

Century Club

- An association of seniors who have reached the age of 90 years, and
- Are determined to live in as full and active a style as possible to the age of 100 and beyond,
- Pursuing physical activity, mental agility, social and spiritual creativity

Honourary Member



*Her Majesty Queen Elizabeth II
Queen of Canada*

Ideals

To tend old friendships as I would
a garden filled with flowers
of sweet, perennial growth
that brighten many hours,
and yet to count each season drear
if bright, new buds do not appear.

To walk with laughter till her step
has grown as one with mine,
to lift the jewel of joy
where it may freely shine,
and yet to stoop where sorrow lies
and share her tears, or dry her eyes.

To strive with things that call for
strength,
for courage that is high,
to keep a patient faith,
to fail, and still to try,
and yet to give in graciously
when barriers prove too great for me.

-- Myra Stilborn



June 2018



Century Club
of
Saskatchewan

Who We Are

This club provides a network for seniors who have reached the age of 90 years and who wish to establish new friendships and provide mutual support. Members hope, through example, to demonstrate the value of living for 100 years or more. There is no charge for registration and on-going membership in the organization.

There is provision for local branches to be established within the Century Club. At the present time there are branches in:

- Regina
- Moose Jaw
- Saskatoon

Century Club is administered by Saskatchewan Seniors Mechanism. Saskatoon Council on Aging gives leadership to the Saskatoon Branch.

If your community wishes to start a Century Club, please contact the SSM office 306-757-1898

Benefits



- Friendship
- Contact with others 90+
- Annual Birthday Greetings
- Quarterly newsletter
'Gray Matters'
- Invitations to special events



To Join

Please fill in the following application and return to:

Saskatchewan Seniors Mechanism
112-2001 Cornwall Street
Regina, SK S4P 3X9
359-9956

Name:

Address:

Telephone: _____

Date of Birth: _____

Email: (if applicable)

Optional: Name of person you wish to accompany you to events
