



SSM 2021 ANNUAL GENERAL MEETING VIA ZOOM
Wednesday September 22, 2021
10:00 a.m.

Present:

President: Randy Dove

Voting Delegates

Kathleen Spatt	CARP – Regina Chapter
Wendy Johnson	CARP – Regina Chapter
Jim Banford	CARP – Regina Chapter
Marj Thiessen	Lifelong Learning Centre
Maria Reardon	Lifelong Learning Centre
Hertha Kay	Lifelong Learning Centre
Doug Sutherland	National Association of Federal Retirees
Richard J. Simpson	National Association of Federal Retirees
Joe Blayone	National Association of Federal Retirees
Harold Hugg	Saskatchewan Retirees Association
Ann Donovan	Saskatchewan Retirees Association
Mae Smith	Saskatchewan Retirees Association
Margaret Gailing	Saskatchewan Senior Fitness Association Inc.
Linda McIntyre	Saskatchewan Senior Fitness Association Inc.
Janice Bernier	Saskatchewan Union Retirees Federation
Charles (Chuck) Ames	Saskatchewan Union Retirees Federation
Paul Benson	Saskatoon Council on Aging
Mercedes Montgomery	Saskatoon Council on Aging
Shirley Porter	Saskatoon Council on Aging
Joyce Hoffman	Superannuated Teachers of Saskatchewan
Adeline Wuschenny	Superannuated Teachers of Saskatchewan
Terri Mitchell	Superannuated Teachers of Saskatchewan
Michel Vézina	Vitalité 55+ Saskatchewan

Board Members not listed above (Voting)

Robert Wuschenny
Brian Harris
André Nogue
Shirley Dixon
Annette Labelle
Shan Landry
Richard Marcotte
Devona Putland
Doug Still
Scott Wilson

Non-Voting Participants

Darlene Dixon
Colette Fischer
Myrene Mollison
Doreen Sitter
Ron Sitter
Lynn McCaslin
Linda Pratt

Staff

Holly Schick
Linda Anderson
Catherine Barnsley
Sybil Nugent

Total attendance 45

1. Call to Order

Randy Dove called the meeting to order at 10:03 a.m.

2. Introduction of SSM Board and Staff

3. Adoption of Agenda

Motion: Richard Marcotte/Shirley Dixon that the agenda be adopted as circulated. Carried.

4. Approval of the Minutes of the September 16, 2020 AGM

Motion: Richard Marcotte/Shirley Dixon that the minutes of the September 16, 2020 AGM be adopted as circulated. Carried.

5. President's Remarks – Randy Dove

Word of thanks to departing Board Member, Pat Dean; Andre Nogue for his 8 years as Treasurer; and Ron Monk, for their contributions to SSM over the years.

6. Executive Director's Remarks – Holly Schick

"May you live in interesting times". The past 18 months have certainly been that. There have been many challenges – things cancelled, things adapted, things learned, possibilities opened up. We are getting good at technology – opened up participation we couldn't have before.

In recognition of *International Day of Older Persons* on October 1st, there will be a flag raising ceremony in front of the Legislative Building.

There have been some staff changes in the last year: Michel Sorensen and Lynne Couzens are no longer with us; Kerri-Lee Bray is our new graphics person.

We have shifted how we do some of the program work and some just isn't needed at the moment (e.g.: Celebrating Seniors); we will likely hire someone for January 1st, but not likely full time at this point.

7. Standing Committees

I. Governance – Robert Wuschenny

The main focus of this Committee's work was on a Self Reflection Process to be used by the Board. The goal is to create a conversation about the collective performance of the Board, Board-management relationships, with an overall goal of continuous improvement of the organization.

II. Finance & Audit – presented by André Nogue

This will be André Nogue's last report as Treasurer.

Motion: André Nogue/Brian Harris that the Financial Statements and the Auditor's Report be accepted as presented. Carried.

Motion: André Nogue/Richard Marcotte that MWC Chartered Professional Accountants be reappointed as auditor for 2021/2022. Carried.

8. Program Committees

I. Age-Friendly Saskatchewan – Doug Still

- Age-Friendly is an international movement. In Saskatchewan it is advanced by SSM through the AF Sask Committee and a growing network of AF Committees across the province. The 13 communities are noted in the Annual Report.

- Four Gatherings (Zoom) of communities – Topics: local committees meeting and pivoting during the pandemic, encouraging municipal government support, communications within committees and community, working with stakeholders-partners-allies.

- Age-Friendly Newsletters – on average are emailed twice a month to all AF communities: advertising Gatherings, sharing activity ideas and how to be safely active during the pandemic.

- Age-Friendly Committee work focuses on actively supporting communities and liaisons on the AF journey through phone/video calls including peer-peer support; expanding the number of AF communities; redevelopment of the AF website as a resource for AF communities and information for the public by December 31; and development of a program to provide ongoing recognition by SSM of those communities who have already achieved Provincial Recognition who are going well beyond their initial activities.

II. Research and Issues – Brian Harris

- The focus this year has been on one particular aspect of Strategizing for Positive Aging: *Reshaping Support for Older Adults*. On October 1, 2021 SSM is launching its *Home Supports Initiative* in order to raise awareness of the need to greatly expand practical home supports; engage individuals, organizations and communities to grow a powerful movement to demand action; compile a list of all those who commit to supporting this initiative; maintain contact with supporters to share information and create synergy; maintain contact with and engage governments to raise their awareness of the needs, possibilities and positive return on investment; collaborate with governments as they make home support programs a reality. SSM is calling for real options, better outcomes and lower costs.

Real Options: home supports in Saskatchewan should include practical supports such as assistance with housekeeping, yard care, minor home renovations and services to address particular medical and/or personal care needs – consistent, trusted home care workers, expanded in-home services to cover diverse needs e.g. physiotherapy, education on managing conditions, ostomy and wound care.

Better Outcomes: Home supports are a win-win for everyone involved: older adults are healthier, happier and able to contribute to their communities as volunteers, caregivers, mentors, taxpayers and voters. Communities benefit from the contributions of these residents. Provincial government and taxpayers benefit from providing better services at lower costs. Long term care facilities benefit from having fewer

demands on their human and financial resources, opening up possibilities for creative care options. Lower Costs: The recent Queen’s University study “Aging Well” demonstrated that providing quality home support was one-third the cost of annual institutional care where costs exceeded \$60,000.00 annually per resident. Home supports requires a provincial framework and standards. Municipalities play an essential role in the process as services would be provided locally by approved providers. Costs to individuals would be based on income.

9. Advisory Committees

- I. Ageism & Media
- II. Century Club
- III. Communications – we are using Zoom Pro and have expanded our use of Facebook and Twitter.

10. Other Programs & Events

- I. Older Adults Mental Health – SSM received 3-year funding from the Saskatchewan Ministry of Health for work on mental health.
- II. Conference September 29-30, 2020 focused on Positive Aging – Saskatchewan Needs a Plan.
- III. Other SSM Activities are outlined on pages 16 and 17 of the 2021 Annual Report.
- IV. Grants and contributions are outlined on page 15 of the 2021 Annual Report.
- V. Member organization consultation is scheduled for November 17, 2021.

Motion: Doug Still/Devona Putland that the Annual Report be accepted as printed. Carried.

11. Nominations – Robert Wuschenny

Nominations Committee Report – Robert Wuschenny

The following nominees were declared by Past President, Robert Wuschenny, to their respective positions by acclamation.

Each nominee had the opportunity to speak for 2 minutes.

Vice-President: Shan Landry (elected by acclamation)

Treasurer: Brian Harris (elected by acclamation)

Secretary: Sunil Pandila (elected by acclamation)

Members At Large:

André Nogue (elected by acclamation)

Motion: Robert Wuschenny/Brian Harris that the Nominations Committee Report be accepted as circulated/presented. Carried.

12. Closing Remarks – Randy Dove

Motion: Doug Still/Devona Putland that the meeting be adjourned @ 11:25 a.m. Carried.

Randy Dove, President

Sybil Nugent, Admin Assistant