

INFLUENZA VACCINATION CAN HELP PREVENT HEART ATTACKS

Influenza Increases the risk of heart attack up to

10X

Greater risk of heart attacks within the week following an influenza infection¹

This appears to have a range of effectiveness similar to that of traditional cardiovascular secondary interventions, such as:



45%

15-45%



High cholesterol medication

Risk reduction up to

30%



High blood pressure medication

Risk reduction up to

25%



Smoking cessation

Risk reduction up to

43%

37-43%