



NOMINATION FORM

See "Nomination Instructions"

Late and incomplete submissions will not be accepted.

Please PRINT information above each line.

The last couple of years have been challenging. We want to ensure that the efforts of older adults who contribute significant time and effort to help others are recognized.

Examples of activities to assist others in maintaining good physical and mental health may be related to things such as: education, exercise, supporting communities, social inclusion, community leadership, heritage and culture, and senior-friendly business, etc.



Older
Adults
Moving
Forward

112-2001 Cornwall Street
Regina, SK S4P 3X9
Phone: 306-359-9956
Fax: 306-359-6922

Nominee:

Name of individual or group nominated

Complete Mailing Address

Town/City

Postal Code

Email Address

Telephone

Date

Person/Organization(s) that is Nominating:

Name

Title (if applicable)

Organization (if applicable)

Complete Mailing Address

Postal Code

Email Address

Telephone

Signature

PLEASE READ THE NOMINATION INSTRUCTIONS TO MAKE SURE YOU HAVE UNDERSTOOD THEM AND THAT YOU HAVE EVERYTHING YOU NEED BEFORE SUBMITTING THE NOMINATION.



NOMINATION INSTRUCTIONS

SSM is hosting a virtual event to recognize and celebrate the work that older adults do as volunteers. If you feel someone has done an outstanding job as a volunteer, please nominate them.

When nominating someone, please contact the individual to let them know you would like to be recognized at the event. Interview the person to find out more about their volunteer activities.

What Do I Include:

- I. **A typewritten summary (of the nominee's achievements) by the person submitting the nomination:**
 1. Double spaced not to exceed 5 pages.
 2. What makes you think this person/group deserves to be recognized?
 3. Include only things that pertain directly to the nomination
 - In what ways have they supported individuals in the community - locally, provincially, nationally, and/or internationally?
 - Have they worked on any special projects? If so which ones and how were they involved?
 - How has the community benefited from their volunteer work?

- II. **Four or Five Photos of the Nominee:**
 1. An individual photo of the nominee(s).
 2. Photo(s) that show them in their volunteer role.
 3. Optional: You can include a family photo with the individual.
 4. **Photos cannot be faxed nor can they be photocopies. Digital photos preferred.**
 5. These will be used for a Power Point Presentation at the Recognition Event.
 6. Actual photos will be returned following the event.

- III. **How and to whom do I submit my nomination:**
 1. Saskatchewan Seniors Mechanism, 112-2001 Cornwall Street, Regina, SK S4P 3X9
 2. Email to: ssm@skseniormechanism.ca
 3. Phone: 1-306-359-9956 or Fax: 1-306-359-6922.

**COMPLETED NOMINATIONS MUST BE SUBMITTED BY
FRIDAY, SEPTEMBER 9, 2022**

No exceptions will be made.

