FACILITATING INDEPENDENCE:
Support to Age Well at Home

OVERVIEW

Background
More than 90% of seniors live independently in their communities and would prefer to age in place. Supportive services, such as home maintenance, yard care, home-based health services, transportation, meal preparation and friendly visiting services, allow seniors to remain independent at home as needs change. However, some of these services may be limited, not well coordinated, and may not be accessible in all areas of the province.

There may be many different ways to ensure that older adults have the supports they need (see eligibility criteria on page 2 of this document).

The intent of the project is to learn more about innovative, sustainable models that will enable older adults to age well at home. Learnings may be valuable to other communities in the province.

Grant information
One-time funding of $200K is available in 2023 to fund micro-grants/seed money to senior-serving organizations, community groups, or other interested organizations to develop/pilot new approaches for providing supportive services to seniors. Individuals are not eligible to apply for the grants.

Seed grants support the research, development, and testing of new ideas and innovative approaches, with the goal of developing new ways to drive positive change in a community. Seed grants generally support projects and initiatives that test new or unproven approaches or concepts, with a focus on learning from testing these new ideas. The objective of seed grants is to find new or better ways of doing things that have more impact than conventional models.

Funding will support at least 10 community projects receiving up to $20K in funding each.

Grant Applications:
Grant applications must be submitted to the Saskatchewan Seniors Mechanism (SSM) no later than midnight on November 25, 2022. All applications will be reviewed and applicants will be notified regarding status of their proposal by Dec. 9, 2022. Key criteria, and important information is included in this package of information. There is interest in supporting a variety of projects across the province.

Reporting and Evaluation:
Project updates, and financial reporting, will be submitted to the Saskatchewan Seniors Mechanism (SSM) (see timelines on page 2, and ideas to consider for evaluating your project on page 4 of this document).

Government
— of —
Saskatchewan

Eligibility Criteria

Types of eligible projects:
- Projects promoting volunteerism and/or community partnerships/connections;
- Sustainable models facilitating access to services, tools and resources to help seniors remain in their homes longer;
- Developing and improving social participation, active living or life skills for seniors living independently;
- Creating opportunities for learning and relationship building between generations;
- Coordinating community or home-based services that support the independence of older adults (such as a snow shoveling program);
- Organizing and promoting conferences or learning forums;
- Developing research, knowledge, tools and resource material;
- Promoting and fostering community-based volunteer opportunities that complement public services;
- Training older adult volunteers to become supportive mentors to assist their peers; and,
- Providing volunteers with the tools and knowledge they need to identify older adults who are at risk of isolation and ways to encourage engagement.

Ineligible projects and/or expenses:
- Capital costs (infrastructure, maintenance, renovations).
- Vehicles.
- Projects that do not primarily support seniors.
- Projects that create an on-going cost or expectation unless, as part of this application, there is a clear sustainability plan.

Who is eligible to apply:
- Municipalities;
- Not-for-profit voluntary organizations and corporations;
- For-profit organizations, provided they partner with a not-for-profit organization;
- Organizations working with First Nations, Inuit or Métis; and,
- Informal senior-serving community groups.

Assessment criteria:
- Level of senior's involvement;
- Scope of project;
- Linked to Age-Friendly Communities Framework (not required, but may be beneficial, depending on the type of project);
- Demonstrated partnerships;
- Sustainability of project or initiative beyond initial grant;
- In-kind support; and,
- Evaluation component.

Timelines:
- Applications must be submitted to the Saskatchewan Seniors Mechanism (SSM) by midnight on Nov. 25, 2022.
- Submission by email to programs@skseniorsmechanism.ca, is preferred
- Quarterly activity reports/project updates must be provided to the Saskatchewan Seniors Mechanism (SSM).
- A financial report must be provided to the Saskatchewan Seniors Mechanism after 6 months of receiving funding, and at the conclusion of the project.
- Projects must conclude no later than Dec. 31, 2023.
- A final project report must be provided to the Saskatchewan Seniors Mechanism by Jan. 15, 2024.

Evaluation/Assessment
- Please see page 4 for things you may want to consider when doing your evaluation and reporting back to the Saskatchewan Seniors Mechanism (SSM).

Note:
The Saskatchewan Seniors Mechanism (SSM) shall pay out the grant to the group receiving funding in 3 installments. 50% of the total approved funding amount will be paid once the group is informed of the approved amount. A second payment will be made (half of the approved amount minus 10% of the total amount), half way through the project, once the mid-term financial report has been received by SSM. Once the final evaluation has been approved by SSM the remaining 10% of funds will be provided.

Evaluation/Assessment

We are interested in knowing how you are doing on a quarterly basis; and, at the completion of this project, we would like to know about the success of your project. Consider how you might track and share information, such as:

1. How have the goal(s) of your project been achieved?

2. How many individuals were involved in your project?

3. How many of these individuals were volunteers?

4. How many older adults benefitted from your project?

5. How did your project fill identified needs within your community?

6. Did you achieve the intended results of your project? How?

7. What could have made this project better?

8. What would you do differently next time?

9. What lessons have been learned from this project?

Government of Saskatchewan

Grant Application

Purpose:
More than 90% of seniors live independently in their communities and would prefer to age in place. Supportive services, such as home maintenance, yard care, home-based health services, transportation, meal preparation and friendly visiting services, allow seniors to remain independent at home as needs change. However, some of these services may be limited, not well coordinated, and may not be accessible in all areas of the province. There are different ways of achieving this (see the suggested eligibility criteria on page 2 of the overview document). The intent of the project is to learn more about innovative, sustainable models that will enable older adults to age well at home. Learnings may be valuable to other communities in the province.

Please respond to the following questions, in the order in which they are presented below. Please do this in a separate document. The total application should not exceed 5 pages.

1. Name of your organization

2. Name and contact information for this application/proposal

3. Amount of grant being requested from SSM

4. Name of project/program

5. Describe your organization's purpose and how it relates to the purpose above and the goal of facilitating independence, and supporting older adults to age well at home.

6. Provide a brief description of your proposed project/program. What goal(s) do you intend to achieve, what actions will you take to achieve your goal(s), how does it address the criteria, why is the project is important, and how, if applicable, would the project be sustained once the grant funding ends.

7. Estimate the number of individuals who will benefit from this project:
Number of older adults that are expected to benefit from the project/program.
Number of volunteers that will be used to carry out the project/program.

Government of Saskatchewan

8. Quarterly activity reports will be provided to the Saskatchewan Seniors Mechanism (SSM); and, a financial report will be provided after 6 months of receiving funding, and at the conclusion of the project. Describe how you will measure the success of this project. What aspects will be recorded, measured and/or evaluated to determine the success of the project/program, and by Dec. 31, 2023.

9. List any other organizations with whom you will be partnering on this project and indicate how they will be involved.

10. Please provide an itemized budget (including revenue and expenses) for the project/program, including the amount of funding requested from the Saskatchewan Seniors Mechanism (SSM), as well as from other funding sources.

When preparing your budget, please note the following:

- Details should be provided for costs relating to transportation, lodging, venue rental, meals, entertainment and hospitality. Applications must contain sufficient detail so that ineligible items are not overlooked due to inclusion in an eligible category.
- Alcoholic beverages are ineligible.
- Rates for subsidized travel should be consistent with provincial government employee rates.
- Honoraria should usually be in the form of a momento, however, if money is to be provided there should be an explanation as to why an honorarium if being paid rather than using a volunteer. In reporting on the event, honorariums must be dated and receipted by name.

For clarification or questions please contact programs@skseniorsmechanism.ca