Solving the Health Care Puzzle



Older Adults Moving Forward

Social Prescribing in Saskatchewan

SAVE THE DATE – December 1, 2026
Conexus Arts Centre, Regina | 9:00 am - 4:00 pm

"Social prescribing is a personalized, community-driven approach to care that addresses the social determinants of health by connecting individuals with non-clinical supports and services within their community. This approach is based on the idea that an individual's health is directly related to their connection to the community in which they live, work, and grow." (KPMG report on A Healthier Canada)

SSM is currently piloting a 4-year initiative to introduce social prescribing in 12 communities.

SSM will hold a Social Prescribing Summit on December 1st to bring together representatives of municipal and provincial governments, SHA, HQC, academia, community-based organizations, media, and representatives of other jurisdictions where social prescribing is active.

The purpose of the day is:
- To examine the success of the SP initiative by sharing data including ROI, stories, information, and experiences.
- To interact with and learn from those who are implementing social prescribing in Saskatchewan and elsewhere
- To envision the foundation for sustainability of social prescribing in Saskatchewan.

The entire day will focus on interaction and discussion as we work together to find creative ways to sustain and grow social prescribing throughout Saskatchewan.

Speakers Include:



Sir Sam Everington
Professor, MD, Barrister, OBE
London, UK



Dr. Jordan Wingate
Deputy Chief Medical Officer, Integrated Northern Health, SK



Dr. Michael Routledge
Medical Advisor to the Manitoba Association of Senior Communities



Bobbi Symes
Director, Healthy Aging, United Way BC



Beth Mansell
Provincial Social Prescribing Project Manager, Healthy Aging Alberta