



Social Prescribing: Living Well in Our Communities Conference Agenda



Wednesday May 29, 2024

- 9:00 Welcome, instructions, land acknowledgement
- 9:15 **What is Social Prescribing?**
Social Prescribing in Alberta – Beth Mansell, Provincial Social Prescribing Project Manager with Healthy Aging Alberta
Becoming a Health Advocate: The Role of Students in the Social Prescribing Movement – Mackenzie Heidel, Canadian Social Prescribing Medical Student Collective
- 11:15 ***Social Prescribing and Health Literacy***: Explore how Health Literacy helps individuals understand and find basic health information and services. Empower healthy lives across Saskatchewan and learn how to expand your Health Literacy. – Megan Douglas, SVP Chief Brand and Commercial Officer at Saskatchewan Blue Cross
- 11:45 Door prizes and Messages from Sponsors and Community Groups
- 12:00 Lunch
- 1:00 **Why Social Prescribing?**
Social Prescribing – Saving Lives and Health Services – Dr. Sam Everington, physician in the Bromley by Bow Partnership, London, UK
Men's Sheds – Brian Sawyer, Program Manager for Men's Sheds Canada
Social Prescribing in Age-Friendly Communities – Wendy Thienes, Shaunavon
Is It Time to Review Your Medications? Social Prescribing and Safe Prescribing go Hand in Hand! – Georges Marcoux, Public Awareness Committee Member and Brenda Schuster, Pharmacist and Co-Chair of the Health Provider Committee, Canadian Medication Appropriateness and Deprescribing Network (CADeN)
- 3:15 Door Prizes and Messages from Sponsors and Community Groups
Closing

Thursday May 30, 2024

- 9:00 Welcome
- 9:05 **Living Well in Our Saskatchewan Communities**
Views from Ground Level – Sonia Hsiung, Director, Canadian Institute for Social Prescribing; Community Connector – Janice Gunn, White Rock, BC; Link Worker – Mary Ann Flett, Edmonton, AB
Thrive at Home: Strengthening Community-Based Care and Supports for Older Adults – Jennifer Wright, Senior Improvement Lead and Suelen Meira Góes, Researcher, Saskatchewan Health Quality Council
- 10:45 ***Influenza Vaccination in Older Adults: New Landscape, Updated National Advisory Committee on Immunization (NACI) recommendations for flu vaccination*** – Ahmad Abou Daya, Medical Lead at Sanofi
Social Prescribing Initiatives in Saskatchewan – Rom Jukes, Age-Friendly Moose Jaw Committee and Rod McKendrick, SSM Social Prescribing Coordinator
- 11:45 Door prizes and Messages from Sponsors and Community Groups
Closing Remarks