture and fixtures	5 years	straight-line method
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Amortization is taken at the full amount in the year of acquisition.

#### Financial instruments policy

Financial instruments are recorded at fair value when acquired or issued. In subsequent periods, financial assets with actively traded markets are reported at fair value, with any unrealized gains and losses reported in income. All other financial instruments are reported at amortized cost, and tested for impairment at each reporting date. Transaction costs on the acquisition, sale, or issue of financial instruments are expensed when incurred.

Financial assets including cash, investments, restricted fund investments and accounts receivable are reported at amortized cost.

Financial liabilities including accounts payable and accrued liabilities are measured at amortized cost.

### 3. INVESTMENTS

	<u>2021</u>	<u>2020</u>
<b><u>General Fund</u></b>		
2 year 1.5% GIC, matures in June 2022	\$ 101,200	\$ -
1 year 1.15% GIC, matures in June 2021	111,012	-
1 year 1.15% GIC, matures in June 2021	<u>201,840</u>	-
	<u>414,052</u>	-
<b><u>Restricted Fund</u></b>		
5 year 2.00% GIC (2019 - 1.10%), matures in June 2021	90,952	90,720
2 Year 0.65% GIC, matures in June 2020	-	37,356
2 year 0.65% GIC, matures in June 2022	<u>37,599</u>	-
	<u>128,551</u>	<u>128,076</u>
	<u>\$ 542,603</u>	<u>\$ 128,076</u>

### 4. CAPITAL ASSETS

	Cost	Accumulated amortization	2021 Net book value	2020 Net book value
Furniture and fixtures	\$ 1,588	\$ 1,588	\$ -	\$ 318

# SASKATCHEWAN SENIORS MECHANISM INC.

## Notes to Financial Statements

Year Ended March 31, 2021

### 5. DEFERRED REVENUE

	2021	2020
Saskatchewan Health - Senior Mental Health grant	\$ 223,131	\$ 300,000
ESDC- New Horizons for Seniors grant	21,806	25,000
ESDC - COVID Senior's Mental Health	8,500	-
Gray Matter advertising	2,017	3,737
Influenza Awareness - donation	1,250	-
Rent	1,200	1,200
ESDC - Ageism in Care Facilities grant	-	14,691
ESDC - Senior's Strategy grant	-	2,814
	<u>\$ 257,904</u>	<u>\$ 347,442</u>

Funding from Saskatchewan Health is a multi-year program from March 15, 2020 to March 31, 2023.

Funding from Employment and Social Development Canada (ESDC) were for a project periods ending March 3, 2020 and March 31, 2021 but has been deferred as the SSM was unable to fully carryout the programming due to restrictions imposed by the pandemic.

### 6. SASKATCHEWAN TRUST DISBURSEMENTS

The SSM administers on behalf of Saskatchewan Lottery Trust Fund, through Saskatchewan Parks and Recreation Association, the funding of seniors organizations that promote and support seniors' recreational activities.

### 7. FINANCIAL INSTRUMENTS

The SSM is exposed to various risks through its financial instruments and management is responsible to monitor, evaluate and manage these risks. The following analysis provides information about the SSM's risk exposure and concentration as of March 31, 2021.

#### Credit risk

Credit risk arises from the potential that a counter party will fail to perform its obligations. The majority of accounts receivable are from government agencies and credit risk is not a significant risk for the SSM.

#### Liquidity risk

Liquidity risk is the risk that an entity will encounter difficulty in meeting obligations associated with financial liabilities. The SSM is exposed to this risk mainly in respect of its receipt of funds from its members and funding agencies and other related sources, and accounts payable.

### 8. PROJECT COST ALLOCATIONS

The SSM allocates costs to projects based on management's estimate of the projects utilization of the SSM's resources, staffing, and charges for services at the normal rates charged by the SSM. Program expenses include \$18,506 (2020 - \$46,393) of allocated program expenditures and \$91,990 (2020 - \$106,625) in wages and benefits.

# SASKATCHEWAN SENIORS MECHANISM INC.

## Notes to Financial Statements

Year Ended March 31, 2021

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### 9. LEASE COMMITMENTS

The SSM leases premises under a long term lease renewed on July 1, 2020 and expires June 30, 2023. Under the lease, the SSM is required to pay a base rent of \$2,618 plus GST per month plus its proportionate share of utilities, property taxes, maintenance and other related costs estimated at \$725 plus GST per month.

### 10. CONTINGENT FUNDING

Grant funding provided is evaluated by the funders subsequent to yearend. Upon their review there exists the potential that funding in excess of expenditures may be required to be repaid, resulting in a decrease in subsequent funding or repayment to the funder. Any adjustment per the funders' review is recorded in the year it is made known to the SSM.

### 11. UNCERTAINTY OF IMPACT OF COVID-19

Commencing with the onset of the pandemic in the later part of the 2020 fiscal year, the SSM continued to be impacted in its ability to fully execute its programming due to the safety regulations, and market impact, as a result of the pandemic.

As a result, funding received for various programs was deferred and will be utilized for continued intended programming or repaid if requested by the funder.

As at the audit report date no significant financial loss has been incurred, however, the ongoing financial impact of the pandemic subsequently remains uncertain.



# SASKATCHEWAN SENIORS MECHANISM INC.

Administrative

(Schedule 1)

Year Ended March 31, 2021

	2021	2020
Wages and benefits	\$ 124,487	\$ 81,514
Gray Matters production	40,260	30,395
Rent	30,698	41,116
Professional fees	6,476	6,155
Office	6,176	9,691
Telephone and internet	4,099	4,715
Equipment rentals	3,691	4,587
Meetings and travel	2,309	9,402
Insurance	2,153	1,944
Promotion	647	927
Website	540	(420)
Amortization	318	318
Computer	202	4,149
Interest and bank charges	70	80
AGM	-	1,253
	<u>\$ 222,126</u>	<u>\$ 195,826</u>

## Saskatchewan Trust Disbursements

(Schedule 2)

Year Ended March 31, 2021

	2021	2020
Saskatchewan Association for Lifelong Learning	\$ 31,000	\$ 30,000
Saskatoon Council on Aging	21,000	20,000
Saskatchewan Seniors Association Incorporated	11,000	9,000
Saskatchewan Senior Fitness Association	10,625	25,000
Federation Des Aines Fransaskois	-	8,500
Saskatoon Services for Seniors Inc.	-	7,500
	<u>\$ 73,625</u>	<u>\$ 100,000</u>

See notes to financial statements

# SASKATCHEWAN SENIORS MECHANISM INC.

## Programs

(Schedule 3)

Year Ended March 31, 2021

	2021	2020
<b>Aboriginal Fitness program</b>		
Project fees	\$ 2,567	\$ 2,912
	2,567	2,912
<b>Age Friendly Communities</b>		
Publicity	2,125	-
Employment and civic partnership	1,069	-
Meals and catering	-	421
Materials and supplies	-	17
	3,194	438
<b>Ageism in Care Facilities</b>		
Wages and benefits	14,691	-
Ageism Awareness	-	10,304
	14,691	10,304
<b>Celebrating Seniors Awards</b>		
Advertising and promotion	1,346	16,033
Meals and catering	-	12,357
Contracted services	-	5,613
Facility and equipment rentals	-	3,723
Printing, publication and distribution	-	1,253
Committee expenses	-	1,157
	1,346	40,136
<b>Century Club</b>		
Materials and supplies	2,032	817
	2,032	817
<b>Covid Senior's Mental Health</b>		
Wages and benefits	14,500	-
	14,500	-
<b>Culture of Inclusion - ESDC</b>		
Contracted services	-	191,250
Wages and benefits	-	106,625
Advertising and promotion	-	65,448
Printing, publication and distribution	-	10,409
Travel	-	5,686
Materials and supplies	-	5,245
Facility and equipment rentals	-	4,050
Conference registration	-	1,820
Meals and catering	-	735
Bookkeeping	-	700
	-	391,968
<b>Influenza Awareness</b>		
Wages and benefits	1,900	1,600
Publicity	1,850	-
Program fees	-	3,328
	3,750	4,928

(continues)

See notes to financial statements

# SASKATCHEWAN SENIORS MECHANISM INC.

Programs (continued)

(Schedule 3)

Year Ended March 31, 2021

	2021	2020
<b>Member Organization Education Events</b>		
Travel	\$ 1,483	\$ 3,000
	<u>1,483</u>	<u>3,000</u>
<b>Reducing Isolation</b>		
Publicity	2,244	-
	<u>2,244</u>	<u>-</u>
<b>SSM Conference</b>		
Facility and equipment rentals	1,693	1,500
Advertising and promotion	804	-
Contracted services	651	-
Meals and catering	-	6,865
Travel	-	127
	<u>3,148</u>	<u>8,492</u>
<b>Senior's Mental Health</b>		
Wages and benefits	64,500	-
Overhead	8,000	-
Publicity	2,125	-
	<u>74,625</u>	<u>-</u>
<b>Senior's Strategy</b>		
Program fees	29,822	13,948
	<u>29,822</u>	<u>13,948</u>
<b>Veteran's Book</b>		
Printing, publication and distribution	-	11
	<u>-</u>	<u>11</u>
<b>Western Seniors Org. Consult.</b>		
Meals and catering	-	780
Travel	-	3,142
	<u>-</u>	<u>3,922</u>
	<u>\$ 153,402</u>	<u>\$ 480,876</u>

See notes to financial statements

